

Track Program Event Series 5			
Description	Gender	Age group	Eventtime
80m H Straight A	F	12	6:00 PM
80m H Straight A	M	12	6:00 PM
60m H Straight A	F	10	6:20 PM
60m H Straight A	M	10	6:20 PM
60m H Straight A	F	9	6:40 PM
60m H Straight A	M	9	6:40 PM
60m H Straight A	F	8	7:00 PM
60m H Straight A	M	8	7:00 PM
80m H Straight A	F	11	7:20 PM
80m H Straight A	M	11	7:20 PM
80m H Straight A	F	Senior	7:40 PM
80m H Straight A	M	Senior	7:40 PM
90m H Straight A	F	Senior	7:40 PM
90m H Straight A	M	Senior	7:40 PM
100m H Straight A	F	Senior	7:40 PM
100m H Straight A	M	Senior	7:40 PM
110m H Straight A	M	Senior	7:40 PM
50m Straight B	F	6	6:00 PM
50m Straight B	M	6	6:00 PM
50m Straight B	M	7	6:00 PM
50m Straight B	F	Tots	6:15 PM
50m Straight B	M	Tots	6:15 PM
50m Straight B	F	7	6:15 PM
70m Straight B	F	Tots	6:30 PM
70m Straight B	F	7	6:30 PM
70m Straight B	F	8	6:40 PM
70m Straight B	M	8	6:40 PM
70m Straight B	M	Tots	6:45 PM
70m Straight B	M	7	6:45 PM
70m Straight B	F	9	7:00 PM
70m Straight B	M	9	7:00 PM
400m Pack Start	F	10	6:00 PM
400m Pack Start	M	10	6:00 PM
400m Pack Start	F	12	6:20 PM
400m Pack Start	M	12	6:20 PM
300m Pack Start	F	6	7:00 PM
300m Pack Start	M	6	7:00 PM
1500m Walk	M	12	7:20 PM
1500m Walk	F	12	7:20 PM
1500m Walk	M	Senior	7:20 PM
1500m Walk	F	Senior	7:20 PM
400m Pack Start	F	11	7:40 PM
400m Pack Start	M	11	7:40 PM
1100m Walk	M	10-11	8:00 PM
1100m Walk	F	10-11	8:00 PM
400 Laned	F	8	8:00 PM
400 Laned	M	8	8:00 PM
400 Laned	F	9	8:00 PM
400 Laned	M	9	8:00 PM

Field Events Program Event Series 5				
Event	Location	Gender	Age group	Eventtime
Discus	Discus 1	F	8	6:00 PM
Discus	Discus 1	F	11	6:40 PM
Discus	Discus 1	F	10	7:20 PM
Discus	Discus 2	M	8	6:00 PM
Discus	Discus 2	M	11	6:40 PM
Discus	Discus 2	M	10	7:20 PM
High Jump	Junior HJ	-	-	6:00 PM
High Jump	Junior HJ	-	-	6:15 PM
High Jump	Junior HJ	F	6	6:30 PM
High Jump	Junior HJ	F	7	6:45 PM
High Jump	HJ 1	M	9	6:00 PM
High Jump	HJ 1	F	10	6:40 PM
High Jump	HJ 1	M	8	7:20 PM
High Jump	HJ 2	M	9	6:00 PM
High Jump	HJ 2	M	10	6:40 PM
High Jump	HJ 2	M	8	7:20 PM
High Jump	HJ 3	F	Senior	6:00 PM
High Jump	HJ 3	-	-	6:40 PM
High Jump	HJ 3	-	-	7:20 PM
Long Jump	LJ 1	F	9	6:00 PM
Triple Jump	LJ 1	M	Senior	6:40 PM
Long Jump	LJ 1	M	12	7:20 PM
Long Jump	LJ 2	F	9	6:00 PM
Triple Jump	LJ 2	F	Senior	6:40 PM
Triple Jump	LJ 2	F	12	7:20 PM
Long Jump	LJ 3	-	-	6:00 PM
Long Jump	LJ 3	-	-	6:15 PM
Long Jump	LJ 3	-	-	6:30 PM
Long Jump	LJ 3	M	6	6:45 PM
Long Jump	LJ 3	M	9	7:20 PM
Long Jump	LJ 4	M	Tots	6:00 PM
Long Jump	LJ 4	M	7	6:15 PM
Long Jump	LJ 4	M	7	6:30 PM
Long Jump	LJ 4	F	Tots	6:45 PM
Long Jump	LJ 4	M	9	7:20 PM
Shot Put	SP 1	M	Senior	6:00 PM
Shot Put	SP 1	M	12	6:40 PM
Shot Put	SP 1	F	9	7:20 PM
Shot Put	SP 2	F	11	6:00 PM
Shot Put	SP 2	F	12	6:40 PM
Shot Put	SP 2	F	9	7:20 PM
Shot Put	SP 3	F	7	6:00 PM
Shot Put	SP 3	F	6	6:15 PM
Shot Put	SP 3	M	6	6:30 PM
Shot Put	SP 3	-	-	6:45 PM
Shot Put	SP 3	F	8	7:20 PM
Shot Put	SP 4 & 5	M	11	6:00 PM
Shot Put	SP 4 & 5	-	-	6:40 PM
Shot Put	SP 4 & 5	-	-	7:20 PM