

2019 INNER CITY ZONE CHAMPIONSHIPS Track Events Program - SUNDAY

	EVENT	H / F	ESTIMATED TIME
#121	Girls U 13 - 80 Metre Hurdles (76cm)	Heats	8:30 AM
#122	Boys U 13 - 80 Metre Hurdles (76cm)	Heats	8:35 AM
#123	Girls U 14 - 80 Metre Hurdles (76cm)	Heats	8:40 AM
#124	Boys U 14 - 90 Metre Hurdles (76cm)	Heats	8:45 AM
#125	Girls U 15 - 90 Metre Hurdles (76cm)	Heats	8:50 AM
#126	Boys U 15 - 100 Metre Hurdles (76cm)	Heats	8:55 AM
#127	Girls U 17 - 100 Metre Hurdles (76cm)	Heats	9:00 AM
#128	Boys U 17 - 110 Metre Hurdles (76cm)	Heats	9:05AM
#131	Girls U 11 - 1100 Metre Walk	Final	9:15 AM
#132	Boys U 11 - 1100 Metre Walk	Final	9:15 AM
#133	Girls U 10 - 1100 Metre Walk	Final	9:30 AM
#134	Boys U 10 - 1100 Metre Walk	Final	9:30 AM
#139	Girls U 13 - 1500 Metre Walk	Final	9:45 AM
#140	Boys U 13 - 1500 Metre Walk	Final	9:45AM
#141	Girls U 14 - 1500 Metre Walk	Final	9:45AM
#142	Boys U 14 - 1500 Metre Walk	Final	9:45AM
#143	Girls U 15 - 1500 Metre Walk	Final	9:45AM
#144	Boys U 15 - 1500 Metre Walk	Final	9:45AM
#145	Girls U 17 - 1500 Metre Walk	Final	9:45AM
#146	Boys U 17 - 1500 Metre Walk	Final	9:45AM
#129	Girls U 12 - 1500 Metre Walk	Final	10:00 AM
#130	Boys U 12 - 1500 Metre Walk	Final	10:00 AM
#135	Girls U 9 - 700 Metre Walk	Final	10:15 AM
#136	Boys U 9 - 700 Metre Walk	Final	10:15 AM
#137	Girls U 8 - 700 Metre Run Pack Start	Final	10:25 AM
#138	Boys U 8 - 700 Metre Run Pack Start	Final	10:30 AM
#147	Girls U 13 - 80 Metre Hurdles (76cm)	Final	10:40 AM
#148	Boys U 13 - 80 Metre Hurdles (76cm)	Final	10:43AM
#149	Girls U 14 - 80 Metre Hurdles (76cm)	Final	10:46AM
#150	Boys U 14 - 90 Metre Hurdles (76cm)	Final	10:50AM
#151	Girls U 15 - 90 Metre Hurdles (76cm)	Final	10:53AM
#152	Boys U 15 - 100 Metre Hurdles (76cm)	Final	11:00AM
#153	Girls U 17 - 100 Metre Hurdles (76cm)	Final	11:03AM
#154	Boys U 17 - 110 Metre Hurdles (76cm)	Final	11:10AM
	MARCH PAST		
#155	Girls U 10 - 70 Metre Sprint	Heats	11:30am
#156	Boys U 10 - 70 Metre Sprint	Heats	11:37am
#157	Girls U 9 - 70 Metre Sprint	Heats	11:44am
#158	Boys U 9 - 70 Metre Sprint	Heats	11:51am
#159	Girls U 8 - 70 Metre Sprint	Heats	11:58am
#160	Boys U 8 - 70 Metre Sprint	Heats	12:05pm
#161	Girls U 7 - 70 Metre Sprint	Heats	12:12pm
#162	Boys U 7 - 70 Metre Sprint	Heats	12:19pm
#163	Girls U 11 - 200 Metre Sprint	Heats	12:30pm
#164	Boys U 11 - 200 Metre Sprint	Heats	12:36pm
#165	Girls U 12 - 200 Metre Sprint	Heats	12:42pm
#166	Boys U 12 - 200 Metre Sprint	Heats	12:48pm
#167	Girls U 13 - 200 Metre Sprint	Heats	12:54pm
#168	Boys U 13 - 200 Metre Sprint	Heats	1:00pm
#169	Girls U 10 - 200 Metre Sprint	Heats	1:06pm
#170	Boys U 10 - 200 Metre Sprint	Heats	1:12pm
#171	Girls U 9 - 200 Metre Sprint	Heats	1:18pm
#172	Boys U 9 - 200 Metre Sprint	Heats	1:24pm
#173	Girls U 8 - 200 Metre Sprint	Heats	1:30pm
#174	Boys U 8 - 200 Metre Sprint	Heats	1:36pm
#175	Girls U 7 - 200 Metre Sprint	Heats	1:42pm
#176	Boys U 7 - 200 Metre Sprint	Heats	1:48pm
#177	Girls U 14 - 200 Metre Sprint	Heats	1:54pm
#178	Boys U 14 - 200 Metre Sprint	Heats	2:00pm
#179	Girls U 15 - 200 Metre Sprint	Heats	2:05pm
#180	Boys U 15 - 200 Metre Sprint	Heats	2:08pm
#181	Girls U 17 - 200 Metre Sprint	Heats	2:11pm
#182	Boys U 17 - 200 Metre Sprint	Heats	2:15pm

