

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 7 - 50 Metre Sprint**

Zone: Z 8.63 12/12/2015 Matilda Fanning, Sutherland			
Name	Age	Centre	Final
Section 1			
1 Aaliyah Hawkins		Port Hacking	9.60
2 Aaliyah Skuse		Sutherland	10.04
3 Maple Reddy		Sutherland	10.16
4 Chiara Bradley		Sutherland	10.21
5 Havana Anderson		Port Hacking	10.49
6 Lola Rayment		Sutherland	10.66
7 Hope Taylor		Helensburgh	10.69
8 Addison Franklin		Illawong	10.84
9 Natalie Biskalis		Revesby Workers	11.15

Girls U 7 - 70 Metre Sprint

Zone: Z 12.14 14/12/2014 Tammin Lampret, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Imogen Kirby		St George	14.74Q
2 Havana Anderson		Port Hacking	14.96Q
3 Hope Taylor		Helensburgh	15.34Q
4 Natalie Biskalis		Revesby Workers	15.45
5 Caitlin Wilcock		Illawong	16.33
6 Zoe Zantiotis		Port Hacking	18.04
Heat 2 Heats			
1 Capri Vincent		St George	12.92Q
2 Maggie Treanor		Sutherland	13.07Q
3 Aaliyah Hawkins		Port Hacking	13.31Q
4 Aaliyah Skuse		Sutherland	13.94q
5 Skeeter Reddy		Sutherland	13.96q
6 Zara Prescott		Illawong	15.00
7 Addison Franklin		Illawong	15.19

Girls U 7 - 70 Metre Sprint

Zone: Z 12.14 14/12/2014 Tammin Lampret, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Capri Vincent		St George	13.44
2 Maggie Treanor		Sutherland	13.52
3 Aaliyah Hawkins		Port Hacking	13.91
4 Skeeter Reddy		Sutherland	14.48
5 Aaliyah Skuse		Sutherland	14.97
6 Imogen Kirby		St George	15.01
7 Hope Taylor		Helensburgh	15.55
8 Havana Anderson		Port Hacking	15.56

Girls U 8 - 70 Metre Sprint

Zone: Z 10.85 17/12/2017 EllieMai Levi, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Liliana Anthony-Ligaiviu		Revesby Workers	12.15Q
2 Emerson Spence		Sutherland	12.56Q
3 Khloe Hunter		Revesby Workers	12.65Q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 8 - 70 Metre Sprint**

4	Ava Reid	Sutherland	12.91q
5	Lara Tsavalias	Illawong	13.50
6	Cora Malys	Bundeena-Maianbar	13.93
7	Kenzie Delacour-Batch	Revesby Workers	14.06
8	Ella Landy	Port Hacking	15.60

Heat 2 Heats

1	Sophie Howson	Sutherland	12.38Q
1	Layla Peterson	Sutherland	12.38Q
3	Imogen McLean	Port Hacking	12.68Q
4	Frances Gorman	Sutherland	12.98q
5	Ellie Constable	Bundeena-Maianbar	13.74
6	Matilda Coughlin	Revesby Workers	13.86
7	Macy Milan	Revesby Workers	14.57

Girls U 8 - 70 Metre Sprint

Zone: Z 10.85 17/12/2017 EllieMai Levi, Port Hacking

Name Age Centre Final

Section 1 Final

1	Liliana Anthony-Ligaiviu	Revesby Workers	11.87
2	Sophie Howson	Sutherland	12.04
2	Layla Peterson	Sutherland	12.04
4	Imogen McLean	Port Hacking	12.29
5	Khloe Hunter	Revesby Workers	12.34
6	Frances Gorman	Sutherland	12.39
7	Emerson Spence	Sutherland	12.42
8	Ava Reid	Sutherland	12.62

Girls U 9 - 70 Metre Sprint

Zone: Z 10.78 5/02/2012 Rachel Tougher, Sutherland

Name Age Centre Final

Section 1

1	Casey Pendleton-Cherry	Illawong	11.08
2	Allegra Little	Port Hacking	11.34
3	Scarlett Sams	Port Hacking	11.37
4	Miricah Murdoch	Illawong	11.65
5	Juliet Allsopp Lander	Bundeena-Maianbar	11.69
6	Maya Bower	Illawong	11.81
7	Lucy Gow	Illawong	12.72
8	Alexis James	Illawong	12.82
9	Hope Robinson	Sutherland	12.85
10	Willow Baffsky	Bundeena-Maianbar	14.06

Girls U 10 - 70 Metre Sprint

Zone: Z 10.27 17/12/2017 Tammin Lampret, Port Hacking

Name Age Centre Heats

Heat 1 Heats

1	Ellie Mai Levi	Port Hacking	10.64Q
2	Indii Bower	Illawong	11.15Q
3	Keira Macarthur	Sutherland	11.31Q
4	Tess Dooley	Sutherland	11.70
5	Scarlett Dunne	Helensburgh	11.96
6	Hadlee James	Illawong	12.12
7	Lucy Arndell	Port Hacking	12.23

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS

The Ridge Athletics Track

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....Girls U 10 - 70 Metre Sprint

8	Harmony-Jade Taylor	Helensburgh	12.23
9	Mariam Harakeh	St George	15.17
Heat 2 Heats			
1	Mariah Photi	Illawong	11.10Q
2	Rhianna Karika	Helensburgh	11.20Q
3	Shiloh Macfarlane-Anning	Sutherland	11.24Q
4	Molly Rayment	Sutherland	11.49q
5	Kayla Babington	Port Hacking	11.62q
6	Alarna Penfold	Port Hacking	11.89
7	Amabel Garvin	Port Hacking	12.01
8	Mia Liu	St George	12.32
9	Phoebe Parsons	Illawong	12.71

Girls U 10 - 70 Metre Sprint

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 Zone: Z 10.27 17/12/2017 Tammin Lampret, Port Hacking
 Name Age Centre Final
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Section 1 Final

1	Ellie Mai Levi	Port Hacking	10.70
2	Indii Bower	Illawong	11.14
3	Mariah Photi	Illawong	11.25
4	Rhianna Karika	Helensburgh	11.32
5	Shiloh Macfarlane-Anning	Sutherland	11.42
6	Molly Rayment	Sutherland	11.45
7	Kayla Babington	Port Hacking	11.79

Girls U 7 - 100 Metre Sprint

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 Zone: Z 16.57 12/12/2015 Matilda Fanning, Sutherland
 Name Age Centre Final
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Section 1

1	Capri Vincent	St George	18.20
2	Maggie Treanor	Sutherland	18.21
3	Aaliyah Hawkins	Port Hacking	18.61
4	Skeeter Reddy	Sutherland	20.35
5	Hope Taylor	Helensburgh	20.96
6	Maple Reddy	Sutherland	21.14
7	Imogen Kirby	St George	21.14
8	Salina Mishkarudnaya	Port Hacking	22.07
9	Natalie Biskalis	Revesby Workers	22.08

Girls U 8 - 100 Metre Sprint

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 Zone: Z 15.52 16/12/2017 EllieMai Levi, Port Hacking
 Name Age Centre Heats
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Heat 1 Heats

1	Sophie Howson	Sutherland	17.54Q
2	Frances Gorman	Sutherland	18.45Q
3	Lara Tsavalias	Illawong	18.93Q
4	Amelia May	Sutherland	19.19q
5	Ellie Constable	Bundeena-Maianbar	19.41
6	Cora Malys	Bundeena-Maianbar	20.06
7	Sophie Aungle	Illawong	20.37

Heat 2 Heats

1	Liliana Anthony-Ligaiviu	Revesby Workers	16.52Q
2	Georgia Laverance	Port Hacking	17.24Q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****...Girls U 8 - 100 Metre Sprint**

3	Emerson Spence	Sutherland	17.38Q
4	Ronia Warszawska	Sutherland	17.65q
5	Zara Chahoud	Port Hacking	18.50q
6	Anna Poortvliet	St George	19.96
7	Victoria Siqueira	Illawong	20.22
8	Kenzie Delacour-Batch	Revesby Workers	20.91
9	Macy Milan	Revesby Workers	20.97

Girls U 8 - 100 Metre Sprint

Zone: Z 15.52 16/12/2017 EllieMai Levi, Port Hacking

Name Age Centre Final

Section 1 Final

1	Liliana Anthony-Ligaiviu	Revesby Workers	16.60
2	Sophie Howson	Sutherland	16.85
3	Georgia Laverance	Port Hacking	17.13
4	Emerson Spence	Sutherland	17.31
5	Ronia Warszawska	Sutherland	17.98
6	Frances Gorman	Sutherland	18.07
7	Lara Tsavalias	Illawong	18.84
8	Zara Chahoud	Port Hacking	19.14

Girls U 9 - 100 Metre Sprint

Zone: Z 14.99 4/02/2012 Rachel Tougher, Sutherland

Name Age Centre Heats

Heat 1 Heats

1	Scarlett Sams	Port Hacking	16.19Q
2	Chloe McCormack	Sutherland	16.36Q
3	Juliet Allsopp Lander	Bundeena-Maianbar	16.55Q
4	Violet Knight Ortiz	St George	16.67q
5	Maya Bower	Illawong	16.78q
6	Abbie Pascin	Revesby Workers	17.22q
7	Abby Weinstein	Sutherland	18.27
8	Hope Robinson	Sutherland	18.45

Heat 2 Heats

1	Allegra Little	Port Hacking	15.85Q
2	Miricah Murdoch	Illawong	16.81Q
3	Madison Cornish	Sutherland	16.90Q
4	Emily Ball	Port Hacking	17.27
5	Sienna Bender	Revesby Workers	17.53
6	Ivy Sutton	St George	18.70
7	Grace Wright	St George	19.34
8	Jasmine Kaushal	Illawong	19.40
9	Rhianna Lacey	Bundeena-Maianbar	19.92
10	Willow Baffsky	Bundeena-Maianbar	20.31

Girls U 9 - 100 Metre Sprint

Zone: Z 14.99 4/02/2012 Rachel Tougher, Sutherland

Name Age Centre Final

Section 1 Final

1	Allegra Little	Port Hacking	15.64
2	Scarlett Sams	Port Hacking	15.94
3	Chloe McCormack	Sutherland	16.21
4	Miricah Murdoch	Illawong	16.38

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****...Girls U 9 - 100 Metre Sprint**

5	Maya Bower	Illawong	16.49
6	Violet Knight Ortiz	St George	16.66
7	Juliet Allsopp Lander	Bundeena-Maianbar	16.79
8	Madison Cornish	Sutherland	17.03

Girls U 10 - 100 Metre Sprint

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	Zone: Z 13.92	8/12/2012	Krystal Blackwell, Helensburg
Name	Age	Centre	Heats
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Heat 1 Heats

1	Indii Bower	Illawong	15.39Q
2	Maddison Druery	Port Hacking	15.43Q
3	Mariah Photi	Illawong	16.14Q
4	Alarna Penfold	Port Hacking	16.90
5	Scarlett Dunne	Helensburgh	17.00
6	Harmony-Jade Taylor	Helensburgh	17.28
7	Phoebe Parsons	Illawong	17.30
8	Winter Evans	Sutherland	17.44
9	Hadlee James	Illawong	17.51
10	Hannah Dowd	Bundeena-Maianbar	17.93

Heat 2 Heats

1	Ellie Mai Levi	Port Hacking	14.99Q
2	Rhianna Karika	Helensburgh	15.72Q
3	Amelie O'Neill	Illawong	15.78Q
4	Keira Macarthur	Sutherland	16.01q
5	Molly Rayment	Sutherland	16.04q
6	Shiloh Macfarlane-Anning	Sutherland	16.24q
7	Amabel Garvin	Port Hacking	17.03
8	Ocean Bradley	Sutherland	17.20
9	Mia Liu	St George	17.82

Girls U 10 - 100 Metre Sprint

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	Zone: Z 13.92	8/12/2012	Krystal Blackwell, Helensburg
Name	Age	Centre	Final
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Section 1 Final

1	Ellie Mai Levi	Port Hacking	15.00
2	Indii Bower	Illawong	15.36
3	Maddison Druery	Port Hacking	15.50
4	Amelie O'Neill	Illawong	15.75
5	Mariah Photi	Illawong	15.83
6	Rhianna Karika	Helensburgh	15.93
7	Molly Rayment	Sutherland	15.97
8	Keira Macarthur	Sutherland	16.14

Girls U 11 - 100 Metre Sprint

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	Zone: Z 13.69	14/12/2013	Krystal Blackwell, Helensburg
Name	Age	Centre	Heats
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Heat 1 Heats

1	Amber Tubbs	Port Hacking	15.05Q
2	Abigail Wright	St George	15.52Q
3	Isabella Reid	Sutherland	15.53q
4	Ruby Bye	Helensburgh	15.83
5	Latifa Harakeh	St George	16.48
6	Anneka Oehlman	Revesby Workers	17.16

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****...Girls U 11 - 100 Metre Sprint**

7	Angela Wastie	Revesby Workers	17.99
8	Martina Murray	Bundeena-Maianbar	18.71
Heat 2 Heats			
1	Tammin Lampret	Port Hacking	14.32Q
2	Ryleigh Delacour-Batch	Revesby Workers	15.31Q
3	Matilda Fanning	Sutherland	15.34q
4	Chloe Ozolins	Sutherland	15.58
5	Amity Gibbs	Bundeena-Maianbar	15.88
6	Evie Gorman	Sutherland	16.51
7	Gabriella Knezevic	St George	16.51
8	Amelia Oehlman	Revesby Workers	17.01
9	Victoria Lambousis	Port Hacking	17.20
Heat 3 Heats			
1	Neve Jenkins	Port Hacking	14.70Q
2	Jade Pawson	Sutherland	14.84Q
3	Jessica Basanovic	Port Hacking	15.57q
4	Grace Dummett	St George	16.19
5	Natalie Look	Helensburgh	16.25
6	Eve Buman	Bundeena-Maianbar	16.55
7	Vitorian Tavita	Revesby Workers	16.70
8	Rayyan Harakeh	St George	16.85

Girls U 11 - 100 Metre Sprint

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 Zone: Z 13.69 14/12/2013 Krystal Blackwell, Helensburg

Name	Age	Centre	Final
===== Section 1 Final			
1		Port Hacking	14.35
2		Port Hacking	14.82
3		Sutherland	14.93
4		Sutherland	15.16
5		St George	15.44
6		Revesby Workers	15.51
7		Port Hacking	15.67
8		Sutherland	16.53

Girls U 12 - 100 Metre Sprint

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 Zone: Z 13.20 30/01/2010 K. King, Revesby Workers

Name	Age	Centre	Heats
===== Heat 1 Heats			
1		Revesby Workers	13.78Q
2		Sutherland	13.98Q
3		Helensburgh	14.63Q
4		Illawong	15.36q
5		Port Hacking	15.37q
6		Sutherland	15.58q
7		Bundeena-Maianbar	16.35
Heat 2 Heats			
1		Sutherland	15.43Q
2		Sutherland	15.70Q
3		Helensburgh	15.73Q
4		Illawong	16.02
5		Port Hacking	16.10
6		Revesby Workers	16.24

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 12 - 100 Metre Sprint**

Zone: Z 13.20 30/01/2010 K. King, Revesby Workers			
Name	Age	Centre	Final
Section 1 Final			
1 Renee Penitani		Revesby Workers	13.87
2 Jordan Moore		Sutherland	14.02
3 Savannah Taylor		Helensburgh	14.76
4 Emilia Danne		Illawong	15.24
5 Amelie Pyne		Sutherland	15.47
6 Chloe Shephard		Port Hacking	15.53
7 Sofia Cutro		Helensburgh	15.74
8 Summer Hannah-Campbell		Sutherland	15.76

Girls U 13 - 100 Metre Sprint

Zone: Z 12.95 8/12/2012 Isabel Di Paolantonio, Port H			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Bella-Rose Franklin		Illawong	14.17Q
2 Jessica Little		Port Hacking	14.30Q
3 Jacinta Laverance		Port Hacking	14.46Q
4 Sofia Banda		Helensburgh	15.28q
5 Tayte Headley		Port Hacking	15.39
6 Taylor Nangle		Revesby Workers	15.71
Heat 2 Heats			
1 Jasynta Lampret		Port Hacking	13.81Q
2 Polly McEvoy		Helensburgh	14.11Q
3 Isabella Sest		Illawong	14.15Q
4 Olivia Delaney		Port Hacking	15.01q
5 Tahlia Robertson		Helensburgh	15.25q

Girls U 13 - 100 Metre Sprint

Zone: Z 12.95 8/12/2012 Isabel Di Paolantonio, Port H			
Name	Age	Centre	Final
Section 1 Final			
1 Jasynta Lampret		Port Hacking	13.76
2 Bella-Rose Franklin		Illawong	13.89
3 Polly McEvoy		Helensburgh	14.09
4 Jessica Little		Port Hacking	14.12
5 Isabella Sest		Illawong	14.28
6 Jacinta Laverance		Port Hacking	14.29
7 Olivia Delaney		Port Hacking	14.74
8 Tahlia Robertson		Helensburgh	15.65

Girls U 14 - 100 Metre Sprint

Zone: Z 12.68 14/12/2013 Isabella Di Paolantonio, Port H			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Emma Lee		Sutherland	12.95Q
2 Stefania Guercio		Illawong	13.87Q
3 Aleisha Foundotos		St George	14.12Q
4 Tara Benikos		Port Hacking	14.30q
5 Kyla Gibson		Port Hacking	15.23
6 Elizabeth Wastie		Revesby Workers	15.26

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 14 - 100 Metre Sprint**

Heat 2 Heats

1 Amy Watson	Illawong	13.31Q
2 Charlie Hallam	Sutherland	13.98Q
3 Sienna Arthur	Sutherland	14.31Q
4 Laila Waters	Helensburgh	14.54q
5 Eleni Lambousis	Port Hacking	14.66q

Girls U 14 - 100 Metre Sprint

Zone: Z 12.68 14/12/2013 Isabella Di Paolantonio, Port

Name	Age Centre	Final
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Section 1 Final

1 Emma Lee	Sutherland	12.58Z
2 Amy Watson	Illawong	13.08
3 Charlie Hallam	Sutherland	13.70
4 Stefania Guercio	Illawong	14.06
5 Aleisha Foundotos	St George	14.28
6 Sienna Arthur	Sutherland	14.34
7 Laila Waters	Helensburgh	14.41
8 Tara Benikos	Port Hacking	14.79

Girls U 15 - 100 Metre Sprint

Zone: Z 12.40 30/01/2010 M. Pirie, Revesby Workers

Name	Age Centre	Final
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Section 1

1 Jessica Wardrobe	Sutherland	12.68
2 Sabina Rogers	Helensburgh	13.02
3 Eve Gardner	Sutherland	13.29
4 Sanjana Anugu	Port Hacking	13.35
5 Zara Lammers	Sutherland	13.60
6 Mackenzie O'Riordan	Sutherland	13.86
7 Jessica Patterson	Port Hacking	14.17
8 Emily Laverance	Port Hacking	14.36
9 Asma Fofanah	St George	14.38

Girls U 17 - 100 Metre Sprint

Zone: Z 12.23 14/12/2013 Luisa Healey, Sutherland

Name	Age Centre	Final
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1 Jessica Vandermaal	Sutherland	13.21
2 Lauren Hocking	Port Hacking	13.25
3 Andrea Marshall	St George	13.49
4 Michaela Cosgrove	Illawong	13.50
5 Chelsey-Rose Jackson	Helensburgh	13.74

Girls U 7 - 200 Metre Sprint

Zone: Z 35.80 30/01/2010 K.Blackwell, Helensburg

Name	Age Centre	Heats
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Heat 1 Heats

1 Capri Vincent	St George	38.89Q
2 Sage Boothroyd	Sutherland	41.94Q
3 Aaliyah Hawkins	Port Hacking	41.99Q
4 Skeeter Reddy	Sutherland	43.78q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS

The Ridge Athletics Track

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....Girls U 7 - 200 Metre Sprint

5	Jessinta McAnally	Illawong	44.70q
6	Addison Franklin	Illawong	47.73
7	Caitlin Wilcock	Illawong	49.26

Heat 2 Heats

1	Maggie Treanor	Sutherland	41.53Q
2	Chiara Bradley	Sutherland	45.09Q
3	Havana Anderson	Port Hacking	45.95Q
4	Zara Prescott	Illawong	48.31
5	Salina Mishkarudnaya	Port Hacking	48.66
6	Hope Taylor	Helensburgh	53.42
7	Zoe Zantiotis	Port Hacking	1:05.21

Girls U 7 - 200 Metre Sprint

Zone: Z 35.80 30/01/2010 K.Blackwell, Helensburg

Name	Age Centre	Final
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Section 1 Final

1	Capri Vincent	St George	37.96
2	Maggie Treanor	Sutherland	39.95
3	Sage Boothroyd	Sutherland	40.43
4	Aaliyah Hawkins	Port Hacking	41.47
5	Chiara Bradley	Sutherland	43.24
6	Skeeter Reddy	Sutherland	43.41
7	Jessinta McAnally	Illawong	45.01
8	Havana Anderson	Port Hacking	45.25

Girls U 8 - 200 Metre Sprint

Zone: Z 31.72 17/12/2017 EllieMai Levi, Port Hacking

Name	Age Centre	Heats
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Heat 1 Heats

1	Liliana Anthony-Ligaiviu	Revesby Workers	35.1hQ
2	Alexia Mathison	Port Hacking	35.8hQ
3	Georgia Laverance	Port Hacking	36.8hQ
4	Hanna Wichgers	Sutherland	37.4hq
5	Imogen McLean	Port Hacking	37.9hq
6	Matilda Coughlin	Revesby Workers	42.8h
7	Neveah Jackins (me)	Bundeena-Maianbar	44.6h

Heat 2 Heats

1	Emerson Spence	Sutherland	36.20Q
2	Sadie Rayment	Sutherland	39.20Q
3	Neave Barr	Sutherland	40.88Q
4	Eavie Salter	Port Hacking	41.25
5	Erin Cassilles	Revesby Workers	41.28
6	Felicity Barnes	Port Hacking	41.64
7	Elodie Pyne	Sutherland	41.82

Girls U 8 - 200 Metre Sprint

Zone: Z 31.72 17/12/2017 EllieMai Levi, Port Hacking

Name	Age Centre	Final
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Section 1 Final

1	Liliana Anthony-Ligaiviu	Revesby Workers	36.10
2	Alexia Mathison	Port Hacking	36.70
3	Georgia Laverance	Port Hacking	37.09
4	Emerson Spence	Sutherland	37.51

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****...Girls U 8 - 200 Metre Sprint**

5	Hanna Wichgers	Sutherland	38.43
6	Imogen McLean	Port Hacking	39.07
7	Sadie Rayment	Sutherland	39.23
8	Neave Barr	Sutherland	42.84

Girls U 9 - 200 Metre Sprint

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	Zone: Z 31.88	5/02/2012	Rachel Tougher, Sutherland
Name	Age	Centre	Heats
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Heat 1 Heats

1	Chloe McCormack	Sutherland	32.40Q
2	Abbie Pasnin	Revesby Workers	34.27Q
3	Maya Bower	Illawong	34.32Q
4	Emily Ball	Port Hacking	34.73q
5	Jenna Schneider	Bundeena-Maianbar	37.34
6	Abby Weinstein	Sutherland	37.85
7	Hope Robinson	Sutherland	39.31

Heat 2 Heats

1	Casey Pendleton-Cherry	Illawong	32.12Q
2	Jade Strahl	Port Hacking	32.72Q
3	Violet Knight Ortiz	St George	34.64Q
4	Juliet Allsopp Lander	Bundeena-Maianbar	34.87q
5	Lucy Gow	Illawong	38.22
6	Lowami Carati	St George	38.80

Girls U 9 - 200 Metre Sprint

=====			
	Zone: Z 31.88	5/02/2012	Rachel Tougher, Sutherland
Name	Age	Centre	Final
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Section 1 Final

