

| Event Series 6 Track Program | | | |
|------------------------------|--------|---------|-----------|
| Event Station | Gender | Age | Eventtime |
| 200m Laned | M | 7 | 6:00 PM |
| 200m Laned | F | 7 | 6:00 PM |
| 200m Laned | F | Seniors | 6:00 PM |
| 200m Laned | M | Seniors | 6:00 PM |
| 200m Laned | F | 12 | 6:20 PM |
| 200m Laned | M | 12 | 6:20 PM |
| 200m Laned | F | 8 | 6:40 PM |
| 200m Laned | M | 8 | 6:40 PM |
| 200m Laned | F | 11 | 7:00 PM |
| 200m Laned | M | 11 | 7:00 PM |
| 200m Laned | F | 10 | 7:30 PM |
| 200m Laned | M | 10 | 7:30 PM |
| 200m Laned | F | 9 | 7:40 PM |
| 200m Laned | M | 9 | 7:40 PM |
| 50m Straight B | F | 6 | 6:00 PM |
| 50m Straight B | M | 6 | 6:00 PM |
| 50m Straight B | M | Tots | 6:15 PM |
| 50m Straight B | F | Tots | 6:15 PM |
| 70m Straight B | M | 6 | 6:30 PM |
| 70m Straight B | F | 6 | 6:30 PM |
| 70m Straight B | F | Tots | 6:45 PM |
| 70m Straight B | M | Tots | 6:45 PM |
| 70m Straight B | F | 7 | 6:45 PM |
| 70m Straight B | M | 7 | 6:45 PM |
| 70m Straight B | F | 8 | 7:00 PM |
| 70m Straight B | M | 8 | 7:00 PM |
| 70m Straight B | F | 9 | 7:20 PM |
| 70m Straight B | M | 9 | 7:20 PM |
| 800m Pack Start | F | 12 | 6:00 PM |
| 800m Pack Start | M | 12 | 6:00 PM |
| 800m | F | Seniors | 6:20 PM |
| 800m | M | Seniors | 6:20 PM |
| 800m Pack Start | F | 11 | 6:40 PM |
| 800m Pack Start | M | 11 | 6:40 PM |
| 500m Pack Start | F | 7 | 7:00 PM |
| 500m Pack Start | M | 7 | 7:00 PM |
| 800m Pack Start | F | 10 | 7:40 PM |
| 800m Pack Start | M | 10 | 7:40 PM |

| Event Series 6 Field Events Program | | | |
|-------------------------------------|--------|---------|-----------|
| Event Station | Gender | Age | Eventtime |
| Discus 1 | M | 9 | 6:00 PM |
| Discus 1 | F | 9 | 6:40 PM |
| Discus 1 | F | Seniors | 7:20 PM |
| Discus 2 | M | 9 | 6:00 PM |
| Discus 2 | M | 7 | 6:15 PM |
| Discus 2 | F | 9 | 6:40 PM |
| Discus 2 | M | Seniors | 7:20 PM |
| Junior HJ | - | - | 6:00 PM |
| Junior HJ | F | 7 | 6:15 PM |
| Junior HJ | F | 7 | 6:30 PM |
| Junior HJ | M | 6 | 6:45 PM |
| HJ 1 | F | 9 | 6:00 PM |
| HJ 1 | M | 9 | 6:40 PM |
| HJ 1 | M | 8 | 7:20 PM |
| HJ 2 | F | 9 | 6:00 PM |
| HJ 2 | M | 9 | 6:40 PM |
| HJ 2 | M | 8 | 7:20 PM |
| HJ 3 | F | 11 | 6:00 PM |
| HJ 3 | M | 12 | 6:40 PM |
| HJ 3 | F | 12 | 7:20 PM |
| Javelin 1 | M/F | 11 | 8:00 PM |
| Javelin 1 | M/F | 12 | 8:00 PM |
| Javelin 1 | M/F | Seniors | 8:00 PM |
| LJ 1 | M | 11 | 6:00 PM |
| LJ 1 | M | Seniors | 6:40 PM |
| LJ 1 | M | 12 | 7:20 PM |
| LJ 2 | F | 10 | 6:00 PM |
| LJ 2 | F | Seniors | 6:40 PM |
| LJ 2 | - | - | 7:20 PM |
| LJ 3 | M | 10 | 6:00 PM |
| LJ 3 | - | - | 6:40 PM |
| LJ 3 | M | 8 | 7:20 PM |
| LJ 4 | M | 10 | 6:00 PM |
| LJ 4 | F | 12 | 6:40 PM |
| LJ 4 | M | 8 | 7:20 PM |
| SP 1 | M | 8 | 6:00 PM |
| SP 1 | F | 10 | 6:40 PM |
| SP 1 | M | 11 | 7:20 PM |
| SP 2 | F | 8 | 6:00 PM |
| SP 2 | F | 10 | 6:40 PM |
| SP 2 | F | 11 | 7:20 PM |
| SP 3 | F | Tots | 6:00 PM |
| SP 3 | F | 6 | 6:15 PM |
| SP 3 | M | Tots | 6:30 PM |
| SP 3 | - | - | 6:45 PM |
| SP 4 & 5 | - | - | 6:00 PM |
| SP 4 & 5 | M | 10 | 6:40 PM |
| SP 4 & 5 | - | - | 7:20 PM |