

Straight A
Straight B
Circular Track (Inner 2 Lanes)
Circular Track (Outer 6 Lanes)

Event Series #1	Tots Boys	Tots Girls	U6B	U6G	U7B	U7G	U8B	U8G
5:20pm - 5:30pm	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up
5:30pm - 5:45pm	50m Straight B	LJ 3	50m Straight B	Obstacle Course	100m Straight A	Discus 1 & 2	400m Pack Start	400m Pack Start
5:45pm - 6:00pm	LJ 3	50m Straight B	Obstacle Course	50m Straight B	SP 1 & SP2	100m Straight A	HJ 1 & 2	LJ 1 & LJ 2
6:00pm - 6:15pm	Relay A	Obstacle Course	100m Straight B	100m Straight A	SP 1 & SP2	LJ 3 & LJ 4	HJ 1 & 2	LJ 1 & LJ 2
6:15pm - 6:30pm	Obstacle Course	Relay A	LJ 3 & LJ 4	LJ 2	50m Straight B	50m Straight B	100m Straight A	100m Straight A

Age Groups that last use equipment are asked to please bring it in to the storeroom

Event Series #1	U9B	U9G	U10B	U10G
6:35pm - 6:45pm	Warm Up	Warm Up	Warm Up	Warm Up
6:45pm - 7:00pm	SP 2	SP 1	LJ 2	LJ 3 & LJ 4
7:00pm - 7:18pm	SP 2	SP 1	LJ 2	LJ 3 & LJ 4
7:18pm - 7:36pm	LJ 2	HJ 1 & 2	100m Straight B	100m Straight B
7:36pm - 7:54pm	LJ 2	HJ 1 & 2	400m Pack Start	400m Pack Start
7:54pm - 8:12pm	100m Straight B	100m Straight B	Discus 1 & 2	HJ 1 & HJ 2
8:12pm - 8:30pm	400m Pack Start	400m Pack Start	Discus 1 & 2: Bring in Equipment	HJ 1 & HJ 2: Bring in Equipment

Age Groups that last use equipment are asked to please bring it in to the storeroom

Event Series #1	U11B	U11G	U12B	U12G	Senior B	Senior G
6:35pm - 6:45pm	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up
6:45pm - 7:00pm	HJ 3	Triple J (at LJ 1)	400m Pack Start	400m Pack Start	100m Straight B	100m Straight A
7:00pm - 7:18pm	HJ 3	Triple J (at LJ 1)	Discus 1	Discus 2	400m Pack Start	400m Pack Start
7:18pm - 7:36pm	100m Straight A	100m Straight A	Discus 1	Discus 2	SP 1	SP 2
7:36pm - 7:54pm	400m Pack Start	400m Pack Start	100m Straight B	100m Straight A	SP 1: Bring in Equipment	SP 2: Bring in Equipment
7:54pm - 8:12pm	Triple J (at LJ 1)	HJ 3	200mH	200mH	200mH	200mH
8:12pm - 8:30pm	Triple J 1: Bring in Equipment	HJ 3: Bring in Equipment	200mH	200mH	300mH	300mH

Age Groups that last use equipment are asked to please bring it in to the storeroom