1	Casey Pendleton-Cherry	Illawong	31.19Z
2	Jade Strahl	Port Hacking	31.97
3	Chloe McCormack	Sutherland	32.84
4	Maya Bower	Illawong	33.46
5	Violet Knight Ortiz	St George	34.18
6	Emily Ball	Port Hacking	34.23
7	Juliet Allsopp Lander	Bundeena-Maianbar	34.48
8	Abbie Pasnin	Revesby Workers	34.60

Girls U 10 - 200 Metre Sprint

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	Zone: Z 29.38	14/12/2014	Emma Lee, Sutherland
Name	Age	Centre	Heats
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Heat 1 Heats

1	Indii Bower	Illawong	32.18Q
2	Amelie O'Neill	Illawong	32.76Q
3	Molly Rayment	Sutherland	33.48q
4	Scarlett Dunne	Helensburgh	34.98
5	Avrie Jackins	Bundeena-Maianbar	35.47
6	Havana Rayner	St George	35.67

Heat 2 Heats

1	Ellie Mai Levi	Port Hacking	31.20Q
2	Shiloh Macfarlane-Anning	Sutherland	34.71Q
3	Tess Dooley	Sutherland	35.02
4	Amabel Garvin	Port Hacking	36.02
5	Lucy Arndell	Port Hacking	36.67

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 10 - 200 Metre Sprint**

6	Hadlee James	Illawong	37.57
7	Phoebe Parsons	Illawong	38.95
Heat 3 Heats			
1	Maddison Druery	Port Hacking	31.39Q
2	Rhianna Karika	Helensburgh	33.30Q
3	Keira Macarthur	Sutherland	33.67q
4	Tara Hannah-Campbell	Sutherland	35.65
5	Serra Kazzi	Port Hacking	35.92
6	Harmony-Jade Taylor	Helensburgh	36.15
7	Hannah Dowd	Bundeena-Maianbar	37.72

Girls U 10 - 200 Metre Sprint

=====			
Zone: Z 29.38 14/12/2014 Emma Lee, Sutherland			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Ellie Mai Levi	Port Hacking	30.40
2	Maddison Druery	Port Hacking	30.86
3	Indii Bower	Illawong	30.99
4	Amelie O'Neill	Illawong	31.57
5	Molly Rayment	Sutherland	32.64
6	Rhianna Karika	Helensburgh	33.57
7	Shiloh Macfarlane-Anning	Sutherland	33.94

Girls U 11 - 200 Metre Sprint

=====			
Zone: Z 29.14 15/12/2013 Krystal Blackwell, Helensburg			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Jade Pawson	Sutherland	30.29Q
2	Ruby Bye	Helensburgh	32.86
3	Niamh Mackenzie	Revesby Workers	33.47
4	Victoria Lambousis	Port Hacking	36.34
5	Lola Hankinson	Bundeena-Maianbar	38.03
Heat 2 Heats			
1	Neve Jenkins	Port Hacking	29.81Q
2	Rosalee Floyd-Kerr	Helensburgh	29.92q
3	Abigail Wright	St George	31.13q
4	Chloe Ozolins	Sutherland	31.64q
5	Angela Wastie	Revesby Workers	54.73
Heat 3 Heats			
1	Jessica Basanovic	Port Hacking	31.55Q
2	Keasi Diloi	St George	32.48q
3	Isabella Reid	Sutherland	32.49
4	Evie Gorman	Sutherland	33.32
5	Vitorian Tavita	Revesby Workers	33.89
6	Kiarna Franklin	Illawong	37.60
7	Martina Murray	Bundeena-Maianbar	40.38
Heat 4 Heats			
1	Tammin Lampret	Port Hacking	Z 28.98Q
2	Grace Dummett	St George	32.81
3	Natalie Look	Helensburgh	33.45
4	Charlize Peterson	Sutherland	34.30
5	Eve Buman	Bundeena-Maianbar	34.35
6	Mackenzie Potts	Port Hacking	34.51

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 11 - 200 Metre Sprint**

Zone: Z 29.14 15/12/2013 Krystal Blackwell, Helensburg			
Name	Age	Centre	Final
Section 1 Final			
1 Tammin Lampret		Port Hacking	28.39Z
2 Jade Pawson		Sutherland	29.09Z
3 Rosalee Floyd-Kerr		Helensburgh	29.66
4 Neve Jenkins		Port Hacking	30.77
5 Abigail Wright		St George	30.93
6 Jessica Basanovic		Port Hacking	31.00
7 Chloe Ozolins		Sutherland	31.76

Girls U 12 - 200 Metre Sprint

Zone: Z 27.55 14/12/2014 Krystal Blackwell, Helensburg			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jordan Moore		Sutherland	27.98Q
2 Savannah Taylor		Helensburgh	30.13Q
3 Emilia Danne		Illawong	31.53Q
4 Charlise Pahina		Port Hacking	32.01q
5 Amelie Pyne		Sutherland	32.02q
Heat 2 Heats			
1 Jordan O'Neill		Illawong	30.19Q
2 Chloe Shephard		Port Hacking	31.23Q
3 Summer Hannah-Campbell		Sutherland	32.00Q
4 Arabella Penfold		Port Hacking	33.43
5 Zoe Milan		Revesby Workers	34.02
6 Caitlin Newman		Illawong	37.08

Girls U 12 - 200 Metre Sprint

Zone: Z 27.55 14/12/2014 Krystal Blackwell, Helensburg			
Name	Age	Centre	Final
Section 1 Final			
1 Jordan Moore		Sutherland	27.81
2 Jordan O'Neill		Illawong	29.18
3 Savannah Taylor		Helensburgh	29.76
4 Emilia Danne		Illawong	30.68
5 Chloe Shephard		Port Hacking	30.91
6 Charlise Pahina		Port Hacking	31.08
7 Summer Hannah-Campbell		Sutherland	31.67
8 Amelie Pyne		Sutherland	32.04

Girls U 13 - 200 Metre Sprint

Zone: Z 25.97 17/12/2017 Emma Lee, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jacinta Laverance		Port Hacking	28.45Q
2 Polly McEvoy		Helensburgh	28.58Q
3 Bella-Rose Franklin		Illawong	28.78Q
4 Jessica Little		Port Hacking	29.15q
5 Taylor Nangle		Revesby Workers	31.59
6 Clara Louw		Bundeena-Maianbar	31.64
Heat 2 Heats			

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS

The Ridge Athletics Track

Results

....Girls U 13 - 200 Metre Sprint

1 Molly FitzPatrick	Sutherland	28.35Q
2 Isabella Sest	Illawong	29.66Q
3 Sofia Banda	Helensburgh	30.63Q
4 Tayte Headley	Port Hacking	31.10q
5 Ava-Rose Hardy	Helensburgh	31.56

Girls U 13 - 200 Metre Sprint

=====
 Zone: Z 25.97 17/12/2017 Emma Lee, Sutherland
 Name Age Centre Final
 =====

Section 1 Final

1 Molly FitzPatrick	Sutherland	27.72
2 Bella-Rose Franklin	Illawong	28.00
3 Polly McEvoy	Helensburgh	28.31
4 Jacinta Laverance	Port Hacking	28.38
5 Jessica Little	Port Hacking	28.42
6 Isabella Sest	Illawong	28.87
7 Sofia Banda	Helensburgh	29.73

Girls U 14 - 200 Metre Sprint

=====
 Zone: Z 26.13 5/02/2012 Luisa Healey, Sutherland
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Emma Lee	Sutherland	Z 26.11Q
2 Alexandra Rumjahn	Illawong	28.24Q
3 Aleisha Foundotos	St George	29.12Q
4 Sienna Arthur	Sutherland	29.82q
5 Eleni Lambousis	Port Hacking	30.63

Heat 2 Heats

1 Amy Watson	Illawong	27.40Q
2 Jaimie Byrne	Sutherland	28.41Q
3 Stefania Guercio	Illawong	28.57Q
4 Laila Waters	Helensburgh	29.89q
5 Tara Benikos	Port Hacking	31.12

Girls U 14 - 200 Metre Sprint

=====
 Zone: Z 26.13 5/02/2012 Luisa Healey, Sutherland
 Name Age Centre Final
 =====

Section 1 Final

1 Emma Lee	Sutherland	24.94Z
2 Amy Watson	Illawong	26.02Z
3 Alexandra Rumjahn	Illawong	27.36
4 Stefania Guercio	Illawong	27.95
5 Aleisha Foundotos	St George	28.32
6 Sienna Arthur	Sutherland	28.52
7 Laila Waters	Helensburgh	29.61

Girls U 15 - 200 Metre Sprint

=====
 Zone: Z 25.66 14/12/2014 Morgan Griffiths, St George
 Name Age Centre Final
 =====

Section 1

1 Jessica Wardrobe	Sutherland	25.43Z
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SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 15 - 200 Metre Sprint**

2	Sanjana Anugu	Port Hacking	27.21
3	Sabina Rogers	Helensburgh	27.58
4	Miloshka Sharma	St George	27.95
5	Mackenzie O'Riordan	Sutherland	28.27
6	Jessica Vaughan	Port Hacking	28.74
7	Jessica Patterson	Port Hacking	29.15

Girls U 17 - 200 Metre Sprint

Zone: Z 25.11 17/12/2017 Tierney Dunne, Helensburgh

Name Age Centre Final

1	Alma Robb	Port Hacking	25.98
2	Jessica Vandermaal	Sutherland	26.28
3	Lauren Hocking	Port Hacking	26.41
4	Elena Christian	Illawong	26.56
5	Andrea Marshall	St George	26.74
6	Hayley Waters	Sutherland	27.05
7	Eve Way	Helensburgh	28.94

Girls U 8 - 400 Metre Sprint

Zone: Z 1:13.07 16/12/2017 EllieMai Levi, Port Hacking

Name Age Centre Final

1	Liliana Anthony-Ligaiviu	Revesby Workers	1:17.96
2	Ronia Warszawska	Sutherland	1:20.91
3	Alexia Mathison	Port Hacking	1:22.46
4	Emerson Spence	Sutherland	1:24.95
5	Ava Reid	Sutherland	1:29.60
6	Brooke Cross	Illawong	1:32.16
Section 2			
1	Hanna Wichgers	Sutherland	1:23.62
2	Erin Cassilles	Revesby Workers	1:28.03
3	Frances Gorman	Sutherland	1:29.96
4	Ellie Constable	Bundeena-Maianbar	1:30.43
5	Felicity Barnes	Port Hacking	1:38.88
--	Matilda Coughlin	Revesby Workers	DNF
--	Rita Liu	St George	DQ

Girls U 9 - 400 Metre Sprint

Zone: Z 1:11.57 4/02/2012 Krystal Blackwell, Helensbu

Name Age Centre Final

Section 1			
1	Jade Strahl	Port Hacking	1:13.96
2	Chloe McCormack	Sutherland	1:14.67
3	Emily Ball	Port Hacking	1:19.77
4	Abbie Pasnin	Revesby Workers	1:22.29
5	Jenna Schneider	Bundeena-Maianbar	1:26.14
6	Sienna Bender	Revesby Workers	1:28.24
7	Lucy Gow	Illawong	1:33.67

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 10 - 400 Metre Sprint**

Zone: Z 1:09.76 13/12/2014 Imogen Stewart, Illawong			
Name	Age	Centre	Final
=====			
1 Matilda Kane		Sutherland	1:15.40
2 Scarlett McGraw		Revesby Workers	1:17.59
3 Avrie Jackins		Bundeena-Maianbar	1:18.87
4 Amelie O'Neill		Illawong	1:19.94
5 Tara Hannah-Campbell		Sutherland	1:21.62
6 Havana Rayner		St George	1:21.96
7 Serra Kazzi		Port Hacking	1:26.60
Section 2			
1 Keira Toohey		Sutherland	1:09.65Z
2 Sienna Latanis		St George	1:12.50
3 Eliza Smith		Port Hacking	1:14.51
4 Indii Bower		Illawong	1:21.52
5 Alarna Penfold		Port Hacking	1:27.42
6 Ocean Bradley		Sutherland	1:29.91
7 Hannah Dowd		Bundeena-Maianbar	1:34.32

Girls U 11 - 400 Metre Sprint

Zone: Z 1:05.21 14/12/2013 Krystal Blackwell, Helensbu			
Name	Age	Centre	Final
=====			
Section 1			
1 Rosalee Floyd-Kerr		Helensburgh	1:07.91
2 Jade Pawson		Sutherland	1:10.93
3 Ryleigh Delacour-Batch		Revesby Workers	1:11.73
4 Brooke Carson		Illawong	1:13.46
5 Jessica Basanovic		Port Hacking	1:16.91
6 Amelia Oehlman		Revesby Workers	1:17.39
7 Connie Treanor		Sutherland	1:22.53
8 Lola Hankinson		Bundeena-Maianbar	1:30.25
Section 2			
1 Caragh Finlay		Port Hacking	1:09.98
2 Chloe Ozolins		Sutherland	1:14.14
3 Nova Batman		Sutherland	1:14.70
4 Abigail Wright		St George	1:15.08
5 Natalie Look		Helensburgh	1:15.78
6 Anneka Oehlman		Revesby Workers	1:20.72
7 Holly Barr		Sutherland	1:30.82

Girls U 12 - 400 Metre Sprint

Zone: Z 1:02.75 13/12/2014 Krystal Blackwell, Helensbu			
Name	Age	Centre	Final
=====			
Section 1			
1 Ivy Boothroyd		Sutherland	1:03.55
2 Emilia Danne		Illawong	1:13.62
3 Kayleigh O'Donoghue		Port Hacking	1:14.91
4 Sally Archer		Sutherland	1:22.13
Section 2			
1 Tali Fowler		Bundeena-Maianbar	1:10.67
2 Sienna Alderson		Sutherland	1:11.94
3 Jordan O'Neill		Illawong	1:12.37
4 Arabella Penfold		Port Hacking	1:18.98
5 Hanna Allred		Helensburgh	1:19.78
6 Zoe Milan		Revesby Workers	1:24.63

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 13 - 400 Metre Sprint**

Zone: Z 1:02.07 16/12/2017 Imogen Stewart, Illawong			
Name	Age	Centre	Final
Section 1			
1 Molly FitzPatrick		Sutherland	1:04.63
2 Jacinta Laverance		Port Hacking	1:06.49
3 Bella-Rose Franklin		Illawong	1:07.00
4 Sophie Rogers		Sutherland	1:09.37
5 Georgie Latanis		St George	1:10.08
6 Ava-Rose Hardy		Helensburgh	1:10.76
7 Clara Louw		Bundeena-Maianbar	1:12.08
8 Kiana Naitaka		Illawong	1:16.39

Girls U 14 - 400 Metre Sprint

Zone: Z 58.58 16/12/2017 Eve Gardner, Sutherland			
Name	Age	Centre	Final
Section 1			
1 Amy Watson		Illawong	1:04.72
2 Caitlin Farr		Sutherland	1:04.78
3 Stefania Guercio		Illawong	1:10.79
4 Tara Benikos		Port Hacking	1:15.81
Section 2			
1 Lucy Alexander		Sutherland	1:02.95
2 Alexandra Rumjahn		Illawong	1:03.93
3 Aleisha Foundotos		St George	1:06.19
4 Ashleigh Waters		Sutherland	1:06.43
5 Stephanie Mishkarudnaya		Port Hacking	1:09.99

Girls U 15 - 400 Metre Sprint

Zone: Z 58.20 13/12/2014 Morgan Griffiths, St George			
Name	Age	Centre	Final
Section 1			
1 Jessica Wardrobe		Sutherland	1:01.03
2 Eve Gardner		Sutherland	1:03.21
3 Miloshka Sharma		St George	1:03.48
4 Sabina Rogers		Helensburgh	1:05.75
5 Eden Sigal		Bundeena-Maianbar	1:06.32
6 Killari Artadi		Port Hacking	1:09.48
7 Emily Laverance		Port Hacking	1:14.35

Girls U 17 - 400 Metre Sprint

Zone: Z 59.16 16/12/2017 Ella Randazzo, Sutherland			
Name	Age	Centre	Final
1 Alma Robb		Port Hacking	59.37
2 Hayley Waters		Sutherland	1:00.08
3 Elena Christian		Illawong	1:01.69
4 Eve Way		Helensburgh	1:05.15
5 Samantha Archer		Sutherland	1:08.56
6 Sarah Archer		Sutherland	1:09.21

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 7 - 500 Metre Run Pack Start**

Zone: Z 1:52.48 8/12/2002 Sarah Birchall, Illawong			
Name	Age	Centre	Final
1 Sage Boothroyd		Sutherland	2:04.00
2 Ella Plummer		Sutherland	2:06.07
3 Havana Anderson		Port Hacking	2:13.43
4 Imogen Kirby		St George	2:17.54
5 Gwendoline Hanna		Port Hacking	2:25.50
6 Vienna Knight Ortiz		St George	2:30.36
7 Salina Mishkarudnaya		Port Hacking	2:32.20

Girls U 8 - 700 Metre Run Pack Start

Zone: Z 2:28.16 9/12/2012 Imogen Stewart, St George			
Name	Age	Centre	Final
1 Ronia Warszawska		Sutherland	2:39.96
2 Hanna Wichgers		Sutherland	2:46.17
3 Georgia Laverance		Port Hacking	2:49.23
4 Sophie Aungle		Illawong	2:52.48
5 Erin Cassilles		Revesby Workers	2:52.90
6 Neave Barr		Sutherland	2:59.85
7 Brooke Cross		Illawong	3:07.77
8 Adele Cusack		Sutherland	3:10.97
9 Felicity Barnes		Port Hacking	3:14.05
10 Rita Liu		St George	3:16.40
11 Anna Carroll		Sutherland	3:16.50
12 Ella Landy		Port Hacking	3:42.58

Girls U 9 - 800 Metre Run

Zone: Z 2:42.54 15/12/2013 Imogen Stewart, St George			
Name	Age	Centre	Final
1 Chloe McCormack		Sutherland	2:58.66
2 Abbie Pasnin		Revesby Workers	3:11.78
3 Malia Warnes		Sutherland	3:21.93
4 Grace Wright		St George	3:28.51
5 Jenna Schneider		Bundeena-Maianbar	3:37.26
6 Rhianna Lacey		Bundeena-Maianbar	3:41.05

Girls U 10 - 800 Metre Run

Zone: Z 2:33.82 14/12/2014 Imogen Stewart, Illawong			
Name	Age	Centre	Final
1 Keira Toohey		Sutherland	2:40.54
2 Sienna Latanis		St George	2:55.89
3 Haylee Hanley		Sutherland	3:01.88
4 Matilda Kane		Sutherland	3:04.24
5 Scarlett McGraw		Revesby Workers	3:05.83
6 Avrie Jackins		Bundeena-Maianbar	3:06.94
7 Eliza Smith		Port Hacking	3:10.00
8 Tara Hannah-Campbell		Sutherland	3:14.01
9 Kalani Anderson		Port Hacking	3:22.42
10 Teagan Finlay		Port Hacking	3:24.28
11 Havana Rayner		St George	3:27.07

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 11 - 800 Metre Run**

Zone: Z 2:28.37 13/12/2015 Imogen Stewart, Illawong			
Name	Age	Centre	Final
1 Mathilda Delfs		Sutherland	2:37.72
2 Brooke Carson		Illawong	2:43.16
3 Rosalee Floyd-Kerr		Helensburgh	2:48.34
4 Annaliese Stackpool		Port Hacking	2:49.07
5 Amelia Oehlman		Revesby Workers	3:05.07
6 Rayyan Harakeh		St George	3:07.63
7 Latifa Harakeh		St George	3:10.75
8 Lily Jenkins		Port Hacking	3:20.04
9 Lola Hankinson		Bundeena-Maianbar	3:37.31

Section 2

1 Caragh Finlay		Port Hacking	2:48.88
2 Matilda Richards		Revesby Workers	2:52.65
3 Ryleigh Delacour-Batch		Revesby Workers	3:00.88
4 Amity Gibbs		Bundeena-Maianbar	3:01.29
5 Evelyn Cusack		Sutherland	3:01.46
6 Anneka Oehlman		Revesby Workers	3:05.01
7 Aurelia Grasso		Port Hacking	3:20.73
8 Jami Maroney		Sutherland	3:59.14

Girls U 12 - 800 Metre Run

Zone: Z 2:22.84 11/12/2016 Imogen Stewart, Illawong			
Name	Age	Centre	Final
1 Ivy Boothroyd		Sutherland	2:29.14
2 Sienna Alderson		Sutherland	2:44.25
3 Tali Fowler		Bundeena-Maianbar	2:46.48
4 Alana Kozul		Sutherland	2:49.85
5 Ciara Cassilles		Revesby Workers	2:54.96
6 Summer Anderson		Port Hacking	2:58.16
7 Maria Tsavalias		Illawong	2:58.95
8 Kayleigh O'Donoghue		Port Hacking	3:01.65
9 Mia Fogarty		Sutherland	3:02.06
10 Sofia Cutro		Helensburgh	3:04.70
11 Hanna Allred		Helensburgh	3:05.56
12 Michaela James		Illawong	3:19.00

Girls U 13 - 800 Metre Run

Zone: Z 2:16.63 17/12/2017 Imogen Stewart, Illawong			
Name	Age	Centre	Final
1 Ava Lavender		Helensburgh	2:33.86
2 Bella Cooper		Sutherland	2:38.11
3 Olivia Robinson		Sutherland	2:43.72
4 Keira Bauer		Port Hacking	2:45.11
5 Nicole Bowers		Sutherland	2:47.16
6 Chynna Hardy		Helensburgh	2:55.39
7 Georgie Latanis		St George	3:00.28
8 Tayte Headley		Port Hacking	3:08.69

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 14 - 800 Metre Run**

Zone: Z 2:23.99 17/12/2017 Ava Honore, Port Hacking			
Name	Age	Centre	Final
1 Mia Toohey		Sutherland	2:23.26Z
2 Lucy Alexander		Sutherland	2:24.52
3 Aiesha Stevill		Bundeena-Maianbar	2:36.65
4 Eloise Carey		St George	2:38.20
5 Stephanie Mishkarudnaya		Port Hacking	2:39.57
6 Sia Pizzardi		St George	2:42.69
7 Lili MacPherson		St George	2:47.99

Girls U 15 - 800 Metre Run

Zone: Z 2:20.30 17/12/2017 Lauren Carey, St George			
Name	Age	Centre	Final
1 Ava Honore		Port Hacking	2:21.55
2 Eve Gardner		Sutherland	2:28.99
3 Eden Sigal		Bundeena-Maianbar	2:34.58
4 Lili Brandt		Port Hacking	2:43.92
5 Annabelle Harrington		Port Hacking	2:45.48
6 Ruby Shaw		Sutherland	2:47.21
7 Killari Artadi		Port Hacking	2:49.48

Girls U 17 - 800 Metre Run

Zone: Z 2:12.76 11/12/2016 Emily Schneider, Sutherland			
Name	Age	Centre	Final
1 Lauren Carey		St George	2:24.45
2 Taylor Porter		Port Hacking	2:28.82
3 Indie Seccombe		Sutherland	2:30.35
4 Eve Way		Helensburgh	2:34.70
5 Jessica Bennett		Sutherland	2:36.73
6 Miri Maroney		Sutherland	2:41.87
7 Emily MacPherson		St George	2:42.03

Girls U 11 - 1500 Metre Run

Zone: Z 4:49.47 12/12/2015 Imogen Stewart, Illawong			
Name	Age	Centre	Final
1 Brooke Carson		Illawong	5:19.61
2 Mathilda Delfs		Sutherland	5:24.29
3 Matilda Richards		Revesby Workers	5:37.30
4 Annaliese Stackpool		Port Hacking	5:48.46
5 Evelyn Cusack		Sutherland	6:10.19
6 Connie Treanor		Sutherland	6:32.59
7 Lola Hankinson		Bundeena-Maianbar	6:45.53

