

Straight A
Straight B
Circular Track (Inner 2 Lanes)
Circular Track (Outer 6 Lanes)

Event Series #2	Tots Boys	Tots Girls	U6B	U6G	U7B	U7G	U8B	U8G
5:20pm - 5:30pm	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up
5:30pm - 5:45pm	70m Straight B	Tots HJ	100m Straight A	Obstacle Course	70m Straight B	SP 1 & SP 2	LJ 3 & LJ 4	HJ 1 & HJ 2
5:45pm - 6:00pm	Tots HJ	70m Straight B	Obstacle Course	70m Straight B	500m Pack Start	SP 1 & SP 2	LJ 3 & LJ 4	HJ 1 & HJ 2
6:00pm - 6:15pm	LJ 3 & LJ 4	Obstacle Course	70m Straight B	LJ 1 & LJ 2	HJ 1 & HJ 2	70m Straight B	100m Straight A	100m Straight A
6:15pm - 6:30pm	Obstacle Course	LJ 1 & LJ 2	LJ 3 & 4	100m Straight A	HJ 1 & HJ 2	500m Pack Start	60mH Straight B	60mH Straight B

Age Groups that last use equipment are asked to please bring it in to the storeroom

Event Series #2	U9B	U9G	U10B	U10G
6:20pm - 6:30pm	Warm Up	Warm Up	Warm Up	Warm Up
6:30pm - 6:50pm	60mH Straight B	60mH Straight B	SP 1	Discus 1 & 2
6:50pm - 7:08pm	700m Walk	700m Walk	SP 1	Discus 1 & 2
7:08pm - 7:26pm	Discus 1 & 2	SP 4	1100m Walk	LJ 3 & LJ 4
7:26pm - 7:44pm	Discus 1 & 2	SP 4	60mH Straight B	LJ 3 & LJ 4
7:44pm - 8:02pm	LJ 3 & LJ 4	LJ 1 & LJ 2	HJ 1 & HJ 2	60mH Straight B
8:02pm - 8:20pm	LJ 3 & LJ 4: Bring in Equipment	LJ 1 & LJ 2	HJ 1 & HJ 2: Bring in Equipment	1100m Walk

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Event Series #2	U11B	U11G	U12B	U12G	U13 Boy/Girl	Senior B/G
6:20pm - 6:30pm	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up	Warm Up
6:30pm - 6:50pm	LJ 3 & LJ 4	LJ 2	400m Pack Start	400m Pack Start	400m Pack Start	90/100/110mH Straight A
6:50pm - 7:08pm	LJ 3 & LJ 4	LJ 2	80mH Straight A	80mH Straight A	Trpl Jmp 1 (at LJ 1)	Javelin Jav 2
7:08pm - 7:26pm	80mH Straight A	80mH Straight A	SP 1 & SP 3 (SP 3 Shared)	SP 2 & SP 3 (SP 3 Shared)	Trpl Jmp 1 (at LJ 1)	Trpl Jmp 2 (at LJ 2)
7:26pm - 7:44pm	1100m Walk	1100m Walk	SP 1 & SP 3 (SP 3 Shared)	SP 2 & SP 3 (SP 3 Shared)	80(G)/90(B)mH Straight A	Trpl Jmp 2 (at LJ 2)
7:44pm - 8:02pm	Discus 1	Discus 2	Jav (400g) Jav 2	Jav (400g) Jav 1	HJ 3	400m Pack Start
8:02pm - 8:20pm	Discus 1	Discus 2	Jav (400g) Jav 2	Jav (400g) Jav 1	HJ 3	HJ 4
8:20pm	Jav (400g) Jav 1	Jav (400g) Jav 2	Trpl Jmp 1 (at LJ 1)	Trpl Jmp 2 (at LJ 2)		HJ 3 & HJ 4

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