



Special Offer for ESLAC Members

Lucy from Alter to Fit does a great job sewing our silicone RFID tags into the Registration Number Patches issued to Eastern Suburbs Little Athletics Centre athletes every season. But she can also help out ESLAC members by sewing the registration number, age patch and Coles sponsor patch onto your uniforms. This year Lucy is offering a special deal to ESLAC members:

What's the deal?

For \$15 Lucy will sew the Registration Number and Coles sponsor patch onto the singlet/top and Age Group patch onto the shorts/running briefs of your uniform. Simply take this notice to Alter to Fit at 92 Bronte Road Bondi Junction (Embroidery sign at the front of the shop and opposite Pet Barn on Bronte Road Bondi Junction) and show it Lucy for this special \$15 offer.

What's in it for me?

Lucy does a great job and \$15 is an unbeatable price.

What's in it for ESLAC?

Lucy will donate \$4 back to ESLAC from each job she completes for ESLAC members that show her this flyer.

So help yourself and help ESLAC by taking advantage of this Special Offer!

ESLAC and LANSW 2019/2020 Season Calendar

Date	ESLAC Season Week/ Championship	Event Series/ Participants	Competition Points?/ Venue
Friday September 6 th	1 st Registration Night	All ESLAC	ES Marks Field from 5-7pm
Sunday September 12 th	2 nd Registration Night	ESLAC Returning	ES Marks Carpark from 5-7pm
Friday September 13 th	Week 1 (Season Starts)	Event Series 3	No (System Testing)
Friday September 20 th	Week 2	Event Series 4	No (System Testing)
Friday September 27 th	No Competition	No Competition	No (October Long Weekend)
Friday October 4 th	No Competition	No Competition	No (School Holidays)
Friday October 11 th	Week 3	Event Series 5	Yes
Friday October 18 th	Week 4	Event Series 6	Yes
Friday October 25 th	Week 5	Event Series 1	Yes
Friday November 1 st	Week 6	Event Series 2	Yes
Friday November 8 th	Week 7	Event Series 3	Yes
Friday November 15 th	Week 8	Event Series 4	No (State Relay Champs')
Saturday Nov 16 th	State Relay Champs'	All LANSW	@ Sydney Olympic Park
Sunday November 17 th	State Relay Champs'	All LANSW	@ Sydney Olympic Park
Friday November 22 nd	Week 9	Event Series 5	Yes
Friday November 29 th	Week 10	Event Series 6	Yes
Friday December 6 th	No Competition	No Competition	No (Set Up for Zone)
Saturday December 7 th	Zone Championships	Inner City U7-17	@ ES Marks Field
Sunday December 8 th	Zone Championships	Inner City U7-17	@ ES Marks Field
Friday December 13 th	No Competition	No Competition	No (Christmas Break)
Sunday December 15 th	Region Team Training	ESLAC Rgn Reps	@ ES Marks Field 4-5:30pm
Friday December 20 th	No Competition	No Competition	No (Christmas Break)
Friday December 27 th	No Competition	No Competition	No (New Year's Break)
Friday January 3 rd	No Competition	No Competition	No (New Year's Break)
Friday January 10 th	No Competition	No Competition	No (School Holidays)
Friday January 17 th	No Competition	No Competition	No (School Holidays)
Sunday January 19 th	Trans-Tasman Challenge	LANSW U11/U12	@ Mt Smart Stadium, Auckland
Friday January 24 th	Week 11	Event Series 1	Yes
Friday January 31 st	Week 12	Event Series 2	No (Regional Championships)
Saturday February 1 st	Regional Championships	Region 8 U8-U17	@ The Ridge Athletics Track
Sunday February 2 nd	Regional Championships	Region 8 U8-U17	@ The Ridge Athletics Track
Friday February 7 th	Week 13	Event Series 3	Yes
Friday February 14 th	Week 14	Event Series 4	Yes
Friday February 21 st	Week 15	Event Series 5	Yes
Sunday February 23 rd	State Team Training	ESLAC State Rep	@ ES Marks Field 4-5:30pm
Friday February 28 th	Week 16	Event Series 6	No (State Multi Championships)
Saturday February 29 th	State Multi Event Champs'	All LANSW	@ Tamworth Athletics Centre
Sunday March 1 st	State Multi Event Champs'	All LANSW	@ Tamworth Athletics Centre
Friday March 6 th	Week 17 (Season Ends)	Event Series 1	Yes (Tiny Tots Medal Awards)
Saturday March 14 th	LANSW State Champs'	All LANSW U9-17	@ Sydney Olympic Park
Sunday March 15 th	LANSW State Champs'	All LANSW U9-17	@ Sydney Olympic Park
Saturday April 25 th	ALA National Champs'	All LA U13/U15	@ TBA
Sunday April 26 th	ALA National Champs'	All LA U13/U15	@ TBA

To check out your results for any competition night visit <http://eslac.com.au/results/>