Girls U 12 - 1500 Metre Run

Zone: Z 4:46.45 10/12/2016 Imogen Stewart, Illawong			
Name	Age	Centre	Final
1 Ivy Boothroyd		Sutherland	4:55.90
2 Sienna Alderson		Sutherland	5:31.23
3 Ciara Cassilles		Revesby Workers	5:34.12
4 Summer Anderson		Port Hacking	5:58.44

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 12 - 1500 Metre Run**

5	Mia Fogarty	Sutherland	6:03.78
6	Kayleigh O'Donoghue	Port Hacking	6:06.65
7	Sofia Cutro	Helensburgh	6:15.15
8	Michaela James	Illawong	6:38.15
9	Anna-Kay Winston	Bundeena-Maianbar	6:43.10
10	Bianca Clayton	Port Hacking	7:06.22

Girls U 13 - 1500 Metre Run

Zone: Z 4:37.35 16/12/2017 Imogen Stewart, Illawong

Name	Age Centre	Final
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1	Bella Cooper	Sutherland	5:15.49
2	Ava Lavender	Helensburgh	5:16.13
3	Olivia Robinson	Sutherland	5:22.22
4	Keira Bauer	Port Hacking	5:22.90
5	Nicole Bowers	Sutherland	5:25.85

Girls U 14 - 1500 Metre Run

Zone: Z 4:52.18 13/12/2014 Emily Schneider, Sutherland

Name	Age Centre	Final
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1	Lucy Alexander	Sutherland	4:53.47
2	Mia Toohey	Sutherland	4:59.54
3	Eloise Carey	St George	5:20.01
4	Sia Pizzardi	St George	5:26.41
5	Stephanie Mishkarudnaya	Port Hacking	5:30.79
6	Aiesha Stevill	Bundeena-Maianbar	5:34.49

Girls U 15 - 1500 Metre Run

Zone: Z 4:38.36 12/12/2015 Emily Schneider, Sutherland

Name	Age Centre	Final
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1	Ava Honore	Port Hacking	5:14.75
2	Eden Sigal	Bundeena-Maianbar	5:19.61
3	Annabelle Harrington	Port Hacking	5:49.63
4	Ruby Shaw	Sutherland	5:50.90

Girls U 17 - 1500 Metre Run

Zone: Z 4:45.59 16/12/2017 Emily Schneider, Sutherland

Name	Age Centre	Final
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1	Lauren Carey	St George	4:37.60Z
2	Indie Seccombe	Sutherland	5:03.05
3	Emma Blanch	Port Hacking	5:21.49
4	Tayla Schneider	Bundeena-Maianbar	5:28.19
5	Jessica Bennett	Sutherland	5:34.38

Girls U 13 - 3000 Metre Run

Zone: Z 9:57.40 15/12/2017 Imogen Stewart, Illawong

Name	Age Centre	Final
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1	Ava Lavender	Helensburgh	11:11.80
2	Keira Bauer	Port Hacking	11:38.98
3	Nicole Bowers	Sutherland	11:42.45

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 13 - 3000 Metre Run**

4 Tayte Headley	Port Hacking	13:02.78
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Girls U 14 - 3000 Metre Run

Zone: Z 10:15.18 12/12/2014 Emily Schneider, Sutherlan		
Name	Age Centre	Final
1 Eloise Carey	St George	11:18.36
2 Stephanie Mishkarudnaya	Port Hacking	11:39.99
3 Aiesha Stevill	Bundeena-Maianbar	11:49.48
4 Amelia Kirby	St George	13:16.15

Girls U 17 - 3000 Metre Run

Zone: Z 10:07.27 12/12/2014 Jessica Guo, Sutherland		
Name	Age Centre	Final
1 Lauren Carey	St George	11:00.66
2 Indie Seccombe	Sutherland	11:01.18
3 Emma Blanch	Port Hacking	11:19.71
4 Tayla Schneider	Bundeena-Maianbar	12:01.36
5 Erin Lough	Helensburgh	13:20.05

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.21 12/12/2015 Tammin Lampret, Port Hacking		
Name	Age Centre	Heats
Heat 1 Heats		
1 Alexia Mathison	Port Hacking	12.70Q
2 Sophie Howson	Sutherland	12.99Q
3 Sadie Rayment	Sutherland	13.10Q
4 Khloe Hunter	Revesby Workers	13.17q
5 Sophie Aungle	Illawong	13.50q
6 Lara Tsavalias	Illawong	13.82
Heat 2 Heats		
1 Layla Peterson	Sutherland	12.65Q
2 Georgia Laverance	Port Hacking	12.82Q
3 Imogen McLean	Port Hacking	12.84Q
4 Brooke Cross	Illawong	13.78
5 Frances Gorman	Sutherland	14.45
6 Anna Poortvliet	St George	14.54

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.21 12/12/2015 Tammin Lampret, Port Hacking		
Name	Age Centre	Final
Section 1 Final		
1 Imogen McLean	Port Hacking	12.14
2 Alexia Mathison	Port Hacking	12.16
3 Layla Peterson	Sutherland	12.33
4 Sophie Howson	Sutherland	12.61
5 Khloe Hunter	Revesby Workers	12.73
6 Georgia Laverance	Port Hacking	13.00
7 Sadie Rayment	Sutherland	13.05
8 Sophie Aungle	Illawong	13.57

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.38 10/12/2016 Tammin Lampret, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Allegra Little		Port Hacking	10.87Q
2 Miricah Murdoch		Illawong	11.73Q
3 Abby Weinstein		Sutherland	12.42Q
4 Juliet Allsopp Lander		Bundeena-Maianbar	13.23
5 Ivy Sutton		St George	13.65
6 Isabella Facchin		Port Hacking	14.45
7 Emma Morgan		Revesby Workers	15.48
Heat 2 Heats			
1 Jade Strahl		Port Hacking	10.91Q
2 Madison Cornish		Sutherland	11.68Q
3 Maya Bower		Illawong	12.03Q
4 Malia Warnes		Sutherland	12.95q
5 Alexis James		Illawong	13.17q

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.38 10/12/2016 Tammin Lampret, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Jade Strahl		Port Hacking	11.16
2 Allegra Little		Port Hacking	11.20
3 Miricah Murdoch		Illawong	11.73
4 Maya Bower		Illawong	11.90
5 Madison Cornish		Sutherland	12.18
6 Malia Warnes		Sutherland	12.67
7 Abby Weinstein		Sutherland	12.69
8 Alexis James		Illawong	13.83

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.30 16/12/2017 Tammin Lampret, Port Hacking			
Name	Age	Centre	Final
Section 1			
1 Molly Rayment		Sutherland	11.63
2 Kayla Babington		Port Hacking	11.88
3 Harmony-Jade Taylor		Helensburgh	12.20
4 Keira Macarthur		Sutherland	12.63
5 Haylee Hanley		Sutherland	12.79
6 Alarna Penfold		Port Hacking	12.84
7 Hadlee James		Illawong	13.24
8 Mia Liu		St George	13.73
9 Ocean Bradley		Sutherland	14.00
10 Kalani Anderson		Port Hacking	14.43

Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 10.10 30/01/2010 S. Moss, Revesby Workers			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tammin Lampret		Port Hacking	Z 9.85Q
2 Jade Pawson		Sutherland	11.07Q
3 Evie Gorman		Sutherland	11.63Q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 11 - 60 Metre Hurdles (60cm)**

4	Eve Buman	Bundeena-Maianbar	11.68q
5	Jessica Basanovic	Port Hacking	12.36q
6	Annaliese Stackpool	Port Hacking	12.62
7	Vitorian Tavita	Revesby Workers	13.45
8	Kiarna Franklin	Illawong	13.83
9	Holly Barr	Sutherland	13.89

Heat 2 Heats

1	Matilda Fanning	Sutherland	10.50Q
2	Amity Gibbs	Bundeena-Maianbar	11.35Q
3	Katie See	Port Hacking	11.67Q
4	Charlize Peterson	Sutherland	12.71
5	Aurelia Grasso	Port Hacking	13.17
6	Kitty Pearce	Bundeena-Maianbar	13.17
7	Olive Kirby	St George	13.28
8	Gisele Williams	Illawong	13.68

Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 10.10 30/01/2010 S. Moss, Revesby Workers

Name	Age	Centre	Final
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Section 1 Final

1	Tammin Lampret	Port Hacking	9.88Z
2	Matilda Fanning	Sutherland	10.35
3	Jade Pawson	Sutherland	10.56
4	Amity Gibbs	Bundeena-Maianbar	11.24
5	Eve Buman	Bundeena-Maianbar	11.47
6	Katie See	Port Hacking	11.53
7	Evie Gorman	Sutherland	11.55
8	Jessica Basanovic	Port Hacking	11.79

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 10.26 16/12/2017 Jasynta Lampret, Port Hacking

Name	Age	Centre	Final
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Section 1

1	Jordan Moore	Sutherland	10.00Z
2	Renee Penitani	Revesby Workers	10.13Z
3	Izobelle Louison-Roe	Port Hacking	10.14Z
4	Savannah Taylor	Helensburgh	10.28
5	Jordan O'Neill	Illawong	10.78
6	Gemma Hanley	Sutherland	12.15
7	Bene Baxter	Bundeena-Maianbar	12.43
8	Lily Warnes	Sutherland	13.07
9	Caitlin Newman	Illawong	13.44

Girls U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.23 13/12/2015 Lauren Hocking, Port Hacking

Name	Age	Centre	Final
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1	Jasynta Lampret	Port Hacking	13.45
2	Elizabeth Smithson	Sutherland	14.11
3	Jessica Little	Port Hacking	14.20
4	Chynna Hardy	Helensburgh	14.44
5	Isabella Sest	Illawong	14.88
6	Ava-Rose Hardy	Helensburgh	18.88

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 14 - 80 Metre Hurdles (76cm)**

Zone: Z 12.62 17/12/2017 Andrea Marshall, St George			
Name	Age	Centre	Final
1 Jaimie Byrne		Sutherland	13.86
2 Estelle Grantham		Illawong	14.72
3 Laila Waters		Helensburgh	17.11
4 Aiesha Stevill		Bundeena-Maianbar	17.58
5 Kyla Gibson		Port Hacking	18.09
6 Caitlin James		Illawong	18.55

Girls U 15 - 90 Metre Hurdles (76cm)

Zone: Z 13.60 30/01/2011 B. Giffen, Illawong			
Name	Age	Centre	Final
1 Sanjana Anugu		Port Hacking	14.67
2 Georgia Stevens		Port Hacking	15.27
3 Eve Gardner		Sutherland	15.76
4 Felicity Ryan Sweeney		Sutherland	16.83

Girls U 17 - 100 Metre Hurdles (76cm)

Zone: Z 14.88 17/12/2017 Sophia Cibeil, St George			
Name	Age	Centre	Final
1 Lauren Hocking		Port Hacking	15.37
2 Andrea Marshall		St George	15.91
3 Chelsey-Rose Jackson		Helensburgh	16.40
4 Hayley Waters		Sutherland	16.54
5 Sarah Archer		Sutherland	18.47

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 29.07 12/12/2015 Lauren Hocking, Port Hacking			
Name	Age	Centre	Final
1 Isabella Sest		Illawong	31.20
2 Jacinta Laverance		Port Hacking	32.22
3 Jasynta Lampret		Port Hacking	32.40
4 Elizabeth Smithson		Sutherland	33.32
5 Georgie Latanis		St George	34.58
6 Kiana Naitaka		Illawong	35.13
7 Amelia Crocker		Port Hacking	49.85

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 29.10 31/01/2011 S. Geddes, Port Hacking			
Name	Age	Centre	Final
1 Jaimie Byrne		Sutherland	30.75
2 Estelle Grantham		Illawong	33.44
3 Stefania Guercio		Illawong	33.50
4 Holly Ramsey		Helensburgh	34.60
5 Aiesha Stevill		Bundeena-Maianbar	35.37
6 Caitlin James		Illawong	36.17

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 15 - 300 Metre Hurdles (76cm)**

Zone: Z 46.69 10/12/2016 Hayley Waters, Sutherland			
Name	Age	Centre	Final
1 Eve Gardner		Sutherland	46.91
2 Sanjana Anugu		Port Hacking	49.03
3 Miloshka Sharma		St George	50.07

Girls U 17 - 300 Metre Hurdles (76cm)

Zone: Z 46.20 16/12/2017 Hayley Waters, Sutherland			
Name	Age	Centre	Final
1 Hayley Waters		Sutherland	45.17Z
2 Elena Christian		Illawong	46.52
3 Andrea Marshall		St George	46.55
4 Eve Way		Helensburgh	50.30
5 Chelsey-Rose Jackson		Helensburgh	51.31
6 Sarah Archer		Sutherland	51.86

Girls U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 57.14 17/12/2017 Sutherland, Sutherland			
M Fanning, J Moore, J Pawson, S Arthur			
Centre			Final
1 Port Hacking			57.38
1) Allegra Little 9	2) Tammin Lampret 11		
3) Neve Jenkins 11	4) Ellie Mai Levi 10		
2 Sutherland			58.00
1) Chloe McCormack 9	2) Jordan Moore 12		
3) Jade Pawson 11	4) Keira Toohey 10		
3 Illawong			1:00.25
1) Casey Pendleton-Cherry 9	2) Amelie O'Neill 10		
3) Amy Brice 11	4) Jordan O'Neill 12		
4 St George			1:03.11
1) Violet Knight Ortiz 9	2) Grace Dummett 11		
3) Sienna Latanis 10	4) Abigail Wright 11		
5 Revesby Workers			1:03.56
1) Ryleigh Delacour-Batch 11	2) Scarlett McGraw 10		
3) Abbie Pasnin 9	4) Renee Penitani 12		
6 Bundeena-Maianbar			1:05.43
1) Avrie Jackins 10	2) Tali Fowler 12		
3) Amity Gibbs 11	4) Juliet Allsopp Lander 9		

Girls U 12-17 4x100 Metre Relay (Snr)

Zone: Z 50.31 17/12/2017 Sutherland, Sutherland			
S Randazzo, E Gardner, E Lee, K Sykes			
Centre			Final
1 Sutherland			50.75
1) Molly FitzPatrick 13	2) Jessica Vandermaal 17		
3) Jessica Wardrobe 15	4) Emma Lee 14		
2 Illawong			52.49
1) Bella-Rose Franklin 13	2) Alexandra Rumjahn 14		
3) Amy Watson 14	4) Elena Christian 17		
3 Port Hacking			52.88
1) Jacinta Laverance 13	2) Sanjana Anugu 15		
3) Jessica Little 13	4) Lauren Hocking 17		

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 12-17 4x100 Metre Relay (Snr)**

4 Helensburgh		55.07
1) Laila Waters 14	2) Eve Way 17	
3) Polly McEvoy 13	4) Sabina Rogers 15	
5 St George		57.22
1) Aleisha Foundotos 14	2) Miloshka Sharma 15	
3) Georgie Latanis 13	4) Emily MacPherson 17	

Girls U 9 - High Jump (S/H 0.80m)

Zone: Z 1.38m 4/02/2012 Tomysha Clark, Port Hacking			
Name	Age	Centre	Final
Flight 1			
1 Scarlett Sams		Port Hacking	1.08m
2 Jade Strahl		Port Hacking	0.98m
3 Violet Knight Ortiz		St George	0.98m
4 Malia Warnes		Sutherland	0.94m
5 Sienna Bender		Revesby Workers	0.80m
6 Gemma Hamilton		Sutherland	0.80m
7 Rhianna Lacey		Bundeena-Maianbar	0.80m

Girls U 10 - High Jump (S/H 0.90m)

Zone: Z 1.40m 9/12/2012 Tomysha Clark, Port Hacking			
Name	Age	Centre	Final
1 Mariah Photi		Illawong	1.16m
2 Kayla Babington		Port Hacking	1.14m
3 Haylee Hanley		Sutherland	1.12m
4 Eliza Smith		Port Hacking	1.12m
5 Lucy Arndell		Port Hacking	1.00m
6 Tess Dooley		Sutherland	0.95m
7 Matilda Kane		Sutherland	0.95m
8 Lauren McNally		Sutherland	0.90m
-- Hannah Dowd		Bundeena-Maianbar	NH

Girls U 11 - High Jump (S/H 1.00m)

Zone: Z 1.45m 30/01/2010 B. Salzman, Illawong			
Name	Age	Centre	Final
1 Amy Brice		Illawong	1.45mZ
2 Grace Dummett		St George	1.20m
3 Abigail Wright		St George	1.18m
4 Annaliese Stackpool		Port Hacking	1.12m
5 Nova Batman		Sutherland	1.12m
6 Latifa Harakeh		St George	1.00m
-- Olive Kirby		St George	NH

Girls U 12 - High Jump (S/H 1.10m)

Zone: Z 1.61m 14/12/2014 Tomysha Clark, Port Hacking			
Name	Age	Centre	Final
1 Izobelle Louison-Roe		Port Hacking	1.45m
2 Jordan O'Neill		Illawong	1.38m
3 Lily Warnes		Sutherland	1.28m
4 Gemma Hanley		Sutherland	1.26m
5 Amelie Pyne		Sutherland	1.26m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 12 - High Jump (S/H 1.10m)**

6	Summer Hannah-Campbell	Sutherland	1.20m
7	Savannah Taylor	Helensburgh	1.10m
7	Chloe Shephard	Port Hacking	1.10m
7	Charlise Pahina	Port Hacking	1.10m

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.61m 12/12/2015 Tomysa Clark, Port Hacking

Name	Age Centre	Final
1	Kate Argall	Helensburgh 1.50m
2	Tahlia Robertson	Helensburgh 1.43m
3	Ava Lavender	Helensburgh 1.41m
4	Keira Bauer	Port Hacking 1.35m
4	Jasynta Lampret	Port Hacking 1.35m
6	Molly FitzPatrick	Sutherland 1.30m
7	Chynna Hardy	Helensburgh 1.30m
8	Micheala Neilson	Helensburgh 1.25m

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.72m 11/12/2016 Tomysa Clark, Port Hacking

Name	Age Centre	Final
1	Sophie Paice	Illawong 1.56m
2	Karina Bell	Illawong 1.56m
3	Holly Ramsey	Helensburgh 1.56m
4	Charlie Hallam	Sutherland 1.48m
5	Alana Pokorny	Sutherland 1.44m
6	Kyla Gibson	Port Hacking 1.30m

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.70m 29/01/2011 T. Anderson, Sutherland

Name	Age Centre	Final
1	Brianna Whitney	Revesby Workers 1.62m
2	Caitlin Saville	Sutherland 1.58m
3	Mackenzie O'Riordan	Sutherland 1.52m
4	Lili Brandt	Port Hacking 1.46m
5	Sarah Argall	Helensburgh 1.44m
6	Olivia Ensor	Sutherland 1.40m
7	Asma Fofanah	St George 1.35m

Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.66m 9/12/2012 Toni Anderson, Sutherland

Name	Age Centre	Final
1	Eva Kostopoulos	Port Hacking 1.67mZ
2	Phoebe Madsen	Sutherland 1.46m

Girls U 7 - Long Jump

Zone: Z 3.44m 1976 N. Larkin, Sutherland

Name	Age Centre	Final
1	Ella Plummer	Sutherland 2.61m
2	Maggie Treanor	Sutherland 2.35m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****...Girls U 7 - Long Jump**

3	Skeeter Reddy	Sutherland	2.34m
4	Imogen Kirby	St George	2.23m
5	Jessinta McAnally	Illawong	2.21m
6	Abigail Russell	Port Hacking	2.03m
7	Vienna Knight Ortiz	St George	1.98m
8	Natalie Biskalis	Revesby Workers	1.80m
9	Aaliyah Skuse	Sutherland	1.77m
10	Zoe Zantiotis	Port Hacking	1.05m

Girls U 8 - Long Jump

=====			
Zone: Z 3.65m 1981		K. Liprini, Port Hacking	
Name	Age	Centre	Final
=====			
1	Layla Peterson	Sutherland	3.23m
2	Alexia Mathison	Port Hacking	3.15m
3	Sadie Rayment	Sutherland	3.03m
4	Sophie Howson	Sutherland	2.98m
5	Khloe Hunter	Revesby Workers	2.95m
6	Brooke Cross	Illawong	2.82m
7	Imogen McLean	Port Hacking	2.80m
8	Anna Poortvliet	St George	2.52m
9	Bronte Whitbread	Sutherland	2.51m
10	Lily Madsen	Sutherland	2.43m
11	Zara Chahoud	Port Hacking	2.38m
12	Lara Tsavalias	Illawong	2.28m
13	Kenzie Delacour-Batch	Revesby Workers	2.14m
13	Eavie Salter	Port Hacking	2.14m
15	Victoria Siqueira	Illawong	2.04m
16	Ruby McGraw	Revesby Workers	1.66m

Girls U 9 - Long Jump

=====			
Zone: Z 4.14m 1975		F. McConnell, Sutherland	
Name	Age	Centre	Final
=====			
1	Casey Pendleton-Cherry	Illawong	4.00m
2	Allegra Little	Port Hacking	3.59m
3	Miricah Murdoch	Illawong	3.44m
4	Scarlett Sams	Port Hacking	3.42m
5	Madison Cornish	Sutherland	3.25m
6	Emily Ball	Port Hacking	3.23m
7	Abby Weinstein	Sutherland	3.04m
8	Malia Warnes	Sutherland	2.99m
9	Jasmine Kaushal	Illawong	2.79m
10	Lowami Carati	St George	2.75m
11	Grace Wright	St George	2.59m
12	Isabella Facchin	Port Hacking	2.42m
13	Gemma Hamilton	Sutherland	2.42m
14	Ivy Sutton	St George	2.38m
15	Emma Morgan	Revesby Workers	1.77m

Girls U 10 - Long Jump

=====			
Zone: Z 4.39m 13/12/2014		Emma Lee, Sutherland	
Name	Age	Centre	Final
=====			
1	Maddison Druery	Port Hacking	3.77m
2	Mariah Photi	Illawong	3.73m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 10 - Long Jump**

3	Haylee Hanley	Sutherland	3.54m
4	Rhianna Karika	Helensburgh	3.45m
5	Tess Dooley	Sutherland	3.41m
6	Shiloh Macfarlane-Anning	Sutherland	3.37m
7	Amelie O'Neill	Illawong	3.27m
8	Amabel Garvin	Port Hacking	3.27m
9	Lauren McNally	Sutherland	3.10m
10	Kalani Anderson	Port Hacking	3.08m
10	Havana Rayner	St George	3.08m
12	Amelia Lukunic	Revesby Workers	3.03m
13	Lucy Arndell	Port Hacking	2.90m
14	Livia Copelin	Sutherland	2.39m

Girls U 11 - Long Jump

=====
 Zone: Z 4.54m 17/12/2017 Izobelle Louison-Roe, Port Ha

Name	Age	Centre	Final
1	Tammin Lampret	Port Hacking	4.12m
2	Caragh Finlay	Port Hacking	3.98m
3	Amber Tubbs	Port Hacking	3.90m
4	Nova Batman	Sutherland	3.78m
5	Matilda Fanning	Sutherland	3.74m
6	Charlize Peterson	Sutherland	3.71m
7	Neve Jenkins	Port Hacking	3.67m
8	Keasi Diloi	St George	3.67m
9	Niamh Mackenzie	Revesby Workers	3.61m
10	Ryleigh Delacour-Batch	Revesby Workers	3.46m
11	Isabella Reid	Sutherland	3.42m
12	Katie See	Port Hacking	3.38m
13	Vitorian Tavita	Revesby Workers	3.12m
14	Latifa Harakeh	St George	3.10m
15	Anneka Oehlman	Revesby Workers	3.09m
16	Olive Kirby	St George	3.04m
17	Amelia Oehlman	Revesby Workers	2.91m
18	Rayyan Harakeh	St George	2.89m
19	Martina Murray	Bundeena-Maianbar	2.34m
20	Holly Barr	Sutherland	2.32m

