

2019 INNER CITY ZONE CHAMPIONSHIPS Track Events Program - SATURDAY

| | EVENT | H / F | ESTIMATED TIME |
|-----|---------------------------------------|-------|----------------|
| #1 | Girls U 7 - 500 Metre Run Pack Start | Final | 8:30 AM |
| #2 | Boys U 7 - 500 Metre Run Pack Start | Final | 8:40 AM |
| #3 | Girls U 11 - 1500 Metre Run | Final | 8:50 AM |
| #4 | Boys U 11 - 1500 Metre Run | Final | 9:00 AM |
| #5 | Girls U 12 - 1500 Metre Run | Final | 9:10 AM |
| #6 | Boys U 12 - 1500 Metre Run | Final | 9:20 AM |
| #33 | Girls U 13 - 200 Metre Hurdles (68cm) | Final | 9:30 AM |
| #34 | Boys U 13 - 200 Metre Hurdles (68cm) | Final | 9:35 AM |
| #35 | Girls U 14 - 200 Metre Hurdles (76cm) | Final | 9:40 AM |
| #36 | Boys U 14 - 200 Metre Hurdles (76cm) | Final | 9:45 AM |
| #37 | Girls U 15 - 300 Metre Hurdles (76cm) | Final | 9:55 AM |
| #38 | Boys U 15 - 300 Metre Hurdles (76cm) | Final | 10:00 AM |
| #39 | Girls U 17 - 300 Metre Hurdles (76cm) | Final | 10:05 AM |
| #40 | Boys U 17 - 300 Metre Hurdles (76cm) | Final | 10:10 AM |
| #23 | Girls U 8 - 60 Metre Hurdles (45cm) | Heats | 10:15 AM |
| #24 | Boys U 8 - 60 Metre Hurdles (45cm) | Heats | 10:20 AM |
| #25 | Girls U 9 - 60 Metre Hurdles (45cm) | Heats | 10:25 AM |
| #26 | Boys U 9 - 60 Metre Hurdles (45cm) | Heats | 10:30 AM |
| #27 | Girls U 10 - 60 Metre Hurdles (60cm) | Heats | 10:40 AM |
| #28 | Boys U 10 - 60 Metre Hurdles (60cm) | Heats | 10:45 AM |
| #29 | Girls U 11 - 80 Metre Hurdles (60cm) | Heats | 10:50 AM |
| #30 | Boys U 11 - 80 Metre Hurdles (60cm) | Heats | 10:55 AM |
| #31 | Girls U 12 - 80 Metre Hurdles (68cm) | Heats | 11:05 AM |
| #32 | Boys U 12 - 80 Metre Hurdles (68cm) | Heats | 11:10 AM |
| #15 | Girls U 13 - 1500 Metre Run | Final | 11:15 AM |
| #16 | Boys U 13 - 1500 Metre Run | Final | 11:25 AM |
| #17 | Girls U 14 - 1500 Metre Run | Final | 11:35 AM |
| #18 | Boys U 14 - 1500 Metre Run | Final | 11:35 AM |
| #19 | Girls U 15 - 1500 Metre Run | Final | 11:45 AM |
| #21 | Girls U 17 - 1500 Metre Run | Final | 11:45 AM |
| #20 | Boys U 15 - 1500 Metre Run | Final | 11:55 AM |
| #22 | Boys U 17 - 1500 Metre Run | Final | 11:55 AM |
| #41 | Girls U 11 - 80 Metre Hurdles (60cm) | Final | 12:05 PM |
| #42 | Boys U 11 - 80 Metre Hurdles (60cm) | Final | 12:07 PM |
| #43 | Girls U 12 - 80 Metre Hurdles (68cm) | Final | 12:09 PM |
| #44 | Boys U 12 - 80 Metre Hurdles (68cm) | Final | 12:11 PM |
| #45 | Girls U 8 - 60 Metre Hurdles (45cm) | Final | 12:15 PM |
| #46 | Boys U 8 - 60 Metre Hurdles (45cm) | Final | 12:17 PM |
| #47 | Girls U 9 - 60 Metre Hurdles (45cm) | Final | 12:19 PM |
| #48 | Boys U 9 - 60 Metre Hurdles (45cm) | Final | 12:21 PM |
| #49 | Girls U 10 - 60 Metre Hurdles (60cm) | Final | 12:26 PM |
| #50 | Boys U 10 - 60 Metre Hurdles (60cm) | Final | 12:28 PM |
| #71 | Girls U 7 - 50 Metre Sprint | Heats | 12:35 PM |
| #72 | Boys U 7 - 50 Metre Sprint | Heats | 12:40 PM |
| #53 | Girls U 13 - 100 Metre Sprint | Heats | 12:45 PM |
| #54 | Boys U 13 - 100 Metre Sprint | Heats | 12:50 PM |
| #55 | Girls U 14 - 100 Metre Sprint | Heats | 12:55 PM |
| #56 | Boys U 14 - 100 Metre Sprint | Heats | 1:00 PM |
| #57 | Girls U 15 - 100 Metre Sprint | Heats | 1:05 PM |
| #58 | Boys U 15 - 100 Metre Sprint | Heats | 1:10 PM |
| #59 | Girls U 17 - 100 Metre Sprint | Heats | 1:15 PM |
| #60 | Boys U 17 - 100 Metre Sprint | Heats | 1:20 PM |
| #51 | Girls U 7 - 100 Metre Sprint | Heats | 1:30 PM |
| #52 | Boys U 7 - 100 Metre Sprint | Heats | 1:35 PM |
| #61 | Girls U 8 - 100 Metre Sprint | Heats | 1:40 PM |
| #62 | Boys U 8 - 100 Metre Sprint | Heats | 1:45 PM |
| #63 | Girls U 9 - 100 Metre Sprint | Heats | 1:50 PM |
| #64 | Boys U 9 - 100 Metre Sprint | Heats | 1:55 PM |
| #65 | Girls U 10 - 100 Metre Sprint | Heats | 2:00 PM |
| #66 | Boys U 10 - 100 Metre Sprint | Heats | 2:05 PM |
| #67 | Girls U 11 - 100 Metre Sprint | Heats | 2:10 PM |
| #68 | Boys U 11 - 100 Metre Sprint | Heats | 2:15 PM |
| #69 | Girls U 12 - 100 Metre Sprint | Heats | 2:20 PM |
| #70 | Boys U 12 - 100 Metre Sprint | Heats | 2:25 PM |

