

| Track Events Program List | | | |
|---------------------------|--------|----------|------------|
| Description | Gender | Agegroup | Eventtime |
| 100m Straight A | F | Senior | 6:00:00 PM |
| 100m Straight A | M | Senior | 6:00:00 PM |
| 100m Straight A | M | 12 | 6:20:00 PM |
| 100m Straight A | F | 11 | 6:40:00 PM |
| 100m Straight A | M | 11 | 6:40:00 PM |
| 100m Straight A | F | 12 | 7:00:00 PM |
| 200m Hurdles | M | 12 | 7:20:00 PM |
| 200m Hurdles | F | 12 | 7:20:00 PM |
| 200m Hurdles | F | 13/14 | 7:20:00 PM |
| 200m Hurdles | M | 13/14 | 7:20:00 PM |
| 300m Hurdles | F | 15/17 | 7:40:00 PM |
| 300m Hurdles | M | 15/17 | 7:40:00 PM |
| 400m Pack Start | F | 12 | 6:00:00 PM |
| 400m Pack Start | M | 12 | 6:00:00 PM |
| 400m Pack Start | F | Senior | 6:20:00 PM |
| 400m Pack Start | M | Senior | 6:20:00 PM |
| 400m Pack Start | F | 8 | 6:40:00 PM |
| 400m Pack Start | M | 8 | 6:40:00 PM |
| 400m Pack Start | F | 10 | 7:00:00 PM |
| 400m Pack Start | M | 10 | 7:00:00 PM |
| 400m Pack Start | F | 11 | 7:00:00 PM |
| 400m Pack Start | M | 11 | 7:00:00 PM |
| 400m Pack Start | F | 9 | 7:40:00 PM |
| 400m Pack Start | M | 9 | 7:40:00 PM |
| 50m Straight B | M | Tots | 6:00:00 PM |
| 50m Straight B | M | 6 | 6:00:00 PM |
| 50m Straight B | M | 7 | 6:00:00 PM |
| 50m Straight B | F | 7 | 6:15:00 PM |
| 50m Straight B | F | Tots | 6:15:00 PM |
| 50m Straight B | F | 6 | 6:15:00 PM |
| 100m Straight B | M | 6 | 6:30:00 PM |
| 100m Straight B | F | 6 | 6:30:00 PM |
| 100m Straight A | F | 10 | 6:40:00 PM |
| 100m Straight A | M | 10 | 6:40:00 PM |
| 100m Straight B | M | 7 | 6:45:00 PM |
| 100m Straight B | F | 7 | 6:45:00 PM |
| 100m Straight B | M | 9 | 7:20:00 PM |
| 100m Straight B | F | 9 | 7:20:00 PM |
| 100m Straight B | M | 8 | 7:40:00 PM |
| 100m Straight B | F | 8 | 7:40:00 PM |

| Field Events Program List | | | |
|---------------------------|--------|----------|------------|
| Event Station | Gender | Agegroup | Eventtime |
| Discus 1 | F | 8 | 6:00:00 PM |
| Discus 1 | M | 12 | 6:40:00 PM |
| Discus 1 | M | 10 | 7:20:00 PM |
| Discus 2 | F | 7 | 6:00:00 PM |
| Discus 2 | F | 12 | 6:20:00 PM |
| Discus 2 | F | 10 | 7:20:00 PM |
| HJ 1 | M | 8 | 6:00:00 PM |
| HJ 1 | F | 9 | 6:40:00 PM |
| HJ 1 | - | - | 7:20:00 PM |
| HJ 2 | M | 8 | 6:00:00 PM |
| HJ 2 | F | 9 | 6:40:00 PM |
| HJ 2 | - | - | 7:20:00 PM |
| HJ 3 | M | 11 | 6:00:00 PM |
| HJ 3 | - | - | 6:40:00 PM |
| HJ 3 | F | 11 | 7:20:00 PM |
| LJ 1 (Triple J) | F | 11 | 6:00:00 PM |
| LJ 1 | M | 9 | 6:40:00 PM |
| LJ 1 (Triple J) | M | 11 | 7:20:00 PM |
| LJ 2 | F | 10 | 6:00:00 PM |
| LJ 2 | M | 9 | 6:40:00 PM |
| LJ 2 | - | - | 7:40:00 PM |
| LJ 3 | F | Tots | 6:00:00 PM |
| LJ 3 | M | Tots | 6:15:00 PM |
| LJ 3 | F | 7 | 6:30:00 PM |
| LJ 3 | M | 6 | 6:45:00 PM |
| LJ 3 | M | 8 | 7:00:00 PM |
| LJ 3 | - | - | 7:40:00 PM |
| LJ 4 | M | 10 | 6:00:00 PM |
| LJ 4 | F | 6 | 6:45:00 PM |
| LJ 4 | M | 8 | 7:00:00 PM |
| LJ 4 | - | - | 7:20:00 PM |
| SP 1 | F | 9 | 6:00:00 PM |
| SP 1 | M | Senior | 6:40:00 PM |
| SP 1 | - | - | 7:20:00 PM |
| SP 2 | M | 9 | 6:00:00 PM |
| SP 2 | F | Senior | 6:40:00 PM |
| SP 2 | - | - | 7:20:00 PM |
| SP 3 | - | - | 6:00:00 PM |
| SP 3 | M | 7 | 6:15:00 PM |
| SP 3 | M | 7 | 6:30:00 PM |
| SP 3 | - | - | 6:45:00 PM |