Girls U 12 - Long Jump

=====
 Zone: Z 5.01m 31/01/2004 L. Turner, Port Hacking

Name	Age	Centre	Final
1	Izobelle Louison-Roe	Port Hacking	4.60m
2	Renee Penitani	Revesby Workers	4.27m
3	Tali Fowler	Bundeena-Maianbar	4.15m
4	Chloe Shephard	Port Hacking	4.02m
5	Sofia Cutro	Helensburgh	3.89m
6	Amelie Pyne	Sutherland	3.75m
7	Gemma Hanley	Sutherland	3.75m
8	Alana Kozul	Sutherland	3.59m
9	Lily Warnes	Sutherland	3.49m
10	Summer Anderson	Port Hacking	3.43m
11	Caitlyn Whitbread	Sutherland	3.22m
12	Jessica Shearer	Port Hacking	3.05m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 13 - Long Jump**

Zone: Z 5.25m 2/02/2003 J. Doyle, Port Hacking			
Name	Age	Centre	Final
1 Jasynta Lampret		Port Hacking	4.52m
2 Kate Argall		Helensburgh	4.32m
3 Molly FitzPatrick		Sutherland	4.26m
4 Polly McEvoy		Helensburgh	4.25m
5 Olivia Delaney		Port Hacking	4.12m
6 Sofia Banda		Helensburgh	4.03m
7 Kiana Naitaka		Illawong	3.99m
8 Elizabeth Smithson		Sutherland	3.98m
9 Ava-Rose Hardy		Helensburgh	3.91m
10 Chynna Hardy		Helensburgh	3.84m
11 Jacinta Laverance		Port Hacking	3.82m
12 Rachel Elton		Sutherland	3.58m
13 Tahlia Robertson		Helensburgh	3.56m
14 Kaya Ozolins		Sutherland	3.35m
15 Taylor Nangle		Revesby Workers	3.26m
16 Bridget Morgan		Revesby Workers	3.21m
17 Micheala Neilson		Helensburgh	3.11m
18 Clara Louw		Bundeena-Maianbar	2.90m

Girls U 14 - Long Jump

Zone: Z 5.27m 7/02/1987 K. Liprini, Port Hacking			
Name	Age	Centre	Final
1 Charlie Hallam		Sutherland	4.90m
2 Emma Lee		Sutherland	4.69m
3 Elizabeth Wastie		Revesby Workers	4.09m
4 Aiesha Stevill		Bundeena-Maianbar	4.09m
5 Alana Pokorny		Sutherland	4.03m
6 Holly Ramsey		Helensburgh	3.93m
7 Stefania Guercio		Illawong	3.86m
8 Kyla Gibson		Port Hacking	3.85m
9 Laila Waters		Helensburgh	3.75m
10 Stephanie Faulkner		Illawong	3.74m
11 Eleni Lambousis		Port Hacking	3.54m

Girls U 15 - Long Jump

Zone: Z 5.46m 9/12/2012 Tay-Leiha Clark, Port Hacking			
Name	Age	Centre	Final
1 Eve Gardner		Sutherland	4.87m
2 Sabina Rogers		Helensburgh	4.64m
3 Caitlin Saville		Sutherland	4.55m
4 Jessica Vaughan		Port Hacking	4.28m
5 Ella Ashton		Revesby Workers	4.25m
6 Brianna Whitney		Revesby Workers	4.20m
7 Emma McNally		Sutherland	4.00m
8 Asma Fofanah		St George	3.86m
9 Olivia Ensor		Sutherland	3.68m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 17 - Long Jump**

Zone: Z 5.21m 17/12/2017 Sophia Cibeil, St George			
Name	Age	Centre	Final
1 Jessica Vandermaal		Sutherland	4.51m
2 Phoebe Madsen		Sutherland	3.57m
3 Grace Bull		Sutherland	2.23m

Girls U 11 - Triple Jump

Zone: Z 9.65m 16/12/2017 Izobelle Louison-Roe, Port Ha			
Name	Age	Centre	Final
1 Niamh Mackenzie		Revesby Workers	8.77m
2 Caragh Finlay		Port Hacking	8.75m
3 Amy Brice		Illawong	8.46m
4 Matilda Fanning		Sutherland	8.45m
5 Amber Tubbs		Port Hacking	8.36m
6 Nova Batman		Sutherland	7.91m
7 Katie See		Port Hacking	7.79m
8 Gisele Williams		Illawong	7.43m
9 Mathilda Delfs		Sutherland	7.07m
10 Grace Dummett		St George	6.79m
11 Mackenzie Potts		Port Hacking	6.67m
12 Angela Wastie		Revesby Workers	6.01m

Girls U 12 - Triple Jump

Zone: Z 10.10m 6/02/1994 B. Sanders, Sutherland			
Name	Age	Centre	Final
1 Izobelle Louison-Roe		Port Hacking	10.48mZ
2 Jordan Moore		Sutherland	9.13m
3 Renee Penitani		Revesby Workers	9.08m
4 Gemma Hanley		Sutherland	8.62m
5 Summer Hannah-Campbell		Sutherland	8.42m
6 Lily Warnes		Sutherland	8.25m
7 Maria Tsavalias		Illawong	8.07m
8 Caitlyn Whitbread		Sutherland	6.71m
9 Charlise Pahina		Port Hacking	6.68m

Girls U 13 - Triple Jump

Zone: Z 10.99m 31/01/2004 K. Bannister, Illawong			
Name	Age	Centre	Final
1 Jasynta Lampret		Port Hacking	9.55m
2 Kate Argall		Helensburgh	9.44m
3 Isabella Sest		Illawong	9.36m
4 Elizabeth Smithson		Sutherland	9.06m
5 Olivia Delaney		Port Hacking	8.89m
6 Jessica Little		Port Hacking	8.88m
7 Rachel Elton		Sutherland	7.89m
8 Haylee McNally		Sutherland	7.42m
9 Bridget Morgan		Revesby Workers	6.75m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 14 - Triple Jump**

Zone: Z 11.20m 30/01/2005 K. Bannister, Illawong

Name	Age Centre	Final
1 Charlie Hallam	Sutherland	10.52m
2 Amy Watson	Illawong	9.91m
3 Sophie Paice	Illawong	9.33m
4 Elizabeth Wastie	Revesby Workers	9.24m
5 Stephanie Faulkner	Illawong	8.94m
6 Alana Pokorny	Sutherland	8.25m

Girls U 15 - Triple Jump

Zone: Z 11.72m 29/01/2006 K. Bannister, Illawong

Name	Age Centre	Final
1 Caitlin Saville	Sutherland	9.93m
2 Brianna Whitney	Revesby Workers	9.20m
3 Lili Brandt	Port Hacking	8.72m
4 Ella Ashton	Revesby Workers	8.53m
5 Emma McNally	Sutherland	8.43m

Girls U 17 - Triple Jump

Zone: Z 11.23m 12/12/2015 Sarah Ding, Port Hacking

Name	Age Centre	Final
1 Eva Kostopoulos	Port Hacking	9.96m
2 Phoebe Madsen	Sutherland	9.02m

Girls U 7 - Shot Put (1.0 Kg)

Zone: Z 6.44m 7/02/1978 J. Spiteri, Port Hacking

Name	Age Centre	Final
1 Abigail Russell	Port Hacking	5.34m
2 Aaliyah Skuse	Sutherland	3.69m
3 Jessinta McAnally	Illawong	3.62m
4 Vienna Knight Ortiz	St George	3.43m
5 Charlotte Halaska	Sutherland	3.23m
6 Maple Reddy	Sutherland	3.11m
7 Lola Rayment	Sutherland	2.93m
8 Zoe Zantiotis	Port Hacking	1.95m
9 Caitlin Wilcock	Illawong	1.72m

Girls U 8 - Shot Put (1.5 Kg)

Zone: Z 7.09m 4/02/2007 G. Robinson, St George

Zone: Z 7.09m 11/12/2016 Keira Toohey, Sutherland

Name	Age Centre	Final
1 Khloe Hunter	Revesby Workers	5.14m
2 Anna Carroll	Sutherland	4.22m
3 Sophie Aungle	Illawong	3.87m
4 Bronte Whitbread	Sutherland	3.86m
5 Lily Madsen	Sutherland	3.83m
6 Eavie Salter	Port Hacking	3.65m
7 Zara Chahoud	Port Hacking	3.57m
8 Elodie Pyne	Sutherland	3.51m
9 Charli Whitbread	Sutherland	3.42m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 8 - Shot Put (1.5 Kg)**

10	Kenzie Delacour-Batch	Revesby Workers	3.23m
11	Ella Landy	Port Hacking	3.09m
12	Ruby McGraw	Revesby Workers	2.77m
13	Audrey Grygiel	St George	2.45m

Girls U 9 - Shot Put (2.0 Kg)

=====			
Zone: Z 9.06m 1/02/2003 A. Iosefo, St George			
Name	Age	Centre	Final
=====			
1	Lowami Carati	St George	5.71m
2	Ella Van Der Meer	Illawong	4.90m
3	Jasmine Kaushal	Illawong	4.72m
4	Reghan Olney	Illawong	4.53m
5	Gemma Hamilton	Sutherland	4.24m
6	Alexis James	Illawong	4.03m

Girls U 10 - Shot Put (2.0 Kg)

=====			
Zone: Z 11.03m 1/02/2009 G. Robinson, St George			
Name	Age	Centre	Final
=====			
1	Keira Toohey	Sutherland	8.47m
2	Sienna Latanis	St George	7.90m
3	Lauren McNally	Sutherland	5.72m
4	Amelia Lukunic	Revesby Workers	5.31m
5	Kayla Babington	Port Hacking	5.14m
6	Livia Copelin	Sutherland	4.88m
7	Mariam Harakeh	St George	4.82m
8	Aliyah Extrem	Sutherland	4.52m

Girls U 11 - Shot Put (2.0 Kg)

=====			
Zone: Z 13.14m 30/01/2010 G. Robinson, St George			
Name	Age	Centre	Final
=====			
1	Paige Bauer	Port Hacking	7.39m
2	Kwanita Olney	Illawong	6.99m
3	Heidi Ryan Sweeney	Sutherland	6.70m
4	Kiarna Franklin	Illawong	5.46m
5	Jami Maroney	Sutherland	4.97m
6	Lily Jenkins	Port Hacking	4.83m
7	Gisele Williams	Illawong	4.78m
8	Victoria Lambousis	Port Hacking	4.60m

Girls U 12 - Shot Put (2.0 Kg)

=====			
Zone: Z 15.08m 30/01/2011 G. Robinson, St George			
Name	Age	Centre	Final
=====			
1	Jasmine Franich	St George	10.58m
2	Brooke Hunter	Revesby Workers	10.42m
3	Brooke Williams	Illawong	8.58m
4	Caitlin Pahina	Port Hacking	7.22m
5	Kayla Barton	Illawong	7.06m
6	Bianca Clayton	Port Hacking	6.52m
7	Jessica Shearer	Port Hacking	5.57m
8	Sally Archer	Sutherland	5.48m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 13 - Shot Put (3.0 Kg)**

Zone: Z 14.21m 4/02/2012 Grace Robinson, St George			
Name	Age	Centre	Final
1 Audree Impey		Port Hacking	10.78m
2 Georgie Latanis		St George	8.57m
3 Phoebe Ryan Sweeney		Sutherland	8.13m
4 Nanditha Hariharan		Port Hacking	7.76m
5 Tali Baltineshter		Port Hacking	7.33m
6 Rachel Elton		Sutherland	7.17m
7 Kiana Naitaka		Illawong	7.15m
8 Haylee McNally		Sutherland	6.90m
9 Chloe Burne		Port Hacking	6.39m
10 Bridget Morgan		Revesby Workers	6.11m
11 Ella Batman		Sutherland	6.10m
12 Natasha Lord		Sutherland	5.97m
13 Maddison Bowden		Helensburgh	5.57m
14 Micheala Neilson		Helensburgh	5.17m
15 Amelia Crocker		Port Hacking	4.00m

Girls U 14 - Shot Put (3.0 Kg)

Zone: Z 14.98m 8/12/2012 Grace Robinson, St George			
Name	Age	Centre	Final
1 Joy Levy		Port Hacking	11.96m
2 Alia Levi		Port Hacking	11.71m
3 Karina Bell		Illawong	11.26m
4 Holly Ramsey		Helensburgh	8.72m
5 Grace McManus		Sutherland	8.47m
6 Eleni Lambousis		Port Hacking	8.41m
7 Kyla Gibson		Port Hacking	8.17m
8 Stephanie Faulkner		Illawong	8.16m
9 Caitlin James		Illawong	7.54m
10 Elizabeth Wastie		Revesby Workers	6.88m
11 Tyra Olney		Illawong	6.71m
12 Elyse Scandurra		Sutherland	5.29m

Girls U 15 - Shot Put (3.0 Kg)

Zone: Z 15.24m 15/12/2013 Grace Robinson, St George			
Name	Age	Centre	Final
1 Aurelia Banach		Helensburgh	12.37m
2 Felicity Ryan Sweeney		Sutherland	10.22m
3 Madeleine Chubb		St George	8.84m
4 Asma Fofanah		St George	7.95m
5 Jessica Vaughan		Port Hacking	7.53m
6 Caitlin Saville		Sutherland	6.12m

Girls U 17 - Shot Put (3.0 Kg)

Zone: Z 15.46m 13/12/2015 Grace Robinson, St George			
Name	Age	Centre	Final
1 Emma Blanch		Port Hacking	11.10m
2 Rebecca O'Dea		St George	8.53m
3 Samantha Archer		Sutherland	8.40m
4 Sarah Archer		Sutherland	8.29m
5 Phoebe Madsen		Sutherland	6.80m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 17 - Shot Put (3.0 Kg)**

6 Jasmine Awad	St George	6.25m
7 Grace Bull	Sutherland	5.05m

Girls U 7 - Discus (350 Gram)

Zone: Z 15.94m 10/12/2016 Sienna Latanis, St George

Name	Age Centre	Final
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1 Abigail Russell	Port Hacking	13.62m
2 Jessinta McAnally	Illawong	9.59m
3 Charlotte Halaska	Sutherland	7.74m
4 Vienna Knight Ortiz	St George	7.54m
5 Maple Reddy	Sutherland	5.81m
6 Caitlin Wilcock	Illawong	4.73m

Girls U 8 - Discus (500 Gram)

Zone: Z 19.89m 31/01/2009 A. Dimon, Port Hacking

Name	Age Centre	Final
------	------------	-------

1 Layla Peterson	Sutherland	12.19m
2 Amelia May	Sutherland	8.58m
3 Anna Carroll	Sutherland	8.57m
4 Bronte Whitbread	Sutherland	8.41m
5 Piper Brenton	Sutherland	8.30m
6 Ruby McGraw	Revesby Workers	5.78m
7 Audrey Grygiel	St George	5.36m

Girls U 9 - Discus (500 Gram)

Zone: Z 25.30m 14/12/2014 Georgie Latanis, St George

Name	Age Centre	Final
------	------------	-------

1 Madison Cornish	Sutherland	18.29m
2 Lowami Carati	St George	17.48m
3 Alexis James	Illawong	16.45m
4 Jasmine Kaushal	Illawong	12.41m
5 Reghan Olney	Illawong	11.41m
6 Violet Knight Ortiz	St George	10.10m
7 Ivy Sutton	St George	9.44m
8 Emma Morgan	Revesby Workers	7.70m
9 Gemma Hamilton	Sutherland	7.56m

Girls U 10 - Discus (500 Gram)

Zone: Z 33.56m 3/02/2007 M. Dimon, Sutherland

Name	Age Centre	Final
------	------------	-------

1 Sienna Latanis	St George	25.58m
2 Keira Toohey	Sutherland	25.04m
3 Lauren McNally	Sutherland	17.19m
4 Scarlett McGraw	Revesby Workers	14.24m
5 Tara Hannah-Campbell	Sutherland	13.58m
6 Mariam Harakeh	St George	12.59m
7 Livia Copelin	Sutherland	11.80m
8 Ocean Bradley	Sutherland	11.07m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 11 - Discus (500 Gram)**

Name	Age Centre	Final
1 Keasi Diloi	St George	24.98m
2 Kwanita Olney	Illawong	21.55m
3 Paige Bauer	Port Hacking	19.28m
4 Evelyn Cusack	Sutherland	17.71m
5 Heidi Ryan Sweeney	Sutherland	16.45m
6 Kiarna Franklin	Illawong	14.56m
7 Mackenzie Potts	Port Hacking	13.97m
8 Charlize Peterson	Sutherland	12.19m
9 Connie Treanor	Sutherland	12.13m
10 Jasmine Caccamo	St George	11.97m
11 Martina Murray	Bundeena-Maianbar	11.55m
12 LU LA Nicholls	Illawong	11.32m
13 Angela Wastie	Revesby Workers	11.19m
14 Lily Jenkins	Port Hacking	10.71m

Girls U 12 - Discus (750 Gram)

Zone: Z 43.60m 29/01/2011 G. Robinson, St George		
Name	Age Centre	Final
1 Jasmine Franich	St George	27.03m
2 Brooke Williams	Illawong	25.65m
3 Brooke Hunter	Revesby Workers	20.75m
4 Charlise Pahina	Port Hacking	17.24m
5 Kayla Barton	Illawong	16.67m
6 Mareta Carati	St George	15.32m
7 Caitlin Pahina	Port Hacking	14.31m
8 Sally Archer	Sutherland	12.70m
9 Jessica Shearer	Port Hacking	12.24m
10 Alana Kozul	Sutherland	11.74m
11 Bianca Clayton	Port Hacking	11.61m
12 Caitlyn Whitbread	Sutherland	9.97m

Girls U 13 - Discus (750 Gram)

Zone: Z 39.10m 3/02/2001 Z. Giampietro, St George		
Name	Age Centre	Final
1 Georgie Latanis	St George	33.46m
2 Audree Impey	Port Hacking	31.90m
3 Isabella Sest	Illawong	28.74m
4 Tali Baltineshter	Port Hacking	28.18m
5 Phoebe Ryan Sweeney	Sutherland	25.20m
6 Ella Batman	Sutherland	23.91m
7 Rachel Elton	Sutherland	23.78m
8 Kiana Naitaka	Illawong	22.28m
9 Hayley Blanch	Port Hacking	19.09m
10 Nanditha Hariharan	Port Hacking	18.30m
11 Jacinta Laverance	Port Hacking	17.94m
12 Bridget Morgan	Revesby Workers	17.66m
13 Haylee McNally	Sutherland	17.42m
14 Chloe Burne	Port Hacking	17.17m
15 Sofia Banda	Helensburgh	16.48m
16 Maddison Bowden	Helensburgh	14.69m
17 Kaya Ozolins	Sutherland	13.78m
18 Amelia Crocker	Port Hacking	11.29m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 14 - Discus (1.0 Kg)**

Zone: Z 39.78m 8/02/1995 F. Entwistle, Revesby Worker			
Name	Age	Centre	Final
1 Joy Levy		Port Hacking	32.69m
2 Karina Bell		Illawong	32.45m
3 Alia Levi		Port Hacking	26.54m
4 Grace McManus		Sutherland	21.73m
5 Caitlin James		Illawong	21.22m
6 Kyla Gibson		Port Hacking	19.53m
7 Tyra Olney		Illawong	18.02m
8 Eleni Lambousis		Port Hacking	16.92m
9 Ashleigh Barton		Illawong	16.79m
10 Ashleigh Waters		Sutherland	16.44m
11 Holly Ramsey		Helensburgh	15.74m

Girls U 15 - Discus (1.0 Kg)

Zone: Z 40.46m 3/02/1996 F. Entwistle, Revesby Worker			
Name	Age	Centre	Final
1 Aurelia Banach		Helensburgh	34.89m
2 Madeleine Chubb		St George	31.50m
3 Jessica Ward		Sutherland	28.49m
4 Felicity Ryan Sweeney		Sutherland	26.12m
5 Emma McNally		Sutherland	19.50m
6 Jessica Vaughan		Port Hacking	18.89m
7 Caitlin Saville		Sutherland	13.76m

Girls U 17 - Discus (1.0 Kg)

Zone: Z 40.95m 13/12/2014 Grace Robinson, St George			
Name	Age	Centre	Final
1 Emma Blanch		Port Hacking	27.61m
2 Samantha Archer		Sutherland	17.74m
3 Jasmine Awad		St George	17.37m
4 Grace Bull		Sutherland	11.23m

Girls U 11 - Javelin (400 Gram)

Zone: Z 21.05m 10/12/2016 Lili Macpherson, St George			
Name	Age	Centre	Final
1 Amy Brice		Illawong	16.86m
2 Paige Bauer		Port Hacking	16.33m
3 Kwanita Olney		Illawong	14.41m
4 Aurelia Grasso		Port Hacking	13.85m
5 Katie See		Port Hacking	12.54m
6 Evie Gorman		Sutherland	12.07m
7 LU LA Nicholls		Illawong	11.65m
8 Mackenzie Potts		Port Hacking	10.42m
9 Connie Treanor		Sutherland	10.35m

Girls U 12 - Javelin (400 Gram)

Zone: Z 30.91m 16/12/2017 Karina Bell, Illawong			
Name	Age	Centre	Final
1 Kayla Barton		Illawong	19.81m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Girls U 12 - Javelin (400 Gram)**

2	Michaela James	Illawong	19.05m
3	Mareta Carati	St George	14.21m
4	Brooke Hunter	Revesby Workers	13.31m
5	Caitlyn Whitbread	Sutherland	12.20m
6	Sally Archer	Sutherland	11.40m
7	Arabella Penfold	Port Hacking	11.40m
8	Jasmine Franich	St George	10.05m
9	Caitlin Newman	Illawong	7.55m

Girls U 13 - Javelin (400 Gram)

Zone: Z 33.40m 4/02/2007 Z Schubert, St George

Name	Age Centre	Final
1 Jessica Little	Port Hacking	27.66m
2 Tali Baltineshter	Port Hacking	27.19m
3 Kiana Naitaka	Illawong	24.44m
4 Hayley Blanch	Port Hacking	22.24m
5 Rachel Elton	Sutherland	21.97m
6 Georgie Latanis	St George	19.81m
7 Haylee McNally	Sutherland	18.53m
8 Ella Batman	Sutherland	17.46m
9 Natasha Lord	Sutherland	16.29m
10 Kaya Ozolins	Sutherland	14.37m
11 Nanditha Hariharan	Port Hacking	14.00m
12 Maddison Bowden	Helensburgh	13.81m
13 Bridget Morgan	Revesby Workers	13.07m
14 Taylor Nangle	Revesby Workers	12.57m

Girls U 14 - Javelin (400 Gram)

Zone: Z 39.74m 16/12/2017 Georgia Portelli, Port Hacki

Name	Age Centre	Final
1 Karina Bell	Illawong	39.88mZ
2 Lili MacPherson	St George	35.16m
3 Leila Yavala	Port Hacking	32.49m
4 Ashleigh Barton	Illawong	28.32m
5 Ashleigh Waters	Sutherland	27.68m
6 Holly Ramsey	Helensburgh	19.03m
7 Caitlin James	Illawong	17.34m
8 Eleni Lambousis	Port Hacking	15.04m
9 Elizabeth Wastie	Revesby Workers	13.53m
-- Elyse Scandurra	Sutherland	ND

Girls U 15 - Javelin (500 Gram)

Zone: Z 36.80m 13/12/2015 Rebekah Lee, Illawong

Name	Age Centre	Final
1 Madeleine Chubb	St George	25.07m
2 Jessica Ward	Sutherland	23.77m
3 Jessica Vaughan	Port Hacking	23.43m
4 Emma McNally	Sutherland	18.41m
5 Lili Brandt	Port Hacking	17.76m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 17 - Javelin (500 Gram)**