	EVENT	H / F	ESTIMATED TIME
#183	Girls U 10 - 70 Metre Sprint	Final	2:20pm
#184	Boys U 10 - 70 Metre Sprint	Final	2:22pm
#185	Girls U 9 - 70 Metre Sprint	Final	2:24pm
#186	Boys U 9 - 70 Metre Sprint	Final	2:26pm
#187	Girls U 8 - 70 Metre Sprint	Final	2:28pm
#188	Boys U 8 - 70 Metre Sprint	Final	2:30pm
#189	Girls U 7 - 70 Metre Sprint	Final	2:32pm
#190	Boys U 7 - 70 Metre Sprint	Final	2:34pm
#191	Girls U 11 - 800 Metre Run	Final	2:40pm
#192	Boys U 11 - 800 Metre Run	Final	2:44pm
#193	Girls U 12 - 800 Metre Run	Final	2:48pm
#194	Boys U 12 - 800 Metre Run	Final	2:52pm
#195	Girls U 13 - 800 Metre Run	Final	2:56pm
#196	Boys U 13 - 800 Metre Run	Final	3:00pm
#197	Girls U 14 - 800 Metre Run	Final	3:04pm
#198	Boys U 14 - 800 Metre Run	Final	3:08pm
#199	Girls U 15 - 800 Metre Run	Final	3:12pm
#200	Boys U 15 - 800 Metre Run	Final	3:16pm
#201	Girls U 17 - 800 Metre Run	Final	3:20pm
#202	Boys U 17 - 800 Metre Run	Final	3:24pm
#203	Girls U 10 - 800 Metre Run	Final	3:28pm
#204	Boys U 10 - 800 Metre Run	Final	3:32pm
#205	Girls U 9 - 800 Metre Run	Final	3:36pm
#206	Boys U 9 - 800 Metre Run	Final	3:40pm
#207	Girls U 8 - 200 Metre Sprint	Final	3:50pm
#208	Boys U 8 - 200 Metre Sprint	Final	3:52pm
#209	Girls U 7 - 200 Metre Sprint	Final	3:54pm
#210	Boys U 7 - 200 Metre Sprint	Final	3:56pm
#211	Girls U 11 - 200 Metre Sprint	Final	3:58pm
#212	Boys U 11 - 200 Metre Sprint	Final	4:00pm
#213	Girls U 12 - 200 Metre Sprint	Final	4:02pm
#214	Boys U 12 - 200 Metre Sprint	Final	4:04pm
#215	Girls U 13 - 200 Metre Sprint	Final	4:07pm
#216	Boys U 13 - 200 Metre Sprint	Final	4:10pm
#217	Girls U 14 - 200 Metre Sprint	Final	4:13pm
#218	Boys U 14 - 200 Metre Sprint	Final	4:16pm
#219	Girls U 15 - 200 Metre Sprint	Final	4:19pm
#220	Boys U 15 - 200 Metre Sprint	Final	4:22pm
#221	Girls U 17 - 200 Metre Sprint	Final	4:25pm
#222	Boys U 17 - 200 Metre Sprint	Final	4:28pm
#223	Girls U 10 - 200 Metre Sprint	Final	4:30pm
#224	Boys U 10 - 200 Metre Sprint	Final	4:32pm
#225	Girls U 9 - 200 Metre Sprint	Final	4:34pm
#226	Boys U 9 - 200 Metre Sprint	Final	4:37pm
#227	Girls U 12-17 4x100 Metre Relay (Snr)	Final	4:50pm
#228	Boys U 12-17 4x100 Metre Relay (Snr)	Final	4:53pm
#229	Girls U 9-12 4x100 Metre Relay (Jnr)	Final	4:57pm
#230	Boys U 9-12 4x100 Metre Relay (Jnr)	Final	5:00pm

Times are a guide and no events will commence before the nominated time. All attempts will be made to start on time