| | EVENT | H / F | ESTIMATED TIME |
|------|-------------------------------|-------|----------------|
| #111 | Girls U 7 - 50 Metre Sprint | Final | 2:30 PM |
| #112 | Boys U 7 - 50 Metre Sprint | Final | 2:35 PM |
| #73 | Girls U 13 - 400 Metre Sprint | Final | 2:40 PM |
| #74 | Boys U 13 - 400 Metre Sprint | Final | 2:47 PM |
| #75 | Girls U 14 - 400 Metre Sprint | Final | 2:54 PM |
| #76 | Boys U 14 - 400 Metre Sprint | Final | 3:01 PM |
| #77 | Girls U 15 - 400 Metre Sprint | Final | 3:08 PM |
| #78 | Boys U 15 - 400 Metre Sprint | Final | 3:15 PM |
| #79 | Girls U 17 - 400 Metre Sprint | Final | 3:22 PM |
| #80 | Boys U 17 - 400 Metre Sprint | Final | 3:28 PM |
| #81 | Girls U 8 - 400 Metre Sprint | Final | 3:36 PM |
| #82 | Boys U 8 - 400 Metre Sprint | Final | 3:44 PM |
| #83 | Girls U 9 - 400 Metre Sprint | Final | 3:52 PM |
| #84 | Boys U 9 - 400 Metre Sprint | Final | 4:00 PM |
| #85 | Girls U 10 - 400 Metre Sprint | Final | 4:08 PM |
| #86 | Boys U 10 - 400 Metre Sprint | Final | 4:16 PM |
| #87 | Girls U 11 - 400 Metre Sprint | Final | 4:24 PM |
| #88 | Boys U 11 - 400 Metre Sprint | Final | 4:30 PM |
| #89 | Girls U 12 - 400 Metre Sprint | Final | 4:36 PM |
| #90 | Boys U 12 - 400 Metre Sprint | Final | 4:42 PM |
| #91 | Girls U 7 - 100 Metre Sprint | Final | 4:50 PM |
| #92 | Boys U 7 - 100 Metre Sprint | Final | 4:52 PM |
| #101 | Girls U 8 - 100 Metre Sprint | Final | 4:54 PM |
| #102 | Boys U 8 - 100 Metre Sprint | Final | 4:56 PM |
| #103 | Girls U 9 - 100 Metre Sprint | Final | 4:58 PM |
| #104 | Boys U 9 - 100 Metre Sprint | Final | 5:00 PM |
| #105 | Girls U 10 - 100 Metre Sprint | Final | 5:02 PM |
| #106 | Boys U 10 - 100 Metre Sprint | Final | 5:04 PM |
| #107 | Girls U 11 - 100 Metre Sprint | Final | 5:06 PM |
| #108 | Boys U 11 - 100 Metre Sprint | Final | 5:08 PM |
| #109 | Girls U 12 - 100 Metre Sprint | Final | 5:11 PM |
| #110 | Boys U 12 - 100 Metre Sprint | Final | 5:14 PM |
| #93 | Girls U 13 - 100 Metre Sprint | Final | 5:17PM |
| #94 | Boys U 13 - 100 Metre Sprint | Final | 5:20PM |
| #95 | Girls U 14 - 100 Metre Sprint | Final | 5:21PM |
| #96 | Boys U 14 - 100 Metre Sprint | Final | 5:24PM |
| #97 | Girls U 15 - 100 Metre Sprint | Final | 5:27PM |
| #98 | Boys U 15 - 100 Metre Sprint | Final | 5:30PM |
| #99 | Girls U 17 - 100 Metre Sprint | Final | 5:33PM |
| #100 | Boys U 17 - 100 Metre Sprint | Final | 5:36PM |
| #113 | Girls U 13 - 3000 Metre Run | Final | 5:40PM |
| #114 | Boys U 13 - 3000 Metre Run | Final | 5:40PM |
| #115 | Girls U 14 - 3000 Metre Run | Final | 5:40PM |
| #116 | Boys U 14 - 3000 Metre Run | Final | 5:40 PM |
| #117 | Girls U 15 - 3000 Metre Run | Final | 5:40PM |
| #118 | Boys U 15 - 3000 Metre Run | Final | 5:40PM |
| #119 | Girls U 17 - 3000 Metre Run | Final | 5:40PM |
| #120 | Boys U 17 - 3000 Metre Run | Final | 5:40PM |

Times are a guide and no events will commence before the nominated time. All attempts will be made to start on time