Zone: Z 43.54m 16/12/2017 Jasmin Lockwood, Port Hackin			
Name	Age	Centre	Final
1 Georgia Portelli		Port Hacking	45.30mZ
2 Emily Markoski		Port Hacking	44.71mZ
3 Olivia Hayes		Port Hacking	43.47m
4 Jasmin Lockwood		Port Hacking	39.75m
5 Emma Blanch		Port Hacking	32.35m
6 Emily MacPherson		St George	27.07m
7 Eve Way		Helensburgh	26.92m
8 Samantha Archer		Sutherland	19.75m
9 Phoebe Madsen		Sutherland	19.39m
10 Jessica Vandermaal		Sutherland	16.82m

Girls U 9 - 700 Metre Walk

Zone: Z 4:27.00 30/01/2011 E. Robinson, Illawong			
Name	Age	Centre	Final
Section 1			
1 Ella Van Der Meer		Illawong	5:19.53
2 Isabella Facchin		Port Hacking	5:39.97
-- Willow Baffsky		Bundeena-Maianbar	DQ
-- Emma Morgan		Revesby Workers	DQ

Girls U 10 - 1100 Metre Walk

Zone: Z 6:14.29 5/02/2012 Ella Robinson, Illawong			
Name	Age	Centre	Final
1 Scarlett McGraw		Revesby Workers	6:28.63
2 Phoebe Parsons		Illawong	7:23.02
3 Mariam Harakeh		St George	9:33.93

Girls U 11 - 1100 Metre Walk

Zone: Z 5:37.39 13/12/2015 Ellie-jo De Celis, Illawong			
Name	Age	Centre	Final
1 Amy Brice		Illawong	6:21.17
-- Rayyan Harakeh		St George	DQ

Girls U 12 - 1500 Metre Walk

Zone: Z 7:38.68 14/12/2014 Emma Blanch, Port Hacking			
Name	Age	Centre	Final
1 Ciara Cassilles		Revesby Workers	8:49.74
2 Kayleigh O'Donoghue		Port Hacking	9:21.11
3 Caitlin Giovenco		Illawong	9:41.20
4 Bianca Clayton		Port Hacking	9:43.93
5 Caitlin Newman		Illawong	11:50.07
6 Michaela James		Illawong	11:58.93

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Girls U 13 - 1500 Metre Walk**

Zone: Z 7:36.09 13/12/2015 Emma Blanch, Port Hacking			
Name	Age	Centre	Final
1 Amelia Crocker		Port Hacking	10:41.32
2 Hayley Blanch		Port Hacking	11:36.73
3 Nanditha Hariharan		Port Hacking	13:13.14
-- Nicole Bowers		Sutherland	DQ

Girls U 14 - 1500 Metre Walk

Zone: Z 7:03.99 11/12/2016 Emma Blanch, Port Hacking			
Name	Age	Centre	Final
1 Chia Walters		Sutherland	9:28.81

Girls U 15 - 1500 Metre Walk

Zone: Z 6:54.16 17/12/2017 Emma Blanch, Port Hacking			
Name	Age	Centre	Final
1 Ellie DeCelis		Illawong	7:39.57
2 Casey Stanley		Port Hacking	8:22.60
3 Ella Ashton		Revesby Workers	9:05.50

Girls U 17 - 1500 Metre Walk

Zone: Z 7:58.00 30/01/2010 S. Flood, Revesby Workers			
Name	Age	Centre	Final
1 Emma Blanch		Port Hacking	6:49.62Z
2 Brittany Robertson		Port Hacking	8:06.23

Boys U 7 - 50 Metre Sprint

Zone: Z 8.51 13/12/2014 Callum Grantham, Illawong			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jacob Fox		Illawong	9.74Q
2 Charlie Ashton		Revesby Workers	9.97Q
3 Brody Philip		Sutherland	10.40Q
4 Edward Fanning		Sutherland	10.52
5 Zachary Gibson		Sutherland	10.74
6 Ryley Penman		Sutherland	10.81
Heat 2 Heats			
1 George Lambousis		Port Hacking	9.01Q
2 Benjamin Rebeiro		Port Hacking	9.43Q
3 Aaron Pasnin		Revesby Workers	9.74Q
4 Malek Ibrahim		Port Hacking	9.78q
5 Duke Lampret		Port Hacking	10.02q
6 Lucas Brown		Sutherland	10.27q

Boys U 7 - 50 Metre Sprint

Zone: Z 8.51 13/12/2014 Callum Grantham, Illawong			
Name	Age	Centre	Final
Section 1 Final			
1 George Lambousis		Port Hacking	9.04

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 7 - 50 Metre Sprint**

2 Benjamin Rebeiro	Port Hacking	9.21
3 Jacob Fox	Illawong	9.47
4 Aaron Pasnin	Revesby Workers	9.54
5 Malek Ibrahim	Port Hacking	9.64
6 Charlie Ashton	Revesby Workers	9.68
7 Brody Philip	Sutherland	9.84
8 Duke Lampret	Port Hacking	10.30

Boys U 7 - 70 Metre Sprint

Zone: Z 11.48 14/12/2014 Callum Grantham, Illawong

Name Age Centre Final

Section 1

1 George Lambousis	Port Hacking	12.27
2 Nolan Grantham	Illawong	12.59
3 Benjamin Rebeiro	Port Hacking	12.77
4 Taj Morris	Port Hacking	12.85
5 Adam Weinstein	Port Hacking	13.51
6 Brody Philip	Sutherland	13.62
7 Edward Fanning	Sutherland	14.24
8 Ryley Penman	Sutherland	14.45
9 Samuel Batman	Sutherland	15.27
10 Isaac Wheeler	Sutherland	15.40

Boys U 8 - 70 Metre Sprint

Zone: Z 10.87 17/12/2017 Zinzan Pure, Port Hacking

Name Age Centre Heats

Heat 1 Heats

1 Connor Wirth	Sutherland	11.46Q
2 Lachlan Wise	Revesby Workers	12.51Q
3 Micah Wilson	Port Hacking	12.63Q
4 Jacob Milionis	Sutherland	12.84q
5 Harlan Taylor	Helensburgh	12.94q
6 Ethan Arnold	Port Hacking	13.89
7 Toby Wallace	Bundeena-Maianbar	14.88

Heat 2 Heats

1 Aston Tompsett	Port Hacking	12.34Q
2 Ty Babington	Port Hacking	12.39Q
3 Jack Shearer	Port Hacking	12.58Q
4 Blake Noble	Helensburgh	13.11
5 Aiden May	Sutherland	14.37

Boys U 8 - 70 Metre Sprint

Zone: Z 10.87 17/12/2017 Zinzan Pure, Port Hacking

Name Age Centre Final

Section 1 Final

1 Connor Wirth	Sutherland	11.37
2 Aston Tompsett	Port Hacking	11.74
3 Ty Babington	Port Hacking	11.92
4 Micah Wilson	Port Hacking	12.13
5 Lachlan Wise	Revesby Workers	12.20
6 Jacob Milionis	Sutherland	12.30
7 Jack Shearer	Port Hacking	12.46
8 Harlan Taylor	Helensburgh	12.55

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 9 - 70 Metre Sprint**

Zone: Z 10.41 15/12/2013 Daniel Cattana, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cooper Shephard		Port Hacking	10.98Q
2 Zinzan Pure		Port Hacking	11.10Q
3 Max France		Port Hacking	11.64Q
4 Jye Pisani		Sutherland	11.76q
5 Cooper Brenton		Sutherland	12.66
6 Malachi Slawitschka		Bundeena-Maianbar	13.34
7 Oliver Robertson		Sutherland	14.70
Heat 2 Heats			
1 Cruz Morris		Port Hacking	11.53Q
2 Oliver Batman		Sutherland	11.74Q
3 Cooper Laverance		Port Hacking	11.75Q
4 Kai Goody		Bundeena-Maianbar	12.01q
5 Nick Moosavy		Illawong	12.62
6 Jeriah Leger		St George	13.19

Boys U 9 - 70 Metre Sprint

Zone: Z 10.41 15/12/2013 Daniel Cattana, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Zinzan Pure		Port Hacking	11.19
2 Cooper Shephard		Port Hacking	11.22
3 Cruz Morris		Port Hacking	11.51
4 Max France		Port Hacking	11.70
5 Jye Pisani		Sutherland	11.79
6 Cooper Laverance		Port Hacking	11.83
7 Oliver Batman		Sutherland	11.88
8 Kai Goody		Bundeena-Maianbar	12.06

Boys U 10 - 70 Metre Sprint

Zone: Z 9.79 14/12/2014 Daniel Cattana, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jaxon Gotch		Sutherland	10.45Q
2 Tomas Faulkner		Illawong	10.63Q
3 Hugo Macri		St George	10.95Q
4 Matthew Ryan Sweeney		Sutherland	11.25q
5 Jude Low		Sutherland	11.84
6 Kale Harris		Helensburgh	11.85
Heat 2 Heats			
1 Payton Tarau		St George	11.05Q
2 Taoko Samson		St George	11.22Q
3 Hayden Dick		Sutherland	11.51Q
4 Oliver Banda		Helensburgh	11.64q
5 Rafael Cortes		St George	12.43
6 Cormac Waters		Helensburgh	12.59

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 10 - 70 Metre Sprint**

Zone: Z 9.79 14/12/2014 Daniel Cattana, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Jaxon Gotch		Sutherland	10.52
2 Tomas Faulkner		Illawong	10.65
3 Payton Tarau		St George	10.68
4 Hugo Macri		St George	10.96
5 Taoko Samson		St George	11.01
6 Matthew Ryan Sweeney		Sutherland	11.08
7 Hayden Dick		Sutherland	11.18
8 Oliver Banda		Helensburgh	11.63

Boys U 7 - 100 Metre Sprint

Zone: Z 16.40 14/12/2013 Dylan Charmer, Helensburgh			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Nolan Grantham		Illawong	17.65Q
2 Taj Morris		Port Hacking	18.41Q
3 Benjamin Rebeiro		Port Hacking	18.66Q
4 Lewis Gotch		Sutherland	18.75q
5 Zachary Gibson		Sutherland	20.34
6 Samuel Batman		Sutherland	21.86
Heat 2 Heats			
1 George Lambousis		Port Hacking	16.98Q
2 Aaron Pasnin		Revesby Workers	18.77Q
3 Adam Weinstein		Port Hacking	18.87Q
4 Kagan Rayner		St George	18.90q
5 Harlem Floyd-Kerr		Helensburgh	18.99
6 Henry Pyne		Sutherland	20.51
7 Zane Kennedy		Sutherland	21.97

Boys U 7 - 100 Metre Sprint

Zone: Z 16.40 14/12/2013 Dylan Charmer, Helensburgh			
Name	Age	Centre	Final
Section 1 Final			
1 George Lambousis		Port Hacking	16.74
2 Nolan Grantham		Illawong	17.20
3 Taj Morris		Port Hacking	18.09
4 Kagan Rayner		St George	18.32
5 Adam Weinstein		Port Hacking	18.58
6 Aaron Pasnin		Revesby Workers	18.64
7 Benjamin Rebeiro		Port Hacking	18.88
8 Lewis Gotch		Sutherland	19.55

Boys U 8 - 100 Metre Sprint

Zone: Z 15.47 16/12/2017 Zinzan Pure, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Zwi Ratajczak		Sutherland	16.49Q
2 Aston Tompsett		Port Hacking	16.86Q
3 Flynn Manley		St George	16.97Q
4 Jack Shearer		Port Hacking	17.36q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 8 - 100 Metre Sprint**

5	Blake Noble	Helensburgh	18.27
6	Harlan Taylor	Helensburgh	18.28
7	Lucas Nunez	Illawong	19.24
8	Cezar Tannous	Illawong	20.20
9	Toby Wallace	Bundeena-Maianbar	21.95

Heat 2 Heats

1	Noah Griffiths	Sutherland	17.01Q
2	Harley Gardner	Port Hacking	17.47Q
3	Lachlan Wise	Revesby Workers	17.65Q
4	Rory O'Brien	Illawong	17.71q
5	Flynn Chatterton	Port Hacking	17.84q
6	Micah Wilson	Port Hacking	17.99
7	Jacob Milionis	Sutherland	18.65

Boys U 8 - 100 Metre Sprint

Zone: Z 15.47 16/12/2017 Zinzan Pure, Port Hacking

Name Age Centre Final

Section 1 Final

1	Zwi Ratajczak	Sutherland	16.49
2	Aston Tompsett	Port Hacking	16.87
3	Noah Griffiths	Sutherland	17.05
4	Lachlan Wise	Revesby Workers	17.06
5	Flynn Manley	St George	17.09
6	Rory O'Brien	Illawong	17.39
7	Jack Shearer	Port Hacking	17.46
8	Harley Gardner	Port Hacking	17.96

Boys U 9 - 100 Metre Sprint

Zone: Z 14.38 14/12/2013 Daniel Cattana, Sutherland

Name Age Centre Heats

Heat 1 Heats

1	Max France	Port Hacking	16.06Q
2	Harrison Danne	Illawong	16.26Q
3	Oliver Batman	Sutherland	16.44q
4	Jye Pisani	Sutherland	16.47
5	Shea Cassilles	Revesby Workers	16.63

Heat 2 Heats

1	Damon Beard	Revesby Workers	16.02Q
2	Noah Farley	Port Hacking	16.04Q
3	Liam Lakomy	Sutherland	16.45q
4	Kai Goody	Bundeena-Maianbar	16.51
5	Tifii Mhando	Port Hacking	16.58
6	Jackson Aungle	Illawong	16.62
7	Dominick Rogers	Helensburgh	16.67
8	Arlo Hankinson	Bundeena-Maianbar	16.97

Heat 3 Heats

1	Cooper Shephard	Port Hacking	15.35Q
2	Zinzan Pure	Port Hacking	15.47Q
3	Callum Clasper	Revesby Workers	16.22q
4	Jax Goode	Helensburgh	17.12
5	Nick Moosavy	Illawong	17.46
6	Cooper Brenton	Sutherland	18.12
7	Fletcher Penman	Sutherland	19.69

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 9 - 100 Metre Sprint**

Zone: Z 14.38 14/12/2013 Daniel Cattana, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Cooper Shephard		Port Hacking	15.53
2 Zinzan Pure		Port Hacking	15.62
3 Max France		Port Hacking	16.17
4 Damon Beard		Revesby Workers	16.24
5 Harrison Danne		Illawong	16.24
6 Noah Farley		Port Hacking	16.26
7 Oliver Batman		Sutherland	16.42
8 Callum Clasper		Revesby Workers	16.47

Boys U 10 - 100 Metre Sprint

Zone: Z 13.85 8/12/2012 Andrew Goschnik, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jaxon Gotch		Sutherland	14.74Q
2 Tomas Faulkner		Illawong	14.81Q
3 Hugo Macri		St George	15.34Q
4 Hamish Carson		Illawong	15.57q
5 Oliver Banda		Helensburgh	16.22
6 Kale Harris		Helensburgh	17.04
7 Lachlan Mackenzie		Sutherland	17.43
8 Andersen Evins		Port Hacking	18.10
9 Cormac Waters		Helensburgh	18.31
Heat 2 Heats			
1 Payton Tarau		St George	14.69Q
2 Callum McLean		St George	14.81Q
3 Taoko Samson		St George	15.28Q
4 Hayden Dick		Sutherland	15.51q
5 Semion Mishkarudny		Port Hacking	15.69q
6 Dylan Lau		St George	15.74
7 Lucas Gamble		Sutherland	16.14

Boys U 10 - 100 Metre Sprint

Zone: Z 13.85 8/12/2012 Andrew Goschnik, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Jaxon Gotch		Sutherland	14.54
2 Payton Tarau		St George	14.70
3 Tomas Faulkner		Illawong	15.03
4 Callum McLean		St George	15.10
5 Hugo Macri		St George	15.22
6 Hamish Carson		Illawong	15.43
7 Taoko Samson		St George	15.70
8 Hayden Dick		Sutherland	15.91

Boys U 11 - 100 Metre Sprint

Zone: Z 13.27 14/12/2013 Jack Hornery, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cayde Herbert		Revesby Workers	14.83Q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS

The Ridge Athletics Track

Results

....Boys U 11 - 100 Metre Sprint

2	Kingston Yavala	Port Hacking	14.90Q
3	Hugh Windon	Port Hacking	14.99Q
4	Liam Cremen-Cowan	St George	15.23q
5	Jake Batten	St George	15.38q
6	Samuel Banovic	Port Hacking	15.54
7	Ethan Cavell	Illawong	15.79
8	Jovan Leger	St George	15.86
9	Elliott Lindbeck	Sutherland	16.25
10	Dean Goody	Bundeena-Maianbar	17.25

Heat 2 Heats

1	Mason McGroder	Sutherland	14.30Q
2	Harrison Minchinton	Sutherland	14.56Q
3	Declan Garner	Port Hacking	14.63Q
4	Henry Grygiel	St George	15.39q
5	Hugo France	Port Hacking	15.43
6	Cooper Starr	Sutherland	15.49
7	Zayne Pisani	Sutherland	16.02
8	Benjamin Reardon	Bundeena-Maianbar	16.17
9	Lucas Lenarduzzi	Helensburgh	16.49
10	Adam Wallace	Bundeena-Maianbar	16.52

Boys U 11 - 100 Metre Sprint

Zone: Z 13.27 14/12/2013 Jack Hornery, Sutherland

Name	Age Centre	Final
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Section 1 Final

1	Mason McGroder	Sutherland	13.93
2	Harrison Minchinton	Sutherland	14.28
3	Kingston Yavala	Port Hacking	14.42
3	Cayde Herbert	Revesby Workers	14.42
5	Declan Garner	Port Hacking	14.72
6	Hugh Windon	Port Hacking	14.86
7	Liam Cremen-Cowan	St George	14.98
8	Jake Batten	St George	15.20

Boys U 12 - 100 Metre Sprint

Zone: Z 12.76 8/12/2012 Sidney Noppen, St George

Name	Age Centre	Heats
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Heat 1 Heats

1	Jay Robinson	Sutherland	14.21Q
2	Daniel Hornery	Sutherland	14.50Q
3	Lukas Webber	Port Hacking	14.58Q
4	Jake Bender	Revesby Workers	14.73q
5	Dylan Pisani	Sutherland	14.85q
6	Kaden Garner	Port Hacking	15.03
7	Ryan Arnold	Port Hacking	15.27

Heat 2 Heats

1	Sebastian Miani	St George	14.30Q
2	Taurus Traino	Sutherland	14.48Q
3	Cody O'Brien	Revesby Workers	14.91Q
4	Elijah Cooper	Illawong	15.01q
5	Samuel Veness	Sutherland	15.03
6	Elias Kazzi	Port Hacking	15.35
7	Cameron Nettle	Illawong	15.53
8	Lachlan Landy	Port Hacking	15.70

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 12 - 100 Metre Sprint**

Zone: Z 12.76 8/12/2012 Sidney Noppen, St George			
Name	Age	Centre	Final
Section 1 Final			
1 Sebastian Miani		St George	14.20
2 Jay Robinson		Sutherland	14.29
3 Daniel Hornerly		Sutherland	14.49
4 Taurus Traino		Sutherland	14.50
5 Jake Bender		Revesby Workers	14.67
6 Lukas Webber		Port Hacking	14.84
7 Dylan Pisani		Sutherland	15.07
8 Cody O'Brien		Revesby Workers	16.95

Boys U 13 - 100 Metre Sprint

Zone: Z 12.30 30/01/2010 C. Moore, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Mark Farley		Port Hacking	13.73Q
2 Lucas McKillop		Port Hacking	14.26Q
3 Cameron Jones		St George	14.32Q
4 Kosta Milionis		Sutherland	14.38q
5 Owen Burgher		Illawong	14.82
Heat 2 Heats			
1 Tristan Tubbs		Port Hacking	13.69Q
2 Matthew Basanovic		Port Hacking	13.87Q
3 Joel Cochran		Port Hacking	14.07Q
4 Lachlan Ball		Port Hacking	14.08q
5 Jordan Talbot		Sutherland	14.47q
6 Noah Strahl		Port Hacking	14.70
7 Joel Steiner		St George	14.87

Boys U 13 - 100 Metre Sprint

Zone: Z 12.30 30/01/2010 C. Moore, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Mark Farley		Port Hacking	13.26
2 Tristan Tubbs		Port Hacking	13.30
3 Joel Cochran		Port Hacking	13.64
4 Cameron Jones		St George	13.66
5 Matthew Basanovic		Port Hacking	13.75
6 Lucas McKillop		Port Hacking	13.81
7 Lachlan Ball		Port Hacking	13.83
8 Kosta Milionis		Sutherland	14.07

Boys U 14 - 100 Metre Sprint

Zone: Z 11.81 14/12/2013 Milton Stathakis, Port Hackin			
Name	Age	Centre	Final
Section 1			
1 Mathew Lavidis		Illawong	12.84
2 Adam Bridger		Port Hacking	13.15
3 Nicholas Muir		Port Hacking	13.46
4 Oliver Santo		Port Hacking	13.52
5 Dion Zafiris		Port Hacking	13.52

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 14 - 100 Metre Sprint**

6 Bailey Warland	Port Hacking	14.01
7 Riley Fowler	Bundeena-Maianbar	14.01

Boys U 15 - 100 Metre Sprint

=====			
Zone: Z 11.46 13/12/2014 Zachary Cameron, St George			
Name	Age	Centre	Final
=====			
1 Daniel Cattana		Sutherland	12.03
2 Riley Crawford		Port Hacking	12.32
3 Rowan Tan		Port Hacking	12.44
4 Caleb Donald		Helensburgh	12.73
5 Lachlan Sainsbury		Sutherland	12.76
6 Luke Nicholson		Sutherland	13.36
7 Ryan Noyeaux		Sutherland	13.83

Boys U 17 - 100 Metre Sprint

=====			
Zone: Z 10.83 14/12/2013 Zach Holdsworth, Sutherland			
Name	Age	Centre	Final
=====			
1 Muhammad Hadi Saadi		Port Hacking	11.82
2 Jack Weinstein		Port Hacking	11.86
3 Iram Palma		Sutherland	11.92
4 Jack Tipping		Sutherland	12.04
5 Jack Bridger		Port Hacking	12.08
6 Jay Louison-Roe		Port Hacking	12.24
7 Christopher Lavidis		Illawong	12.85
8 Mitchell Carroll		Revesby Workers	12.95
9 Miles Scarra		Sutherland	13.09
10 Patrick Cartwright		Helensburgh	13.71

Boys U 7 - 200 Metre Sprint

=====			
Zone: Z 33.87 14/12/2014 Callum Grantham, Illawong			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Nolan Grantham		Illawong	37.63Q
2 Charlie Fisher		Port Hacking	40.75Q
3 Henry Pyne		Sutherland	42.79Q
4 Lucas Brown		Sutherland	43.40q
5 Samuel Batman		Sutherland	46.70
Heat 2 Heats			
1 George Lambousis		Port Hacking	40.48Q
2 Harlem Floyd-Kerr		Helensburgh	40.90Q
3 Lewis Gotch		Sutherland	44.20Q
4 Aaron Pasnin		Revesby Workers	44.28q
5 Ryley Penman		Sutherland	45.58

Boys U 7 - 200 Metre Sprint

=====			
Zone: Z 33.87 14/12/2014 Callum Grantham, Illawong			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Nolan Grantham		Illawong	35.90
2 George Lambousis		Port Hacking	36.97
3 Charlie Fisher		Port Hacking	38.82

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 7 - 200 Metre Sprint**

4	Harlem Floyd-Kerr	Helensburgh	38.98
5	Henry Pyne	Sutherland	41.64
6	Aaron Pasnin	Revesby Workers	42.22
7	Lewis Gotch	Sutherland	45.97
8	Lucas Brown	Sutherland	47.32

Boys U 8 - 200 Metre Sprint

=====			
Zone: Z 32.48 17/12/2017 Zinzan Pure, Port Hacking			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Aston Tompsett	Port Hacking	34.63Q
2	Flynn Manley	St George	35.68Q
3	Jack Shearer	Port Hacking	36.54q
4	Jacob Milionis	Sutherland	37.56q
5	Rock Reddy	Sutherland	37.96
Heat 2 Heats			
1	Zwi Ratajczak	Sutherland	33.12Q
2	Connor Wirth	Sutherland	33.38Q
3	Harlan Taylor	Helensburgh	37.94
4	Lachlan Wise	Revesby Workers	38.02
5	Mitchell Sofios	Illawong	47.55
Heat 3 Heats			
1	Flynn Chatterton	Port Hacking	35.72Q
2	Michael Mathison	Port Hacking	36.46Q
3	Aiden May	Sutherland	44.15
4	Elias Stevill	Bundeena-Maianbar	44.29

Boys U 8 - 200 Metre Sprint

=====			
Zone: Z 32.48 17/12/2017 Zinzan Pure, Port Hacking			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Zwi Ratajczak	Sutherland	32.64
2	Connor Wirth	Sutherland	33.11
3	Aston Tompsett	Port Hacking	33.64
4	Flynn Manley	St George	35.89
5	Michael Mathison	Port Hacking	36.72
6	Jack Shearer	Port Hacking	36.96
7	Jacob Milionis	Sutherland	37.07
8	Flynn Chatterton	Port Hacking	37.13

Boys U 9 - 200 Metre Sprint

=====			
Zone: Z 30.77 17/12/2017 Cooper Penman, Sutherland			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Shea Cassilles	Revesby Workers	32.88Q
2	Callum Clasper	Revesby Workers	33.54Q
3	Kai Goody	Bundeena-Maianbar	33.87q
4	Arlo Hankinson	Bundeena-Maianbar	36.94
Heat 2 Heats			
1	Mahley Louison-Roe	Port Hacking	35.55Q
2	Samuel Gibson	Sutherland	37.65Q
3	Nick Moosavy	Illawong	38.66
4	Jack Fogarty	Sutherland	42.20

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 9 - 200 Metre Sprint**

Heat 3 Heats

1	Zinzan Pure	Port Hacking	32.44Q
2	Lachlan Wheeler	Sutherland	32.80Q
3	Brock Lampret	Port Hacking	33.31q
4	Noah Farley	Port Hacking	34.25
5	William Stackpool	Port Hacking	34.36
6	Harrison Danne	Illawong	37.19

Boys U 9 - 200 Metre Sprint

Zone: Z 30.77 17/12/2017 Cooper Penman, Sutherland

Name	Age Centre	Final
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Section 1 Final

1	Zinzan Pure	Port Hacking	30.82
2	Brock Lampret	Port Hacking	32.16
3	Lachlan Wheeler	Sutherland	32.79
4	Callum Clasper	Revesby Workers	33.00
5	Mahley Louison-Roe	Port Hacking	33.27
6	Shea Cassilles	Revesby Workers	33.54
7	Kai Goody	Bundeena-Maianbar	33.88
8	Samuel Gibson	Sutherland	36.06

Boys U 10 - 200 Metre Sprint

Zone: Z 28.20 14/12/2014 Daniel Cattana, Sutherland

Name	Age Centre	Heats
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Heat 1 Heats

1	Jaxon Gotch	Sutherland	30.51Q
2	Oliver Banda	Helensburgh	34.16Q
3	Charlie Santo	Port Hacking	35.07
4	Dylan Lau	St George	35.08
5	Rafael Cortes	St George	39.82

Heat 2 Heats

1	Semion Mishkarudny	Port Hacking	32.20Q
2	Lucas Gamble	Sutherland	33.35Q
3	Kale Harris	Helensburgh	33.84q
4	Lachlan Mackenzie	Sutherland	35.89

Heat 3 Heats

1	Tomas Faulkner	Illawong	31.84Q
2	Joshua Kannengiesser	Illawong	32.48Q
3	Joji Allred	Helensburgh	33.14q
4	Hayden Dick	Sutherland	34.85
5	Daniel Simpson	Sutherland	35.06

Boys U 10 - 200 Metre Sprint

Zone: Z 28.20 14/12/2014 Daniel Cattana, Sutherland

Name	Age Centre	Final
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Section 1 Final

1	Jaxon Gotch	Sutherland	29.10
2	Tomas Faulkner	Illawong	29.87
3	Joshua Kannengiesser	Illawong	30.86
4	Joji Allred	Helensburgh	31.04
5	Semion Mishkarudny	Port Hacking	31.42
6	Lucas Gamble	Sutherland	32.57
7	Kale Harris	Helensburgh	32.84

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 10 - 200 Metre Sprint**

8 Oliver Banda	Helensburgh	32.86
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Boys U 11 - 200 Metre Sprint

Zone: Z 27.76 14/12/2014 Jesper Webber, Port Hacking

Name	Age Centre	Heats
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Heat 1 Heats

1 Harrison Minchinton	Sutherland	29.23Q
2 Hugh Windon	Port Hacking	30.67Q
3 Samuel Banovic	Port Hacking	30.72
4 Hugo France	Port Hacking	30.82
5 Jake Batten	St George	30.93
6 Ethan Cavell	Illawong	32.55
7 Adam Wallace	Bundeena-Maianbar	34.68

Heat 2 Heats

1 Mason McGroder	Sutherland	29.00Q
2 Declan Garner	Port Hacking	29.90Q
3 Jake Procter	Illawong	30.25q
4 Cayde Herbert	Revesby Workers	30.68q
5 Liam Cremen-Cowan	St George	32.41
6 Dean Goody	Bundeena-Maianbar	37.15

Heat 3 Heats

1 Kingston Yavala	Port Hacking	30.63Q
2 Angus Hamilton	Sutherland	31.28Q
3 Henry Grygiel	St George	31.39
4 Cooper Starr	Sutherland	31.40
5 Calvin Dunn	Sutherland	32.45
6 Benjamin Reardon	Bundeena-Maianbar	33.63

Boys U 11 - 200 Metre Sprint

Zone: Z 27.76 14/12/2014 Jesper Webber, Port Hacking

Name	Age Centre	Final
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Section 1 Final

1 Mason McGroder	Sutherland	27.79
2 Harrison Minchinton	Sutherland	28.44
3 Declan Garner	Port Hacking	28.74
4 Jake Procter	Illawong	28.92
5 Cayde Herbert	Revesby Workers	29.44
6 Angus Hamilton	Sutherland	29.79
7 Kingston Yavala	Port Hacking	30.09
8 Hugh Windon	Port Hacking	30.81

Boys U 12 - 200 Metre Sprint

Zone: Z 26.58 14/12/2014 Iram Palma, Sutherland

Name	Age Centre	Heats
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Heat 1 Heats

1 Callum Grantham	Illawong	28.64Q
2 Taurus Traino	Sutherland	29.38Q
3 Benjamin Gardner	Sutherland	30.16Q
4 Elias Kazzi	Port Hacking	30.78
5 Cody O'Brien	Revesby Workers	32.60
6 Marco Venturino	St George	33.90

Heat 2 Heats

1 Sebastian Miani	St George	27.98Q
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SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 12 - 200 Metre Sprint**

2 Daniel Hornery	Sutherland	28.73Q
3 Lukas Webber	Port Hacking	28.81Q
4 Corby Mauricio	Sutherland	28.86q
5 Samuel Veness	Sutherland	29.23q
6 Kaden Garner	Port Hacking	29.74
7 Ryan Arnold	Port Hacking	31.23

Boys U 12 - 200 Metre Sprint

=====
 Zone: Z 26.58 14/12/2014 Iram Palma, Sutherland

Name Age Centre Final

=====

Section 1 Final

1 Callum Grantham	Illawong	27.49
2 Sebastian Miani	St George	27.54
3 Daniel Hornery	Sutherland	28.25
4 Corby Mauricio	Sutherland	28.31
5 Taurus Traino	Sutherland	28.49
6 Lukas Webber	Port Hacking	28.67
7 Samuel Veness	Sutherland	29.01

Boys U 13 - 200 Metre Sprint

=====
 Zone: Z 25.02 17/12/2017 Daniel Cattana, Sutherland

Name Age Centre Heats

=====

Heat 1 Heats

1 Kosta Milionis	Sutherland	28.44Q
2 Lucas McKillop	Port Hacking	28.44Q
3 Jacob Bye	Helensburgh	29.66
4 Indiana Murphy	Illawong	31.01

Heat 2 Heats

1 Owen Burgher	Illawong	28.88Q
2 Noah Strahl	Port Hacking	29.30Q
3 Jordan Talbot	Sutherland	30.29
4 Ryan Brice	Illawong	30.64

Heat 3 Heats

1 Jarvis Rosette	Illawong	27.53Q
2 Joel Cochran	Port Hacking	27.99Q
3 Matthew Basanovic	Port Hacking	28.35q
4 Cameron Jones	St George	28.40q
5 Liam Macri	St George	32.20

Boys U 13 - 200 Metre Sprint

=====
 Zone: Z 25.02 17/12/2017 Daniel Cattana, Sutherland

Name Age Centre Final

=====

Section 1 Final

1 Jarvis Rosette	Illawong	26.37
2 Joel Cochran	Port Hacking	26.86
3 Lucas McKillop	Port Hacking	27.44
4 Kosta Milionis	Sutherland	27.59
5 Matthew Basanovic	Port Hacking	27.74
6 Owen Burgher	Illawong	27.82
7 Cameron Jones	St George	27.99
8 Noah Strahl	Port Hacking	29.12

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 14 - 200 Metre Sprint**

Zone: Z 24.10 5/02/2012 Teri Fragiadakis, Sutherland			
Name	Age	Centre	Final
Section 1			
1 Adam Bridger		Port Hacking	26.86
2 Oliver Santo		Port Hacking	27.98
3 Nicholas Muir		Port Hacking	28.28

Boys U 15 - 200 Metre Sprint

Zone: Z 22.73 17/12/2017 Jack Hornery, Sutherland			
Name	Age	Centre	Final
1 Daniel Cattana		Sutherland	23.64
2 Rowan Tan		Port Hacking	24.32
3 Riley Crawford		Port Hacking	24.95
4 Caleb Donald		Helensburgh	25.30
5 Marcus Armstrong		Port Hacking	25.68

Boys U 17 - 200 Metre Sprint

Zone: Z 21.95 14/12/2014 Teri Fragiadakis, Sutherland			
Name	Age	Centre	Final
1 Muhammad Hadi Saadi		Port Hacking	23.63
2 Jack Tipping		Sutherland	24.12
3 Jay Louison-Roe		Port Hacking	24.24
4 Jack Bridger		Port Hacking	24.45
5 Iram Palma		Sutherland	24.50
6 Jack Weinstein		Port Hacking	26.10

Boys U 8 - 400 Metre Sprint

Zone: Z 1:12.18 12/12/2015 Callum Grantham, Illawong			
Name	Age	Centre	Final
1 Zwi Ratajczak		Sutherland	1:16.57
2 Aston Tompsett		Port Hacking	1:19.48
3 Rory O'Brien		Illawong	1:20.77
4 Flynn Chatterton		Port Hacking	1:21.49
5 Michael Mathison		Port Hacking	1:24.49
6 Lachlan Wise		Revesby Workers	1:27.82
7 Elias Stevill		Bundeena-Maianbar	1:43.01
8 Cezar Tannous		Illawong	1:48.71

Boys U 9 - 400 Metre Sprint

Zone: Z 1:09.35 10/12/2016 Callum Grantham, Illawong			
Name	Age	Centre	Final
1 Cooper Shephard		Port Hacking	1:11.28
2 Lachlan Wheeler		Sutherland	1:12.59
3 Harrison Danne		Illawong	1:16.91
4 William Stackpool		Port Hacking	1:17.47
-- Connor Curtis		Port Hacking	DQ
Section 2			
1 Jackson Aungle		Illawong	1:16.87
2 Oscar Taylor		St George	1:23.70
3 Samuel Gibson		Sutherland	1:24.93

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 9 - 400 Metre Sprint**

4	Oliver Robertson	Sutherland	1:39.26
--	Ben Wichgers	Sutherland	DQ
Section 3			
1	Damon Beard	Revesby Workers	1:15.02
2	Shea Cassilles	Revesby Workers	1:15.98
3	Eoin Richards	Revesby Workers	1:19.33
4	Harry Fisher	Port Hacking	1:20.77
5	Joshua Potts	Port Hacking	1:22.46
6	Arlo Hankinson	Bundeena-Maianbar	1:25.15

Boys U 10 - 400 Metre Sprint

=====			
Zone: Z 1:06.18 16/12/2017 Callum Grantham, Illawong			
Name	Age	Centre	Final
=====			
Section 1			
1	Semion Mishkarudny	Port Hacking	1:09.44
2	Harper Boothroyd	Sutherland	1:11.30
3	Joshua Kannengiesser	Illawong	1:12.92
4	Charlie Santo	Port Hacking	1:16.12
5	Jone Tuqiri	St George	1:17.14
6	James Tsavalias	Illawong	1:17.78
7	Lucas Gamble	Sutherland	1:18.48
8	Andy Winston	Bundeena-Maianbar	1:32.13
Section 2			
1	Joji Allred	Helensburgh	1:10.33
2	Hamish Carson	Illawong	1:12.67
3	Daniel Simpson	Sutherland	1:14.55
4	Jacob Poole	Revesby Workers	1:15.58
5	Jude Low	Sutherland	1:16.71
6	Joshua Gibson	Sutherland	1:18.23
7	Charbel Khoury	Revesby Workers	1:24.73

Boys U 11 - 400 Metre Sprint

=====			
Zone: Z 1:04.46 16/12/2017 Lucas McKillop, Port Hackin			
Name	Age	Centre	Final
=====			
Section 1			
1	Jake Procter	Illawong	1:07.48
2	Samuel Banovic	Port Hacking	1:11.47
3	Jake Batten	St George	1:13.79
4	Dylan Bristow	Sutherland	1:16.35
5	Sebastien Impey	Port Hacking	1:16.67
Section 2			
1	Declan Garner	Port Hacking	1:07.41
2	Alexander Facchin	Port Hacking	1:08.07
3	Cooper Penman	Sutherland	1:10.52
4	Joshua Chernich	Port Hacking	1:14.94
5	Elijah Cochrane	Helensburgh	1:20.98

Boys U 12 - 400 Metre Sprint

=====			
Zone: Z 1:02.07 10/12/2016 Henri Hiles-Fraser, Helensb			
Name	Age	Centre	Final
=====			
Section 1			
1	Callum Grantham	Illawong	1:04.09
2	Sebastian Miani	St George	1:04.14

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 12 - 400 Metre Sprint**

3 Bailey Dean Latanis	St George	1:05.73
4 Zac Pokorny	Sutherland	1:12.44
5 Zack Strkljevic	Port Hacking	1:25.23

Section 2

1 Logan Toohey	Sutherland	1:03.91
2 Jesiah Low	Sutherland	1:04.27
3 Benjamin Gardner	Sutherland	1:06.69
4 Alex Christian	Illawong	1:08.01
5 Taurus Traino	Sutherland	1:08.94
6 Cody O'Brien	Revesby Workers	1:23.13

Boys U 13 - 400 Metre Sprint

Zone: Z 56.52 16/12/2017 Daniel Cattana, Sutherland

Name	Age Centre	Final
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Section 1

1 Jarvis Rosette	Illawong	58.52
2 Joel Cochran	Port Hacking	1:00.58
3 Lachlan Ball	Port Hacking	1:01.85
4 Lucas McKillop	Port Hacking	1:03.20
5 Cameron Jones	St George	1:03.55
6 Blake Wardrobe	Sutherland	1:04.12
7 Jacob Bye	Helensburgh	1:06.92
8 Liam Macri	St George	1:13.61

Boys U 14 - 400 Metre Sprint

Zone: Z 55.76 16/12/2017 Rowan Tan, Port Hacking

Name	Age Centre	Final
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1 Oliver Santo	Port Hacking	1:00.45
2 Nicholas Muir	Port Hacking	1:03.32
3 Riley Fowler	Bundeena-Maianbar	1:05.14
4 Lucas Cross	Illawong	1:06.21

Boys U 15 - 400 Metre Sprint

Zone: Z 54.77 4/02/2012 Nicholas Fox, Port Hacking

Name	Age Centre	Final
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1 Daniel Cattana	Sutherland	53.53Z
2 Rowan Tan	Port Hacking	54.84
3 Lachlan Sainsbury	Sutherland	56.24
4 Conor Ryan	St George	56.59
5 Caleb Donald	Helensburgh	59.98

Boys U 17 - 400 Metre Sprint

Zone: Z 51.25 14/12/2013 Teri Fragiadakis, Sutherland

Name	Age Centre	Final
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1 Andrew Goschnik	Port Hacking	52.81
2 Muhammad Hadi Saadi	Port Hacking	52.87
3 Jack Tipping	Sutherland	54.05
4 Bailey Fowler	Bundeena-Maianbar	58.15
5 Jack Weinstein	Port Hacking	1:03.59
6 Jonah Sigal	Bundeena-Maianbar	1:09.06

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 7 - 500 Metre Run Pack Start**

Zone: Z 1:43.00 13/12/2014 Bailey Dean Latanis, St Geo			
Name	Age	Centre	Final
1 Kagan Rayner		St George	1:48.29
2 Harlem Floyd-Kerr		Helensburgh	1:49.91
3 Nolan Grantham		Illawong	1:52.56
4 Charlie Fisher		Port Hacking	2:02.97
5 Aaron Pasnin		Revesby Workers	2:07.85
6 Harry Fogarty		Sutherland	2:09.22
7 Ryley Penman		Sutherland	2:10.88
8 Lewis Gotch		Sutherland	2:18.22
9 Ohio Pure		Port Hacking	2:18.39
10 Isaac Wheeler		Sutherland	2:18.56

Boys U 8 - 700 Metre Run Pack Start

Zone: Z 2:19.58 13/12/2015 Kobe Stewart, Illawong			
Name	Age	Centre	Final
1 Zwi Ratajczak		Sutherland	2:30.78
2 Zuma Wever		Port Hacking	2:34.87
3 Benjamin Collins		Revesby Workers	2:41.25
4 Flynn Chatterton		Port Hacking	2:43.54
5 Michael Mathison		Port Hacking	2:46.47
6 Rock Reddy		Sutherland	2:56.35
7 Elias Stevill		Bundeena-Maianbar	3:12.59
8 Ethan Arnold		Port Hacking	3:16.21

Boys U 9 - 800 Metre Run

Zone: Z 2:39.01 11/12/2016 Kobe Stewart, Illawong			
Name	Age	Centre	Final
1 Cooper Shephard		Port Hacking	2:53.93
2 William Stackpool		Port Hacking	2:55.75
3 Eoin Richards		Revesby Workers	2:58.90
4 Jackson Aungle		Illawong	3:02.61
5 Oscar Taylor		St George	3:20.97
6 Connor Curtis		Port Hacking	3:22.67
7 Blake Bowden		Helensburgh	3:42.30
8 Malachi Slawitschka		Bundeena-Maianbar	4:09.54
Section 2			
1 Lachlan Wheeler		Sutherland	2:50.60
2 Shea Cassilles		Revesby Workers	2:51.80
3 Cruz Wever		Port Hacking	3:04.42
4 Jake Rogers		Sutherland	3:06.68
5 Samuel Gibson		Sutherland	3:16.56
6 James Zhang		St George	3:18.87
7 Arlo Hankinson		Bundeena-Maianbar	3:23.41
8 Fletcher Penman		Sutherland	3:27.59

Boys U 10 - 800 Metre Run

Zone: Z 2:28.90 17/12/2017 Kobe Stewart, Illawong			
Name	Age	Centre	Final
Section 1			
1 Hamish Carson		Illawong	2:46.59
2 Jacob Poole		Revesby Workers	2:47.88

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 10 - 800 Metre Run**

3	Jone Tuqiri	St George	2:50.18
4	Joshua Gibson	Sutherland	3:01.52
5	Charlie Santo	Port Hacking	3:05.19
6	James Tsavalias	Illawong	3:07.01
7	Ty Young	Port Hacking	3:11.18

Section 2

1	Harper Boothroyd	Sutherland	2:33.80
2	Semion Mishkarudny	Port Hacking	2:35.18
3	Joji Allred	Helensburgh	2:45.40
4	Daniel Simpson	Sutherland	2:53.10
5	Jude Low	Sutherland	3:00.70
6	Lachlan Mackenzie	Sutherland	3:06.05
7	Charbel Khoury	Revesby Workers	3:11.67

Boys U 11 - 800 Metre Run

Zone: Z 2:26.77 17/12/2017 Jacob Fong, St George

Name Age Centre Final

Section 1

1	Riley Fong	St George	2:35.18
2	Cooper Penman	Sutherland	2:38.74
3	Ty Brannock	Sutherland	2:41.76
4	Thomas Fogarty	Sutherland	2:42.69
5	Cooper Bowden	Helensburgh	2:43.65
6	Jack Robinson	Sutherland	2:44.53
7	Alexander Lindner	St George	2:52.01
8	Luke Farley	Port Hacking	2:54.75
9	Lucas Lenarduzzi	Helensburgh	3:02.50
10	Sebastien Impey	Port Hacking	3:04.16

Boys U 12 - 800 Metre Run

Zone: Z 2:22.74 17/12/2017 Dane Mitchell, St George

Name Age Centre Final

1	Jesiah Low	Sutherland	2:26.80
2	Alex Christian	Illawong	2:30.61
3	Callum Grantham	Illawong	2:32.07
4	Benjamin Gardner	Sutherland	2:35.03
5	Michael Paino	Sutherland	2:48.06
6	Cameron Poole	Revesby Workers	2:57.28
7	Marco Venturino	St George	3:01.87

Boys U 13 - 800 Metre Run

Zone: Z 2:17.90 13/12/2015 Kai Hammond, St George

Name Age Centre Final

1	Dane Mitchell	St George	2:24.26
2	Miles Carson	Illawong	2:28.51
3	Lachlan Ball	Port Hacking	2:32.41
4	Blake Wardrobe	Sutherland	2:33.60
5	Cameron Jones	St George	2:35.58
6	Jacob Fong	St George	2:36.71
7	Jacob Bye	Helensburgh	2:41.22
8	Brodie Pittman	Helensburgh	2:49.97
9	Benjamin Lenarduzzi	Helensburgh	2:59.13

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 14 - 800 Metre Run**

Zone: Z 2:12.29 11/12/2016 Kai Hammond, St George			
Name	Age	Centre	Final
1 Joshua Hewitt		St George	2:13.48
2 Brendan Felice		Illawong	2:37.62

Boys U 15 - 800 Metre Run

Zone: Z 2:10.09 17/12/2017 Patrick Cantlon, Sutherland			
Name	Age	Centre	Final
1 Max Dobson		Sutherland	2:27.81

Boys U 17 - 800 Metre Run

Zone: Z 1:58.63 11/12/2016 James Bottrill, Revesby Wor			
Name	Age	Centre	Final
1 Bevan Lord		Sutherland	2:13.58
2 Bailey Fowler		Bundeena-Maianbar	2:25.83
3 Thomas Harris		Sutherland	2:27.72
4 Jonah Sigal		Bundeena-Maianbar	2:47.33

Boys U 11 - 1500 Metre Run

Zone: Z 4:57.83 16/12/2017 Jesiah Low, Sutherland			
Name	Age	Centre	Final
1 Riley Fong		St George	5:11.26
2 Cooper Penman		Sutherland	5:15.32
3 Ty Brannock		Sutherland	5:16.22
4 Thomas Fogarty		Sutherland	5:19.43
5 Finn Hanna		Port Hacking	5:21.17
6 Jack Robinson		Sutherland	5:24.04
7 Cooper Bowden		Helensburgh	5:25.35
8 Jake Procter		Illawong	5:44.87
9 Max Murphy		Port Hacking	5:55.26
10 Luke Farley		Port Hacking	5:56.51

Boys U 12 - 1500 Metre Run

Zone: Z 4:43.66 10/12/2016 Jack Waide, Illawong			
Name	Age	Centre	Final
1 Jesiah Low		Sutherland	4:55.03
2 Alex Christian		Illawong	5:09.61
3 Milan Toman		Port Hacking	5:43.62

Boys U 13 - 1500 Metre Run

Zone: Z 4:33.10 16/12/2017 Jack Waide, Illawong			
Name	Age	Centre	Final
1 Dane Mitchell		St George	4:47.15
2 Miles Carson		Illawong	4:57.75
3 Thomas O'Brien		Illawong	5:07.27
4 Orrin Young		Port Hacking	5:07.96
5 Taj Hanna		Port Hacking	5:11.89
6 Benjamin Lenarduzzi		Helensburgh	5:25.65

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 13 - 1500 Metre Run**

7	Jacob Bye	Helensburgh	5:27.66
8	Brodie Pittman	Helensburgh	5:29.96
9	Taj Wever	Port Hacking	5:30.38

Boys U 14 - 1500 Metre Run

Zone: Z 4:35.50 10/12/2016 Patrick Cantlon, Sutherland

Name Age Centre Final

1	Joshua Hewitt	St George	4:31.32Z
2	Aidan Karaman	St George	5:21.06
3	Brendan Felice	Illawong	5:31.12

Boys U 15 - 1500 Metre Run

Zone: Z 4:26.35 16/12/2017 Kai Hammond, St George

Name Age Centre Final

1	Max Dobson	Sutherland	4:54.44
2	Caleb Strahl	Port Hacking	5:53.49

Boys U 17 - 1500 Metre Run

Zone: Z 4:22.24 10/12/2016 James Bottrill, Revesby Wor

Name Age Centre Final

1	Mitchell Parsons	Sutherland	4:26.39
2	Bevan Lord	Sutherland	4:38.58
3	Riley Dobson	Sutherland	4:39.02
4	Corey Denneen	Sutherland	4:39.91
5	Patrick Cantlon	Sutherland	4:46.92
6	Bailey Fowler	Bundeena-Maianbar	4:59.00
7	Thomas Harris	Sutherland	5:00.02
8	Jonah Sigal	Bundeena-Maianbar	5:25.38

Boys U 13 - 3000 Metre Run

Zone: Z 9:58.90 15/12/2017 Jack Waide, Illawong

Name Age Centre Final

1	Dane Mitchell	St George	9:53.50Z
2	Miles Carson	Illawong	10:34.15
3	Taj Hanna	Port Hacking	11:00.80
4	Orrin Young	Port Hacking	11:08.49
5	Benjamin Lenarduzzi	Helensburgh	11:22.44
6	Taj Wever	Port Hacking	11:35.69

Boys U 14 - 3000 Metre Run

Zone: Z 9:52.92 9/12/2016 Kai Hammond, St George

Name Age Centre Final

1	Joshua Hewitt	St George	9:52.82Z
2	Joseph Cantlon	Sutherland	10:52.02
3	Aidan Karaman	St George	11:31.28
4	Brendan Felice	Illawong	12:06.22

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 15 - 3000 Metre Run**

Zone: Z 9:37.66 15/12/2017 Kai Hammond, St George			
Name	Age	Centre	Final
1 Max Dobson		Sutherland	10:28.90

Boys U 17 - 3000 Metre Run

Zone: Z 9:47.65 9/12/2016 James Bottrill, Revesby Wor			
Name	Age	Centre	Final
1 Patrick Cantlon		Sutherland	9:34.62Z
2 Corey Denneen		Sutherland	10:12.51
3 Riley Dobson		Sutherland	10:13.64
4 James McNaughton		Illawong	10:22.17
5 Bevan Lord		Sutherland	10:25.78
6 Bailey Fowler		Bundeena-Maianbar	11:20.51
7 Patrick Cartwright		Helensburgh	12:05.93

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.00 30/01/2011 A. Goschnik, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Flynn Manley		St George	11.89Q
2 Jack Shearer		Port Hacking	12.09Q
3 Ty Babington		Port Hacking	12.87Q
4 Harlan Taylor		Helensburgh	13.09q
5 Rock Reddy		Sutherland	13.19
6 Christian McKirdy		Port Hacking	13.20
Heat 2 Heats			
1 Connor Wirth		Sutherland	11.92Q
2 Zuma Wever		Port Hacking	12.12Q
3 Jacob Milionis		Sutherland	12.62Q
4 Benjamin Collins		Revesby Workers	12.66q
5 Micah Wilson		Port Hacking	13.24
6 Cezar Tannous		Illawong	14.29

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.00 30/01/2011 A. Goschnik, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Flynn Manley		St George	11.68
2 Jack Shearer		Port Hacking	11.71
3 Connor Wirth		Sutherland	11.84
4 Zuma Wever		Port Hacking	11.92
5 Benjamin Collins		Revesby Workers	12.11
6 Ty Babington		Port Hacking	12.38
7 Jacob Milionis		Sutherland	12.43
8 Harlan Taylor		Helensburgh	12.72

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.51 12/12/2015 Liam Sykes, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Brock Lampret		Port Hacking	10.75Q
2 Jye Pisani		Sutherland	11.45Q
3 Tifii Mhando		Port Hacking	11.93Q
4 Cooper Hunter		Revesby Workers	12.68
5 Dominick Rogers		Helensburgh	12.86
6 Blake Bowden		Helensburgh	14.60
Heat 2 Heats			
1 Max France		Port Hacking	11.06Q
2 Cooper Laverance		Port Hacking	11.12Q
3 Oliver Batman		Sutherland	11.59Q
4 Jack Batman		Sutherland	11.63q
5 Joshua Potts		Port Hacking	11.65q
6 Ben Wichgers		Sutherland	11.65

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.51 12/12/2015 Liam Sykes, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Max France		Port Hacking	10.97
2 Cooper Laverance		Port Hacking	11.00
3 Brock Lampret		Port Hacking	11.00
4 Jye Pisani		Sutherland	11.27
5 Oliver Batman		Sutherland	11.43
6 Jack Batman		Sutherland	11.57
7 Tifii Mhando		Port Hacking	11.77
8 Joshua Potts		Port Hacking	11.90

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.44 14/12/2013 Jesper Webber, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Matthew Ryan Sweeney		Sutherland	11.79Q
2 Joji Allred		Helensburgh	12.22Q
3 Kale Harris		Helensburgh	13.59Q
4 Rafael Cortes		St George	14.05
5 Andy Winston		Bundeena-Maianbar	14.30
Heat 2 Heats			
1 Lucas Gamble		Sutherland	12.80Q
2 Ty Young		Port Hacking	13.02Q
3 Zak Pearce		Port Hacking	13.18Q
4 Andersen Evins		Port Hacking	13.31q
5 Cormac Waters		Helensburgh	13.80q

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.44 14/12/2013 Jesper Webber, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Matthew Ryan Sweeney		Sutherland	11.81
2 Joji Allred		Helensburgh	12.20

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 10 - 60 Metre Hurdles (60cm)**

3	Lucas Gamble	Sutherland	12.26
4	Ty Young	Port Hacking	12.98
5	Zak Pearce	Port Hacking	13.02
6	Andersen Evins	Port Hacking	13.35
7	Kale Harris	Helensburgh	13.42
8	Cormac Waters	Helensburgh	13.53

Boys U 11 - 60 Metre Hurdles (60cm)

=====			
Zone: Z 9.96 13/12/2014 Jesper Webber, Port Hacking			
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1	Kingston Yavala	Port Hacking	11.35Q
2	Cooper Starr	Sutherland	12.01Q
3	Cameron Marshall	St George	12.01Q
4	Cooper Penman	Sutherland	12.09
5	Charlie Cumming	Sutherland	12.54
6	Elliott Lindbeck	Sutherland	12.61
7	Ethan Cavell	Illawong	13.04

Heat 2 Heats

1	Hugo France	Port Hacking	11.12Q
2	Zayne Pisani	Sutherland	11.46Q
3	Hugh Windon	Port Hacking	11.55Q
4	Lucas Lenarduzzi	Helensburgh	11.82q
5	Cayde Herbert	Revesby Workers	11.87q
6	Henry Grygiel	St George	12.54
7	Dean Goody	Bundeena-Maianbar	14.36

Boys U 11 - 60 Metre Hurdles (60cm)

=====			
Zone: Z 9.96 13/12/2014 Jesper Webber, Port Hacking			
Name	Age	Centre	Final
=====			

Section 1 Final

1	Kingston Yavala	Port Hacking	10.93
2	Hugo France	Port Hacking	11.01
3	Zayne Pisani	Sutherland	11.57
4	Hugh Windon	Port Hacking	11.65
5	Cayde Herbert	Revesby Workers	11.72
6	Cooper Starr	Sutherland	11.87
7	Cameron Marshall	St George	11.88
8	Lucas Lenarduzzi	Helensburgh	12.13

Boys U 12 - 60 Metre Hurdles (68cm)

=====			
Zone: Z 9.94 13/12/2014 Andrew Goschnik, Port Hacking			
Name	Age	Centre	Final
=====			

Section 1

1	Jay Robinson	Sutherland	10.27
2	Lukas Webber	Port Hacking	10.43
3	Bailey Dean Latanis	St George	10.51
4	Logan Toohey	Sutherland	10.74
5	Benjamin Gardner	Sutherland	11.59
6	Eugene Samson	St George	11.61
7	Dylan Pisani	Sutherland	12.20

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 13 - 80 Metre Hurdles (76cm)**

Zone: Z 13.09 13/12/2015 Andrew Goschnik, Port Hacking			
Name	Age	Centre	Final
1 Kosta Milionis		Sutherland	14.17
2 Indiana Murphy		Illawong	14.79
3 Harrison Bull		Sutherland	14.89
4 Matthew Basanovic		Port Hacking	15.09
5 Blake Jenkins		Port Hacking	16.68
6 Drew Madsen		Sutherland	16.92
7 Mitchell Waller		Helensburgh	17.13
8 Brodie Pittman		Helensburgh	17.31
9 Benjamin Pittman		Revesby Workers	19.01

Boys U 14 - 90 Metre Hurdles (76cm)

Zone: Z 13.20 30/01/2010 D. Watt, Port Hacking			
Name	Age	Centre	Final
1 Bailey Warland		Port Hacking	15.32
2 Dion Zafiris		Port Hacking	16.39
3 Curtis Bevern		Port Hacking	17.27
4 Finn Ramanauskas		Illawong	17.99

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 13.76 17/12/2017 Andrew Goschnik, Port Hacking			
Name	Age	Centre	Final
1 Aiden Gambrell		St George	14.62
2 Caleb Donald		Helensburgh	17.66
3 Luke Kozul		Sutherland	18.53
4 Riley Kennedy		Sutherland	18.82
5 Ryan Noyeaux		Sutherland	19.86
6 Jett Hardy		Helensburgh	21.95

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 14.45 17/12/2017 William Humberstone, Port Hac			
Name	Age	Centre	Final
1 Andrew Goschnik		Port Hacking	14.30Z
2 Jay Louison-Roe		Port Hacking	16.01
3 Jack Weinstein		Port Hacking	17.63
4 Miles Scarra		Sutherland	18.17
5 Mitchell Carroll		Revesby Workers	18.34

Boys U 13 - 200 Metre Hurdles (68cm)

Zone: Z 28.79 12/12/2015 Jack Hornery, Sutherland			
Name	Age	Centre	Final
1 Matthew Basanovic		Port Hacking	29.86
2 Harrison Bull		Sutherland	30.73
3 Noah Strahl		Port Hacking	31.48
4 Kosta Milionis		Sutherland	31.81
5 Brodie Pittman		Helensburgh	32.85
6 Drew Madsen		Sutherland	34.52
7 Blake Jenkins		Port Hacking	35.51

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 26.21 13/12/2014 William Humberstone, Port Hac			
Name	Age	Centre	Final
1 Bailey Warland		Port Hacking	30.79
2 Riley Fowler		Bundeena-Maianbar	30.82
3 Finn Ramanauskas		Illawong	33.08
4 Curtis Bevern		Port Hacking	34.62
5 Brodie Watkins		Bundeena-Maianbar	1:00.55

Boys U 15 - 300 Metre Hurdles (76cm)

Zone: Z 42.01 16/12/2017 Andrew Goschnik, Port Hacking			
Name	Age	Centre	Final
1 Aiden Gambrell		St George	43.60
2 Luke Kozul		Sutherland	51.86

Boys U 17 - 300 Metre Hurdles (76cm)

Zone: Z 40.12 10/12/2016 Donald Catallo, Port Hacking			
Name	Age	Centre	Final
1 Andrew Goschnik		Port Hacking	39.72Z
2 Jack Tipping		Sutherland	45.68
3 Jack Weinstein		Port Hacking	46.83
4 Miles Scarra		Sutherland	48.12

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 56.71 14/12/2014 Port Hacking, Port Hacking			
Centre	Age	Centre	Final
1 Port Hacking			59.53
1) Cooper Shephard 9		2) Lukas Webber 12	
3) Kingston Yavala 11		4) Zinzan Pure 9	
2 Sutherland			1:00.17
1) Lachlan Wheeler 9		2) Mason McGroder 11	
3) Matthew Ryan Sweeney 10		4) Jay Robinson 12	
3 Illawong			1:02.67
1) Jackson Aungle 9		2) Tomas Faulkner 10	
3) Ethan Cavell 11		4) Jake Procter 11	
4 Revesby Workers			1:04.71
1) Jacob Poole 10		2) Shea Cassilles 9	
3) Cody O'Brien 12		4) Cayde Herbert 11	
5 Helensburgh			1:05.09
1) Dominick Rogers 9		2) Kale Harris 10	
3) Cooper Bowden 11		4) Lucas Lenarduzzi 11	
-- St George			DQ
1) Alex Pili 9		2) Payton Tarau 10	
3) Liam Cremen-Cowan 11		4) Sebastian Miani 12	

Boys U 12-17 4x100 Metre Relay (Snr)

Zone: Z 46.79 17/12/2017 Sutherland, Sutherland			
Centre	Age	Centre	Final
1 Port Hacking			47.36

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 12-17 4x100 Metre Relay (Snr)**

1) Tristan Tubbs 13	2) Andrew Goschnik 17
3) Rowan Tan 15	4) Adam Bridger 14
2 Sutherland	49.19
1) Kosta Milionis 13	2) Jack Tipping 17
3) Harrison Bull 13	4) Daniel Cattana 15
3 Illawong	50.52
1) Callum Grantham 12	2) Jarvis Rosette 13
3) Mathew Lavidis 14	4) Christopher Lavidis 17

Boys U 9 - High Jump (S/H 0.85m)

Zone: Z 1.30m 31/01/2009 H. Brierley, Illawong

Name	Age Centre	Final
Flight 1		
1 Brock Lampret	Port Hacking	1.09m
2 Mahley Louison-Roe	Port Hacking	1.03m
3 Tifii Mhando	Port Hacking	1.01m
4 William Cusack	Sutherland	1.01m
5 Liam Lakomy	Sutherland	0.99m
6 Cruz Morris	Port Hacking	0.97m
7 Malachi Slawitschka	Bundeena-Maianbar	0.90m
8 Dominick Rogers	Helensburgh	0.90m
-- Jett Nisbet	Sutherland	NH
-- Samuel Gibson	Sutherland	NH
-- William Stackpool	Port Hacking	NH

Boys U 10 - High Jump (S/H 0.95m)

Zone: Z 1.47m 4/02/2007 T. Potin, Illawong

Name	Age Centre	Final
1 Payton Tarau	St George	1.15m
2 Joshua Gibson	Sutherland	1.11m
3 Kaden Anthony	Sutherland	1.09m
4 Taoko Samson	St George	1.05m
5 Zak Pearce	Port Hacking	1.05m
6 Daniel Simpson	Sutherland	1.00m
7 Jude Low	Sutherland	1.00m
-- Andersen Evins	Port Hacking	NH

Boys U 11 - High Jump (S/H 1.05m)

Zone: Z 1.55m 11/12/2016 Finn Ramanauskas, Illawong

Name	Age Centre	Final
1 Jake Procter	Illawong	1.34m
2 Liam Cremen-Cowan	St George	1.32m
3 Alexander Facchin	Port Hacking	1.30m
4 Takoda Murphy	Illawong	1.25m
4 Angus Hamilton	Sutherland	1.25m
6 Cooper Starr	Sutherland	1.25m
7 Cooper Bowden	Helensburgh	1.25m
8 Finn Hanna	Port Hacking	1.25m
9 Cameron Marshall	St George	1.25m
10 Nixon Pure	Port Hacking	1.15m
11 Elijah Cochrane	Helensburgh	1.15m
12 Charlie Cumming	Sutherland	1.10m
12 Adam Wallace	Bundeena-Maianbar	1.10m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 11 - High Jump (S/H 1.05m)**

14	Max Murphy	Port Hacking	1.10m
15	Henry Grygiel	St George	1.10m
16	Joshua Chernich	Port Hacking	1.05m
16	Benjamin Reardon	Bundeena-Maianbar	1.05m

Boys U 12 - High Jump (S/H 1.15m)

=====			
Zone: Z 1.67m 16/12/2017 Finn Ramanauskas, Illawong			
Name	Age	Centre	Final
=====			
1	Milan Toman	Port Hacking	1.39m
2	Jake Bender	Revesby Workers	1.37m
3	Kurt Michael	Port Hacking	1.35m
4	Liam Gunnell	Helensburgh	1.33m
5	Elijah Cooper	Illawong	1.27m
6	Samuel Veness	Sutherland	1.25m
7	Lachlan Landy	Port Hacking	1.15m

Boys U 13 - High Jump (S/H 1.20m)

=====			
Zone: Z 1.71m 30/01/2010 T. Potin, Illawong			
Name	Age	Centre	Final
=====			
1	Joel Cochran	Port Hacking	1.64m
2	Ryan Brice	Illawong	1.49m
3	Mitchell Waller	Helensburgh	1.47m
4	Owen Burgher	Illawong	1.45m
5	Anthony Valenta	Sutherland	1.40m
6	Lachlan Ball	Port Hacking	1.40m
7	Joel Steiner	St George	1.40m
8	Orrin Young	Port Hacking	1.40m
9	Taj Hanna	Port Hacking	1.35m
10	Jordan Talbot	Sutherland	1.25m
11	Indiana Murphy	Illawong	1.20m

Boys U 14 - High Jump (S/H 1.25m)

=====			
Zone: Z 1.82m 12/12/2015 Kobi Sharp, Port Hacking			
Name	Age	Centre	Final
=====			
1	Oskar Oxenbury	Bundeena-Maianbar	1.65m
2	Finn Ramanauskas	Illawong	1.55m
3	Riley Fowler	Bundeena-Maianbar	1.45m
4	Lucas Cross	Illawong	1.45m
5	Adam Bridger	Port Hacking	1.39m
6	Bailey Pawson	Sutherland	1.25m

Boys U 15 - High Jump (S/H 1.25m)

=====			
Zone: Z 1.96m 11/12/2016 Kobi Sharp, Illawong			
Name	Age	Centre	Final
=====			
1	Aiden Gambrell	St George	1.50m
2	Jett Hardy	Helensburgh	1.48m
3	Riley Kennedy	Sutherland	1.44m
4	Marcus Armstrong	Port Hacking	1.40m
5	Solomon Tuqiri	St George	1.30m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 17 - High Jump (S/H 1.30m)**

Zone: Z 2.00m 10/12/2016 Harrison Brierley, Illawong			
Name	Age	Centre	Final
1 Finn Murphy		Illawong	1.70m
2 Noah Ramsey		Helensburgh	1.70m
3 Mitchell Carroll		Revesby Workers	1.66m
4 Patrick Cartwright		Helensburgh	1.46m
4 Jack Bridger		Port Hacking	1.46m
6 Jay Louison-Roe		Port Hacking	1.46m

Boys U 7 - Long Jump

Zone: Z 3.43m 1978 P. Dowd, M F			
Name	Age	Centre	Final
1 Kagan Rayner		St George	2.72m
2 Benjamin Rebeiro		Port Hacking	2.72m
3 Jacob Fox		Illawong	2.61m
4 Malek Ibrahim		Port Hacking	2.57m
5 Harlem Floyd-Kerr		Helensburgh	2.53m
6 Lucas Brown		Sutherland	2.39m
7 Zachary Gibson		Sutherland	2.32m
8 Edward Fanning		Sutherland	2.29m
9 Ohio Pure		Port Hacking	2.26m
10 Charlie Ashton		Revesby Workers	2.15m
11 Duke Lampret		Port Hacking	2.15m
12 Taj Morris		Port Hacking	2.09m
13 Brody Philip		Sutherland	2.08m
14 Lewis Gotch		Sutherland	2.07m
15 Archie Taylor		St George	1.62m

Boys U 8 - Long Jump

Zone: Z 3.89m 8/02/1987 S. Grant, Port Hacking			
Name	Age	Centre	Final
1 Flynn Manley		St George	3.15m
2 Ty Babington		Port Hacking	3.08m
3 Benjamin Collins		Revesby Workers	3.07m
4 Zuma Wever		Port Hacking	3.03m
5 Connor Wirth		Sutherland	3.02m
6 Blake Noble		Helensburgh	3.01m
7 Micah Wilson		Port Hacking	2.99m
7 Noah Griffiths		Sutherland	2.99m
9 Harley Gardner		Port Hacking	2.83m
10 Koby Mckinnon		Illawong	2.38m
11 Mitchell Sofios		Illawong	2.29m
12 Elias Stevill		Bundeena-Maianbar	2.22m
13 Aiden May		Sutherland	2.01m

Boys U 9 - Long Jump

Zone: Z 4.13m 5/02/1998 J. Reddy, Sutherland			
Name	Age	Centre	Final
1 Mahley Louison-Roe		Port Hacking	3.96m
2 Brock Lampret		Port Hacking	3.76m
3 Zinzan Pure		Port Hacking	3.76m
4 Jett Nisbet		Sutherland	3.45m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 9 - Long Jump**

5	Ben Wichgers	Sutherland	3.45m
6	Max France	Port Hacking	3.22m
7	William Cusack	Sutherland	3.04m
8	Tifii Mhando	Port Hacking	3.01m
9	Alex Pili	St George	3.01m
10	Oscar Taylor	St George	2.93m
11	Nick Moosavy	Illawong	2.90m
12	Jack Batman	Sutherland	2.86m
13	Jeriah Leger	St George	2.83m
14	Cooper Hunter	Revesby Workers	2.80m
14	Oliver Batman	Sutherland	2.80m
16	Dominick Rogers	Helensburgh	2.64m
17	Blake Bowden	Helensburgh	2.35m

Boys U 10 - Long Jump

=====
 Zone: Z 4.63m 5/02/1989 C. Best, Sutherland

Name	Age	Centre	Final
1	Callum McLean	St George	3.90m
2	Kaden Anthony	Sutherland	3.74m
3	Hamish Carson	Illawong	3.70m
4	Taoko Samson	St George	3.65m
5	Matthew Ryan Sweeney	Sutherland	3.62m
6	Joshua Gibson	Sutherland	3.61m
7	Jaxon Gotch	Sutherland	3.54m
8	Joshua Kannengiesser	Illawong	3.51m
9	Rafael Cortes	St George	3.29m
10	Ty Young	Port Hacking	3.22m
10	James Tsavalias	Illawong	3.22m
12	Oliver Banda	Helensburgh	3.18m
13	Charbel Khoury	Revesby Workers	3.06m
14	Cormac Waters	Helensburgh	3.05m

Boys U 11 - Long Jump

=====
 Zone: Z 5.22m 18/02/1990 C. Best, Sutherland

Name	Age	Centre	Final
1	Mason McGroder	Sutherland	4.52m
2	Alexander Facchin	Port Hacking	4.31m
3	Kingston Yavala	Port Hacking	4.06m
4	Cayde Herbert	Revesby Workers	3.96m
5	Cooper Bowden	Helensburgh	3.92m
6	Chase Cross	Illawong	3.82m
7	Calvin Dunn	Sutherland	3.81m
8	Jake Batten	St George	3.75m
9	Angus Hamilton	Sutherland	3.70m
10	Finn Hanna	Port Hacking	3.58m
11	Finn Nixon	Sutherland	3.47m
12	Benjamin Reardon	Bundeena-Maianbar	3.44m
13	Hugo France	Port Hacking	3.37m
14	Jovan Leger	St George	3.31m
15	Ethan Cavell	Illawong	3.21m
16	Cameron Marshall	St George	3.19m
17	Dean Goody	Bundeena-Maianbar	3.02m
18	Charlie Cumming	Sutherland	3.01m
19	Takoda Murphy	Illawong	2.80m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 12 - Long Jump**

Zone: Z 5.28m 30/01/1999 D. Tehuia, St George

Name	Age Centre	Final
1 Michael Paino	Sutherland	4.41m
2 Taurus Traino	Sutherland	4.32m
3 Elias Kazzi	Port Hacking	4.10m
4 Liam Sykes	Port Hacking	4.03m
5 Daniel Hornerly	Sutherland	3.99m
6 Jake Bender	Revesby Workers	3.83m
7 Tyler Extrem	Sutherland	3.72m
8 Cody O'Brien	Revesby Workers	3.66m
9 Lachlan Landy	Port Hacking	3.25m
-- Elijah Cooper	Illawong	ND

Boys U 13 - Long Jump

Zone: Z 5.56m 18/02/1990 M. Stcherbina, Port Hacking

Name	Age Centre	Final
1 Tristan Tubbs	Port Hacking	4.80m
2 Joel Cochran	Port Hacking	4.58m
3 Kosta Milionis	Sutherland	4.54m
4 Anthony Valenta	Sutherland	4.40m
5 Noah Strahl	Port Hacking	4.39m
6 Mitchell Waller	Helensburgh	4.23m
7 Cameron Jones	St George	4.15m
8 Indiana Murphy	Illawong	4.05m
9 Ryan Brice	Illawong	3.98m
10 Drew Madsen	Sutherland	3.97m
11 Benjamin Pittman	Revesby Workers	3.96m
12 Jordan Talbot	Sutherland	3.56m

Boys U 14 - Long Jump

Zone: Z 5.63m 15/12/2013 Harrison Brierley, Illawong

Name	Age Centre	Final
1 Nicholas Muir	Port Hacking	5.00m
2 Riley Fowler	Bundeena-Maianbar	4.66m
3 Adam Bridger	Port Hacking	4.50m
4 Finn Ramanauskas	Illawong	4.42m
5 Bailey Warland	Port Hacking	4.16m
6 Curtis Bevern	Port Hacking	4.09m
7 Bailey Pawson	Sutherland	3.95m

Boys U 15 - Long Jump

Zone: Z 6.33m 28/01/2006 C. Sills, Port Hacking

Name	Age Centre	Final
1 Daniel Cattana	Sutherland	5.72m
2 Rowan Tan	Port Hacking	5.34m
3 Aiden Gambrell	St George	5.20m
4 Luke Kozul	Sutherland	4.52m
5 Caleb Strahl	Port Hacking	4.50m
6 Jett Hardy	Helensburgh	4.24m
7 Solomon Tuqiri	St George	3.89m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 17 - Long Jump**

Zone: Z 6.82m 14/12/2013 Liam Cashman, Port Hacking

Name	Age Centre	Final
1 Andrew Goschnik	Port Hacking	6.35m
2 Jay Louison-Roe	Port Hacking	6.10m
3 Finn Murphy	Illawong	6.02m
4 Jack Weinstein	Port Hacking	5.84m
5 Muhammad Hadi Saadi	Port Hacking	5.73m
6 Jack Bridger	Port Hacking	5.60m
7 Joshua Saville	Sutherland	5.28m
8 Noah Ramsey	Helensburgh	5.03m
9 Mitchell Carroll	Revesby Workers	4.77m
10 Iram Palma	Sutherland	4.35m

Boys U 11 - Triple Jump

Zone: Z 9.82m 12/12/2015 Fernando Nash, Port Hacking

Name	Age Centre	Final
1 Mason McGroder	Sutherland	9.90mZ
2 Alexander Facchin	Port Hacking	9.30m
3 Declan Garner	Port Hacking	8.88m
4 Chase Cross	Illawong	8.56m
5 Luke Farley	Port Hacking	8.45m
6 Takoda Murphy	Illawong	8.43m
7 Kade Rogers	Sutherland	8.25m
8 Angus Hamilton	Sutherland	8.13m
9 Jovan Leger	St George	7.94m
10 Alexander Lindner	St George	7.87m
11 Samuel Banovic	Port Hacking	7.67m
12 Owen Wells	Sutherland	7.49m
13 Dylan Bristow	Sutherland	7.11m

Boys U 12 - Triple Jump

Zone: Z 10.67m 1/02/1990 A. Macarthur, Sutherland

Name	Age Centre	Final
1 Michael Paino	Sutherland	9.33m
2 Liam Sykes	Port Hacking	8.99m
3 Elijah Cooper	Illawong	8.82m
4 Kurt Michael	Port Hacking	8.76m
5 Kaden Garner	Port Hacking	8.63m
6 Daniel Hornery	Sutherland	8.17m
7 Tyler Extrem	Sutherland	8.15m

Boys U 13 - Triple Jump

Zone: Z 11.43m 10/12/2016 Rowan Tan, Port Hacking

Name	Age Centre	Final
1 Tristan Tubbs	Port Hacking	10.40m
2 Joel Cochran	Port Hacking	10.16m
3 Noah Strahl	Port Hacking	9.67m
4 Matthew Basanovic	Port Hacking	9.48m
5 Harrison Bull	Sutherland	9.06m
6 Anthony Valenta	Sutherland	9.04m
7 Indiana Murphy	Illawong	9.01m
8 Mitchell Waller	Helensburgh	8.75m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 13 - Triple Jump**

9 Drew Madsen	Sutherland	8.71m
10 Benjamin Pittman	Revesby Workers	8.34m
11 Alexander Photi	Illawong	8.10m

Boys U 14 - Triple Jump

Zone: Z 12.15m 30/01/1993 G. Cuthill, Sutherland

Name	Age Centre	Final
1 Nicholas Muir	Port Hacking	10.67m
2 Adam Bridger	Port Hacking	10.43m
3 Finn Ramanauskas	Illawong	9.92m
4 Dion Zafiris	Port Hacking	9.60m
5 Lucas Cross	Illawong	9.34m
6 Bailey Pawson	Sutherland	8.69m

Boys U 15 - Triple Jump

Zone: Z 12.97m 11/12/2016 Connor Murphy, Illawong

Name	Age Centre	Final
1 Rowan Tan	Port Hacking	11.79m
2 Aiden Gambrell	St George	10.67m
3 Marcus Armstrong	Port Hacking	10.19m
4 Caleb Strahl	Port Hacking	9.68m
5 Luke Kozul	Sutherland	9.56m
6 Riley Kennedy	Sutherland	9.48m

Boys U 17 - Triple Jump

Zone: Z 13.92m 17/12/2017 Connor Murphy, Illawong

Name	Age Centre	Final
1 Connor Murphy	Illawong	14.30mZ
2 Finn Murphy	Illawong	12.97m
3 Jay Louison-Roe	Port Hacking	12.90m
4 Andrew Goschnik	Port Hacking	11.97m
5 Mitchell Carroll	Revesby Workers	11.17m
6 Jack Bridger	Port Hacking	11.11m
7 Iram Palma	Sutherland	9.22m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 9.99m 2/02/1986 S. Grant, Port Hacking

Name	Age Centre	Final
1 Adam Weinstein	Port Hacking	5.91m
2 Ohio Pure	Port Hacking	5.18m
3 Jacob Fox	Illawong	5.04m
4 Harrison Nisbet	Sutherland	4.89m
5 Charlie Ashton	Revesby Workers	4.66m
6 Oscar Bibby	Port Hacking	3.58m
7 Duke Lampret	Port Hacking	3.56m
8 Zane Kennedy	Sutherland	3.43m
9 Henry Pyne	Sutherland	2.69m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 8 - Shot Put (1.5 Kg)**

Zone: Z 9.60m 29/01/2011 B. Toohey, Sutherland			
Name	Age	Centre	Final
1 Daniel Harrington		Port Hacking	5.61m
2 Noah Griffiths		Sutherland	5.25m
3 Christian McKirdy		Port Hacking	5.00m
4 Zuma Wever		Port Hacking	4.95m
5 Toby Wallace		Bundeena-Maianbar	4.90m
6 Lukas Kazzi		Port Hacking	4.80m
7 Rory O'Brien		Illawong	4.77m
8 Koby Mckinnon		Illawong	3.91m
9 Mitchell Sofios		Illawong	3.52m

Boys U 9 - Shot Put (2.0 Kg)

Zone: Z 10.55m 2/02/2008 P. Toamotu, St George			
Name	Age	Centre	Final
1 Jett Nisbet		Sutherland	8.41m
2 Cooper Hunter		Revesby Workers	7.19m
3 Cooper Laverance		Port Hacking	7.07m
4 Joshua Potts		Port Hacking	5.96m
5 William Cusack		Sutherland	5.68m
6 Noah Farley		Port Hacking	5.31m
7 Jeriah Leger		St George	5.08m
8 Jax Goode		Helensburgh	4.91m
9 Aidan Bibby		Port Hacking	4.86m
10 Jack Batman		Sutherland	4.76m
11 Jake Rogers		Sutherland	3.33m

Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 11.26m 9/12/2012 Blake Toohey, Sutherland			
Name	Age	Centre	Final
1 Cruz Dennis		Illawong	8.08m
2 Boston Traino		Sutherland	8.05m
3 Tomas Faulkner		Illawong	7.51m
4 Payton Tarau		St George	6.60m
5 Jone Tuqiri		St George	6.58m
6 Kaden Anthony		Sutherland	6.46m
7 Benjamin Clayton		Port Hacking	6.31m
8 Tarun Hariharan		Port Hacking	4.97m

Boys U 11 - Shot Put (2.0 Kg)

Zone: Z 12.18m 2/02/2008 H. Sele, St George			
Name	Age	Centre	Final
1 Zoran Szekeres		Sutherland	10.93m
2 Cody Ramanauskas		Illawong	10.25m
3 Christopher Szekeres		Sutherland	9.71m
4 Alex Brandt		Port Hacking	8.23m
5 Nixon Pure		Port Hacking	7.94m
6 Jonah Austin		Revesby Workers	7.19m
7 Joel Fox		Illawong	7.05m
8 Christian Rossi		Sutherland	6.69m
9 Austin Pyne		Sutherland	6.23m
10 Luke Brannock		Sutherland	6.16m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 12 - Shot Put (2.0 Kg)**

Name	Age Centre	Final
1 Logan Toohey	Sutherland	12.06m
2 Bailey Dean Latanis	St George	10.82m
3 Alexander Zafiris	Port Hacking	10.05m
4 Kael Austin	Revesby Workers	9.33m
5 Kaden Garner	Port Hacking	9.25m
6 Zack Strkljevic	Port Hacking	9.04m
7 Tyler Extrem	Sutherland	8.70m
8 Eugene Samson	St George	8.44m
9 Lukas Webber	Port Hacking	8.28m
10 Zac Pokorny	Sutherland	7.72m
11 Marco Venturino	St George	6.88m

Boys U 13 - Shot Put (3.0 Kg)

Zone: Z 15.36m 5/02/2012 Peta Toamotu, St George		
Name	Age Centre	Final
1 Alexander Photi	Illawong	10.68m
2 Benjamin Pittman	Revesby Workers	8.47m
3 Matthew Basanovic	Port Hacking	7.81m
4 James Chernich	Port Hacking	7.81m
5 Michael Papadakis	Sutherland	7.30m
6 Drew Madsen	Sutherland	7.27m
7 Blake Jenkins	Port Hacking	6.99m

Boys U 14 - Shot Put (3.0 Kg)

Zone: Z 16.95m 9/12/2012 Pita Toamotu, St George		
Name	Age Centre	Final
1 Mathew Lavidis	Illawong	13.02m
2 Adam Pittman	Revesby Workers	11.58m
3 Oliver Santo	Port Hacking	9.56m
4 Zacary Awad	St George	5.53m

Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 17.25m 14/12/2013 Pita Toamotu, St George		
Name	Age Centre	Final
1 Solomon Tuqiri	St George	11.44m
2 Luke Nicholson	Sutherland	10.92m
3 Jordan Papadakis	Sutherland	9.85m
4 Caleb Strahl	Port Hacking	7.63m
5 Thomas Banda	Helensburgh	6.07m

Boys U 17 - Shot Put (5.0 Kg)

Zone: Z 16.74m 13/12/2014 Pita Toamotu, St George		
Name	Age Centre	Final
1 Jack Hornery	Sutherland	11.43m
2 Connell Hadzinickitas	St George	10.60m
3 Nicholas Papadakis	Sutherland	10.39m
4 Patrick Cartwright	Helensburgh	8.20m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 7 - Discus (350 Gram)**

Zone: Z 24.51m 31/01/2005 A. Kakouski, Port Hacking				
Name	Age	Centre	Final	
1	Jacob	Fox	Illawong	14.55m
2	Adam	Weinstein	Port Hacking	13.26m
3	Kagan	Rayner	St George	11.54m
4	Charlie	Ashton	Revesby Workers	10.30m
5	Ohio	Pure	Port Hacking	9.20m
6	Isaac	Wheeler	Sutherland	8.23m
7	Duke	Lampret	Port Hacking	6.86m
8	Samuel	Batman	Sutherland	6.51m
9	Oscar	Bibby	Port Hacking	5.80m
10	Archie	Taylor	St George	5.41m
11	Henry	Pyne	Sutherland	4.71m
--	Brody	Philip	Sutherland	ND

Boys U 8 - Discus (500 Gram)

Zone: Z 22.90m 1/12/1991 J. Parsons, Revesby Workers				
Name	Age	Centre	Final	
1	Daniel	Harrington	Port Hacking	14.06m
2	Benjamin	Collins	Revesby Workers	12.76m
3	Rock	Reddy	Sutherland	11.10m
4	Michael	Mathison	Port Hacking	9.92m
5	Ethan	Arnold	Port Hacking	8.45m
6	Mitchell	Sofios	Illawong	8.32m
7	Aiden	May	Sutherland	6.65m

Boys U 9 - Discus (500 Gram)

Zone: Z 31.34m 5/02/2012 Blake Toohey, Sutherland				
Name	Age	Centre	Final	
1	Cooper	Hunter	Revesby Workers	24.65m
2	Cooper	Laverance	Port Hacking	22.07m
3	Jett	Nisbet	Sutherland	19.53m
4	Joshua	Potts	Port Hacking	17.35m
5	Callum	Clasper	Revesby Workers	14.22m
6	Harrison	Danne	Illawong	13.84m
7	Aidan	Bibby	Port Hacking	13.52m
8	Jack	Batman	Sutherland	12.91m
9	Damon	Beard	Revesby Workers	12.24m
10	Jeriah	Leger	St George	11.40m
11	Jake	Rogers	Sutherland	11.35m
12	Ben	Wichgers	Sutherland	11.05m
13	Oscar	Taylor	St George	10.92m
14	Blake	Bowden	Helensburgh	10.13m

Boys U 10 - Discus (500 Gram)

Zone: Z 34.92m 3/02/1997 A. Huntiungdon, Sutherland				
Name	Age	Centre	Final	
1	Boston	Traino	Sutherland	25.80m
2	Cruz	Dennis	Illawong	23.02m
3	Zak	Pearce	Port Hacking	19.88m
4	Jone	Tuqiri	St George	17.95m
5	Benjamin	Clayton	Port Hacking	15.56m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****....Boys U 10 - Discus (500 Gram)**

6 Hayden Dick	Sutherland	15.02m
7 Tarun Hariharan	Port Hacking	12.95m

Boys U 11 - Discus 500 Gram)

Name	Age Centre	Final
1 Zoran Szekeres	Sutherland	33.47m
2 Christopher Szekeres	Sutherland	33.39m
3 Cody Ramanauskas	Illawong	31.86m
4 Kade Rogers	Sutherland	30.95m
5 Max Murphy	Port Hacking	24.97m
6 Alex Brandt	Port Hacking	23.49m
7 Sebastien Impey	Port Hacking	21.49m
8 Cameron Marshall	St George	21.48m
9 Joel Fox	Illawong	18.20m
10 Jonah Austin	Revesby Workers	18.04m
11 Adam Wallace	Bundeena-Maianbar	17.40m
12 Nixon Pure	Port Hacking	14.90m
13 Luke Brannock	Sutherland	14.53m

Boys U 12 - Discus (750 Gram)

Zone: Z 45.49m 31/01/2008 H. Sele, St George

Name	Age Centre	Final
1 Bailey Dean Latanis	St George	29.30m
2 Logan Toohey	Sutherland	27.98m
3 Kurt Michael	Port Hacking	23.46m
4 Kael Austin	Revesby Workers	22.99m
5 Alexander Zafiris	Port Hacking	22.30m
6 Zack Strkljevic	Port Hacking	21.96m
7 Zac Pokorny	Sutherland	20.23m
8 Ryan Arnold	Port Hacking	18.65m

Boys U 13 - Discus (750 Gram)

Name	Age Centre	Final
1 Benjamin Pittman	Revesby Workers	29.15m
2 Alexander Photi	Illawong	28.14m
3 Mark Farley	Port Hacking	23.28m
4 Michael Papadakis	Sutherland	19.99m
5 Lachlan Ball	Port Hacking	18.84m
6 Blake Jenkins	Port Hacking	18.76m
7 Tristan Tubbs	Port Hacking	18.12m
8 James Chernich	Port Hacking	17.68m

Boys U 14 - Discus (1.0 Kg)

Zone: Z 50.57m 8/12/2012 Pita Toamotu, St George

Name	Age Centre	Final
1 Mathew Lavidis	Illawong	45.07m
2 Adam Pittman	Revesby Workers	34.24m
3 Adam Bridger	Port Hacking	16.62m
4 Zacary Awad	St George	11.10m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 15 - Discus (1.0 Kg)**

Zone: Z 62.90m 31/01/1993 M. McGrath, Illawong			
Name	Age	Centre	Final
1 Jordan Papadakis		Sutherland	36.18m
2 Solomon Tuqiri		St George	32.81m
3 Luke Nicholson		Sutherland	30.49m
4 Lachlan Sainsbury		Sutherland	26.34m
5 Caleb Strahl		Port Hacking	22.94m
6 Thomas Banda		Helensburgh	14.63m

Boys U 17 - Discus (1.5 Kg)

Zone: Z 53.52m 14/12/2014 Pita Toamotu, St George			
Name	Age	Centre	Final
1 Blake Toohey		Sutherland	34.90m
2 Nicholas Papadakis		Sutherland	33.78m
3 Christopher Lavidis		Illawong	27.15m
4 Connell Hadzinickitas		St George	26.77m

Boys U 11 - Javelin (400 Gram)

Zone: Z 28.05m 17/12/2017 Liam Sykes, Port Hacking			
Name	Age	Centre	Final
1 Cody Ramanauskas		Illawong	31.37mZ
2 Takoda Murphy		Illawong	23.47m
3 Kade Rogers		Sutherland	20.04m
4 Zoran Szekeres		Sutherland	19.13m
5 Alex Brandt		Port Hacking	18.09m
6 Christopher Szekeres		Sutherland	17.59m
7 Christian Rossi		Sutherland	15.61m
8 Nixon Pure		Port Hacking	15.39m
9 Joel Fox		Illawong	12.57m
10 Alexander Lindner		St George	7.85m
11 Dylan Bristow		Sutherland	7.70m

Boys U 12 - Javelin (400 Gram)

Zone: Z 34.97m 14/12/2014 Blake Toohey, Sutherland			
Name	Age	Centre	Final
1 Alexander Zafiris		Port Hacking	28.39m
2 Samuel Veness		Sutherland	25.10m
3 Tyler Extrem		Sutherland	24.50m
4 Zack Strkljevic		Port Hacking	23.37m
5 Ryan Arnold		Port Hacking	23.30m
6 Liam Sykes		Port Hacking	22.76m
7 Kurt Michael		Port Hacking	22.55m
8 Kael Austin		Revesby Workers	19.50m
9 Alex Christian		Illawong	17.00m
10 Liam Gunnell		Helensburgh	14.15m
11 Marco Venturino		St George	11.33m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 13 - Javelin (600 Gram)**

Zone: Z 44.47m 30/01/2010 H Sele, St George

Name	Age Centre	Final
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1	Lachlan Mckenzie	Illawong	24.42m
2	Orrin Young	Port Hacking	21.00m
3	Michael Papadakis	Sutherland	20.36m
4	Anthony Valenta	Sutherland	18.71m
5	Noah Strahl	Port Hacking	16.44m
6	Drew Madsen	Sutherland	15.27m
7	Blake Jenkins	Port Hacking	14.65m
8	James Chernich	Port Hacking	13.32m

Boys U 14 - Javelin (600 Gram)

Zone: Z 43.70m 31/01/2008 M Ferencak, Port Hacking

Name	Age Centre	Final
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1	Oliver Santo	Port Hacking	33.03m
2	Bailey Pawson	Sutherland	13.77m

Boys U 15 - Javelin (700 Gram)

Zone: Z 49.22m 13/12/2014 Joshua Smith, Illawong

Name	Age Centre	Final
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1	Luke Nicholson	Sutherland	38.70m
2	Jordan Papadakis	Sutherland	19.81m
3	Solomon Tuqiri	St George	15.08m
4	Thomas Banda	Helensburgh	12.68m

Boys U 17 - Javelin (700 Gram)

Zone: Z 51.33m 14/12/2014 G Farmakidis, Port Hacking

Name	Age Centre	Final
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1	Blake Toohey	Sutherland	37.34m
2	Andrew Goschnik	Port Hacking	35.91m
3	Nicholas Papadakis	Sutherland	34.01m
4	Christopher Lavidis	Illawong	26.61m

Boys U 9 - 700 Metre Walk

Zone: Z 4:10.63 13/12/2015 Taylor Harrod, Port Hacking

Name	Age Centre	Final
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Section 1

1	Wilson Xu	Illawong	5:23.18
2	Cruz Wever	Port Hacking	5:40.59

Boys U 10 - 1100 Metre Walk

Zone: Z 6:04.10 30/01/2010 A. Duffy, Port Hacking

Name	Age Centre	Final
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1	Tyler Mckinnon	Illawong	6:23.75
2	Benjamin Clayton	Port Hacking	8:01.84
3	Charbel Khoury	Revesby Workers	9:02.07
--	Lachlan Mackenzie	Sutherland	DQ
--	Tarun Hariharan	Port Hacking	DQ

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**The Ridge Athletics Track****Results****Boys U 11 - 1100 Metre Walk**

=====			
	Zone: Z		
Name		Age Centre	Final
=====			
1 Max Murphy	5:35.04	13/12/2015 Oliver Santo, Port Hacking	
		Port Hacking	7:17.93

Boys U 14 - 1500 Metre Walk

=====			
	Zone: Z		
Name		Age Centre	Final
=====			
-- Curtis Bevern	7:30.77	17/12/2017 Tom Jessep, Port Hacking	
		Port Hacking	DQ

Boys U 15 - 1500 Metre Walk

=====			
	Zone: Z		
Name		Age Centre	Final
=====			
-- Caleb Strahl	8:08.30	13/12/2015 Donald Catallo, Port Hackin	
		Port Hacking	DQ

Boys U 17 - 1500 Metre Walk

=====			
	Zone: Z		
Name		Age Centre	Final
=====			
1 Nicholas Papadakis	8:27.40	30/01/2011 B.Korremans, Revesby Worker	
		Sutherland	10:47.43